



England Rowing Selection Policy

**Commonwealth Rowing Association Beach Sprint Championships
Swakopmund, Namibia
2-4 December, 2022**

Updated 07/09/2022 (Highlights in Yellow)

TEAMWORK | OPEN TO ALL | COMMITMENT



1. Introduction

British Rowing is committed to growing all forms of the sport including coastal sculling. It is our aim to build a world leading coastal sculling programme in the lead up to the 2026 Youth Olympic Games and the potential inclusion into the 2028 Olympic programme.

British Rowing will be sending a team to represent England at the Commonwealth Rowing Association Beach Sprints Championships which will be take place on the **2-4 December 2022** at **Swakopmund, Namibia**.

The Beach Sprint format is ideal for agile and skilled scullers from either coastal or river rowing. Competitors start the race with one of the crew sprinting down the beach before jumping into their boat. They take off and slalom around two buoys before turning around a third at 250m. For the final stretch they sprint back to the beach before the rower at bow bolts from the boat to sprint up the beach to the finish line.

As this exciting format and boat design will be new to many rowers, a list of contacts and video links has been provided in the [appendices](#) to help you learn more about the beach sprint format.

2. Objectives

- 2.1. To select individuals who can perform with distinction at the Commonwealth Rowing Association Beach Sprints Championships 2022.
- 2.2. To gain a greater insight and understanding of Beach Sprint Events.

3. Commonwealth Rowing Association Beach Sprints Championships

- 3.1. Events Offered
 - 3.1.1. Men's Solo CM1x
 - 3.1.2. Women's Solo CW1x
 - 3.1.3. Mixed Double CMix2x
 - 3.1.4. Team Relay (CM1x, CW1x, CMix2x)
- 3.2. The England Team will be comprised of:
 - 3.2.1. 4 Rowers (2 Senior Men and 2 Senior Women)
 - 3.2.2. A Coach (Lucy Hart)
 - 3.2.3. A Team Manager ([James Andrews](#))
- 3.3. All team members will also act as boat handlers.
- 3.4. The team size and boats selected will depend on the strength and capabilities of rowers taking part in the trials process. Only rowers able to fulfil the eligibility criteria as set out in this policy will be selected to represent England. Selected individuals will race in one boat type and will double up for the Team Relay.



4. Eligibility

- 4.1. To be considered for selection to the Commonwealth Rowing Association Beach Sprints Championships, all team members must fulfil minimum eligibility criteria. They must:
 - 4.1.1. at all times hold a valid British Passport and be able to travel to events and training camps;
 - 4.1.2. have a current British Rowing membership;
 - 4.1.3. not be subject to any current disciplinary proceedings or ban;
 - 4.1.4. not be subject to any period of ineligibility or provisional suspension due to an anti-doping rule violation;
 - 4.1.5. have reached their eighteenth birthday by September 1st, 2022;
 - 4.1.6. be a fit and proper person to represent England Rowing;
 - 4.1.7. comply with any COVID regulations which form part of British Rowing policy at the time of competition.

- 4.2. In addition rowers must:
 - 4.2.1. have a current British Rowing (Race) membership;
 - 4.2.2. be citizens of or subjects of England AND must be qualified by one of the following conditions:
 - 4.2.2.1. having been born in England (proof of birth certificate required); OR
 - 4.2.2.2. having a parent born in England; (proof of birth certificate for parent(s) and rower); OR
 - 4.2.2.3. having a grandparent born in England; (proof of birth certificate for grandparent(s) and rower); OR
 - 4.2.2.4. continuously resided in England for a minimum of 3 years prior to the competition. (proof of address through utility bills, mortgage statement, bank statements etc.)
 - 4.2.3. be eligible under the [World Rowing Rules of Racing](#) Appendix R I byelaw to rule 13 men's and women's events. Eligibility by gender.

- 4.3. All rowers and supporting workforce participation is on the basis that they have confirmed that they have read, understood and agreed to abide by [British Rowing's Rules of Racing, Code of Conduct and all other relevant Policies and Guidance](#).

- 4.4. All rowers and supporting workforce must have completed Clean Sport education since 1 January 2022. Please see Section 8, Anti-Doping Policy, for more information and available opportunities to attend Clean Sport education.

For full rules on Eligibility see [Byelaw 17 Eligibility of the Constitutional Documents of the Commonwealth Games Federation](#).



- 4.5. All rowers and supporting workforce will be expected to be available from Sunday 27 November to Tuesday 6 December. Additional training will take place on the 29 November - 1 December, in Swakopmund, Namibia as preparation for the team prior to the Commonwealth Rowing Association Beach Sprints Championships.

5. Team Selection Process

5.1. Rowers

- 5.1.1. The selection panel will comprise of 3 individuals, being the England Commonwealth Beach Sprint Team Manager, England Commonwealth Beach Sprint Coach and the British Rowing Olympic Pathway Manager as appointed by the British Rowing Director of Performance. This group will oversee selection of the full team and select by majority vote.
- 5.1.2. The selection process shall happen as a Dynamic Assessment in solos (C1x) and will take place at **The National Trust, Knoll Beach, Studland** on **Saturday 1 October**. The exact location will be confirmed in a trial circular.
- 5.1.3. Rowers wishing to be considered for the team should enter via this [registration form](#).
- 5.1.4. There will be a maximum number of 8 male and 8 female rowers that will be invited to trial. If required, invitations to the trial will be made using competition history from the previous 12 months.
- 5.1.5. Assessments will be run over a standard beach sprint course with one lane only, incorporating a running sprint of between 10-50m and a three buoy 250m (approx.) course.
- 5.1.6. The selection process will take place in 2 parts:
- 5.1.7. Part 1: Solo (C1x) trials.
- 5.1.7.1. Round 1: 8 Rowers with the 4 fastest moving to Round 2.
- 5.1.7.2. Round 2: 4 Rowers with the fastest being invited to represent England in the solo (CM1x/CW1x respectively). If declined the Solo seat will be given to the person who finished 2nd and the 1st place finisher will move into the double's matrix.
- 5.1.7.3. Rowers will start Round 1 in an order decided by the selection panel based on race history and remain in that order for Round 2.
- 5.1.8. Part 2: Doubles (CMix2x) Matrix



- 5.1.8.1. Round 1: 2nd CM1x/2nd CW1x vs 3rd CM1x /3rd CW1x
 - 5.1.8.2. Round 2: 3rd CM1x /2nd CW1x vs 2nd CM1x /3rd CW1x
 - 5.1.8.3. The male and female rated highest from the matrix will be invited to represent England in the double (CMix2x).
 - 5.1.8.4. The selection panel reserve the right to re-run a race from the double matrix under exceptional circumstances.
- 5.1.9. Following selection of the team, any additional training opportunities will be organised in conjunction with the Coach & Team Manager.

If you have any further questions or queries, please contact james.andrews@britishrowing.org.

6. Cost and Logistics

- 6.1. Boats and relevant safety equipment will be provided by British Rowing for trials and training days. Rowers must provide their own blades for trials.
- 6.2. Beach Sprints are not currently a UK Sport or Sport England funded programme, and therefore team members taking part in the process should be aware that they will be required to contribute as follows:
 - 6.2.1. £20 per rower for Dynamic Assessments as outlined in section 5.
 - 6.2.2. All team members selected for the England team to take part in the Commonwealth Rowing Association Beach Sprints Championships in December 2022 would be expected to make a predicted maximum contribution of between **£1000-£1500**. This contribution will cover the cost of competition entry, kit, accommodation and food, for the pre-competition training days outlined in section 5 and the competition itself.
 - 6.2.3. The above costs are a predicted maximum, and work is ongoing to gain additional funding to subsidise these costs further. If finance is a barrier which may discourage any individual from joining the selection process, then we would encourage you to contact james.andrews@britishrowing.org for a further discussion to see what support we may be able to provide.
- 6.3. All team members will be expected to travel and be available from Heathrow Airport on Sunday 27 November and return on Tuesday 6 December. Full travel and accommodation details will be circulated once a full team is selected.



7. Appeals

- 7.1. Registered rowers are entitled to appeal against the decision of the selectors. The nature of the selection process means that selections to the team can often be made close to the regatta. As such the outcome of an appeal can have a significant impact not just on rowers directly involved in an appeal but on the preparation of other members of the team. The Appeals process is therefore designed to operate quickly and minimise impact to rower preparation. Rowers should carefully consider if an appeal is justified, before making one.
- 7.2. The appeal process can only be used to determine:
- Whether the correct procedures have been followed in the implementation of the Selection Policy;
 - Whether the selectors have acted reasonably, fairly and without bias in making a decision;
 - Whether a selection decision was reached based on an error of fact.
- 7.3. The right to appeal a selection decision is provided on these grounds only and must not be seen as an opportunity to dispute the opinion of the Selectors, who will be regarded by the Appeals Panel as experts.

7.4. Making an Appeal

- 7.4.1. The appeal must be raised within 36 hours of a “Selection Decision”. A Selection Decision is defined as:
- Either the publication of the names of members of the Provisional Team;
 - Or formal written communication between the Team Manager and the rower that it is the intention of the selectors to no longer consider the rower for selection.
- 7.4.2. An appeal should be initiated by emailing the Governance Officer on governance@britishrowing.org (Subject: ENG Appeal) setting out full details of the basis upon which the rower is appealing including:
- The appellant’s name, address and contact details.
 - Details of the decision being appealed;
 - Details of the ground(s) of appeal upon which the Rower relies, including the precise manner in which the Rower alleges that the selection criteria have not been applied or in which the procedure set out in the applicable selection Policy or Process has not been followed; and
 - Any documents or written evidence upon which the Rower relies in support of his or her appeal. These documents must be relevant specifically to the Rower’s grounds of appeal;
 - An email or postal address for correspondence.



- 7.4.3. If the rower fails to submit an appeal within the time limit, they will automatically lose the right of appeal.
- 7.4.4. An appeals hearing will take place virtually by videocall on Wednesday 5 October 2022 (or additionally the 6th as required). The appeal will be conducted by written and/or verbal submissions on behalf of the Appellant and British Rowing only. The Appeals Panel may request further information during this hearing. The Appeals Panel may make their deliberations in person or remotely as they in their absolute discretion decide.
- 7.4.5. The Appeals Panel will either:
- Reject the appeal and confirm the decision of the selectors;
 - Uphold the appeal and inform the Selectors that errors have been identified in the conduct of the selection process and request that a new selection decision be made as soon as is reasonably practicable.
- 7.4.6. The Appeals Panel will seek to reach its conclusion within 24 hours of the appeal hearing and will inform all interested parties as to their decision via email as soon as possible.

7.5. Appeals Panel

- 7.5.1. Three members of the British Rowing Disciplinary & Grievance Panel will be selected to form the Appeals Panel. Any individual directly involved with the rower making the appeal or who was involved with the selection process may not sit on the Appeals Panel.

8. Anti-Doping Policy

- 8.1. All competitors, coaches and support staff are bound by the UK Anti-Doping Rules as adopted by British Rowing. The full Anti-Doping Policy can be found on [British Rowing's Policies and Guidance webpage](#).
- 8.2. All competitors, coaches and support staff representing England Rowing must have attended British Rowing's iRowClean workshop in the current season (which commenced September 1 2021) prior to departing for the Commonwealth Rowing Beach Sprint Championships.
- 8.3. iRowClean workshops are free, and dates will be circulated.
- 8.4. For further information please visit [British Rowing Clean Sport](#) or [UK Anti-Doping](#).



9. Contact

- 9.1. For further information please contact the England Commonwealth Team Manager, James Andrews at james.andrews@britishrowing.org.

10. Appendix A: Beach Sprint Further Information

- [World Rowing Rules of Racing \(See Appendix 23\)](#)
- [British Rowing Rules of Racing \(Appendix F\)](#).
- [Introduction to coastal race module Online Version \(19min\)](#)
- [SAFE Managing a water session \(F2.3a\) \(14min\)](#)
- [SAFE Float Plan & Nav Hazards \(F3.C.3b\) \(55min\)](#)
- [SAFE Pre-Launch \(F3.C.3c\) \(33min\)](#)
- [Launching & landing \(F6.C.2a\) \(11min\)](#)
- [Rescue Drills \(F2.C.1\) \(25min\)](#)
- [Race Tech \(D1\) \(24min\)](#)
- [Boat Entry \(D2\) \(15min\)](#)
- [Boat Exit \(D3\) \(12min\)](#)
- [Race Turns \(D4\) \(30min\)](#)
- [Watership \(24min\)](#)
- [Race Logistics \(E\) \(32min\)](#)
- [Running a regatta \(F\) \(36min\)](#)