



BRITISH ROWING

GBRT Selection Policy

**2019 World Rowing Beach Sprint Finals
Shenzhen, China.**

TEAMWORK | OPEN TO ALL | COMMITMENT



1. Introduction:

British Rowing will be sending a team to represent Great Britain at the first World Rowing Beach Sprint Finals which take place in Shenzhen, China between the 25-27 October 2019. FISA are developing this new format of racing as a potential future Olympic event.

The race starts with a sprint on the beach of between 10m and 50 m for the rower or one of the rowers. They then enter the boat and the boat slaloms around three buoys over a 250m course, turns around a buoy and rows straight back to the beach before one of the rowers exits the boat and runs to the finish line. The Rules of Racing for Beach Sprint are available on the [World Rowing Website in Appendix 23](#).

This event is ideal for agile and skilled single/double scullers with a performance background. As this exciting format and boat type will be new to many rowers a list of contacts has been provided at the end of the strategy. These individuals will be able to help arrange the opportunity to go on the water in a FISA Coastal 1x or 2x before entries to the British Rowing Beach Sprints Championships close.

More information about the World Rowing Beach Sprint Finals can be found on the [World Rowing website](#).

2. Objectives:

- 2.1. To select individuals who can perform with distinction in a FISA Beach Sprint format both as an individual and in a crew.
- 2.2. To understand where Great Britain performance ranks within the developing world stage.
- 2.3. To gain a greater insight and understanding of Beach Sprint Events

3. The Event:

3.1. Team Size:

- The Team shall consist of 7 members these will include a Team Manager appointed by British Rowing plus: -
 - 2 male scullers
 - 2 female scullers
 - 1 cox (male or female)
 - 1 boat handler/coach

3.2. Team Requirements:

- The Team will race in the following Coastal categories: -
 - Men's Solo – CM1x
 - Women's Solo – CW1x
 - Mixed Double – CMix2x
 - Individuals from the CM1x, CW1x, CMix2x will 'double up' to race in the Mixed Coxed Quadruple Scull CMix4+



Eligibility:

3.4. All rowers must be over 18 years on the date of team departure and hold a valid

- British Rowing Race Membership.
- British passport (Your passport must be valid for at least 6 months when you enter China.)

Note: A Chinese VISA will be required. This must be obtained by the individual at their own expense (single entry VISA approximately £265 total). This can be done at Chinese Embassy's located in London, Manchester, Edinburgh or Belfast.

More information regarding VISA & entry requirements can be found at...

- <https://www.gov.uk/foreign-travel-advice/china/entry-requirements>
- (<http://www.chinese-embassy.org.uk/eng/visa/qzxzl/>)

4. The Process:

4.1. The selector for the team will be Louise Kingsley, Deputy Director of Performance Pathways and Paralympic Programme who is accountable to the Director of Performance.

4.2. Rowers, Coxes and Boat handler/Coaches wishing to be considered for this team should register themselves using this [registration form](#), which should be completed by 23rd July 2019. Late registrations will only be accepted for an exceptional reason agreed in writing by the Deputy Director of Performance Pathways and Paralympic Programme.

4.3. All rowers seeking selection must enter the [British Rowing Beach Sprint Championships](#) BRBSC which are held on the 11th of August 2019 at Sandbanks, Dorset. Closing date for entries is 23rd July 2019.

- Coastal Men's Solo CM1x
- Coastal Women's Solo CW1x
- Coastal Mixed Double CMix2x

Note:- entries in Coastal Men's Double CM2x and Coastal Women's Double CW2x at the BRBSC will not be considered.

4.4. The highest placed finishers who have registered for selection from the CM1x and CW1x will automatically gain selection to the team as CM1x and CW1x respectively.

4.5. The highest placed finisher in the CMix2x where both individuals have completed the registration process will also automatically gain selection.

4.6. Composite entries are permitted in the CMix2x.

4.7. Individuals may also 'double up' at the BRBSC between the CM1x, CW1x and the CMix2x. If an individual is selectable in both the C1x and CMix2x the next highest ranked registered C1x of the same gender will be selected.



4.8. Coxes

- The cox may be of either gender
- Coxes are required to be present at the British Rowing Beach Sprints Championships and assist with boat handling.
- Selection of the cox will be based on the following criteria
 - Ability to steer
 - coxing information covering both experience and racing results should be submitted with registration form, experience of coastal rowing is desirable but not essential.
 - Ability to sprint
 - All coxes will be required to complete a timed beach sprint of a set distance which will be between 10m and 50m in length.
 - Compatibility with selected team scullers
 - feedback on all coxes will be collected at the end of the BRBSC,
 - this will include input from a combination of selected scullers, event officials, boat handler/coach and the team manager.
 - Competitive weight
 - Minimum weight for racing is 55kgs
 - All coxes will be required to weigh in at their racing weight 1-2 hours before the official time of the sprint
- The final decision will be made by the selector. The ability for the cox to substitute for a rower will also be taken into consideration. The successful cox may not be notified on the day as it may be appropriate to include a boat test in a Coastal 4x. A decision will however be made and communicated as soon as is practical.

4.9. Boat handler/Coach

- Any boat handler/coach wishing to be considered for the event will need to complete a registration form including the additional competition information and be present at the British Rowing Beach Sprints Championships to assist with boat handling.
- The successful individual will lead the boat handling support and will be assisted by other team members. For further details on the role please read Boat handler/Coach Role Description, a copy of which can be requested by emailing GBRShenzhen@britishrowing.org
- The final decision will be made by the selector in conjunction with the Team Manager.
 - Input from selected rowers will also be considered.
 - Coaches who have selected rowers may be prioritised.
 - Experience in Beach Sprint format will be desirable.
 - The ability for the Boat handler/Coach to bring additional skills to the team and team fit will also be taken into consideration.
- The successful individual may not be notified on the day, however a decision will be made and communicated as soon as is practical.

If you have any further questions or queries, please contact GBRShenzhen@britishrowing.org.



5. Cost and Logistics:

- 5.1. Selected rowers will travel together as part of the GBRT and will be required to cover the cost of this event which will include travel from London Heathrow Airport, food and accommodation in Shenzhen and a basic kit provision.
- 5.2. The maximum cost per team member will be £1900. Some Home Country funding may be available to support individual rowers.
- 5.3. The team will travel out from London Heathrow Airport (LHR) on Tuesday 22nd October via Hong Kong, arriving in Shenzhen on Wednesday 23rd October. Departure from Shenzhen will be on 28th October arriving back at London Heathrow on Tuesday 29th October morning. Individuals will be responsible for funding their own travel to and from LHR.
- 5.4. Boats are provided by the Organising Committee. Subject to logistics GBR painted sculling blades will be transported by the team.

6. Anti-Doping:

- 6.1. All competitors, coaches and support staff are bound by the UK Anti-Doping Rules as adopted by British Rowing. All coaches and competitors will be asked to attend an Anti-Doping webinar before competing at the World Rowing Beach Sprints Finals. These webinars are planned for 19:00 until 20:30 on the 18th of September and the 3rd of October.

If you have any further questions or queries, please contact GBRShenzhen@britishrowing.org

7. Training Opportunities:

For more information on where you can try (FISA) coastal boats ahead of the GBR Beach Sprints team selection, please contact:

- Bob Cottell, GBR Beach Sprints Team Manager
Coastal Rowing Centre, Dorset
01305 257 774
bcottell@coastalrowing.co.uk
- Alun Stedman, - Wales
07903961625 /01654 767956,
astedman48@gmail.com
- Adam Hardy, Scottish Rowing
07469 614852
adam.hardy@scottish-rowing.org.uk

Note: there may be a local charge