



ENGLAND
ROWING

Selection Trials **England Rowing** **Team**

**National Water Sports Centre, Holme Pierrepont,
Nottingham**
Saturday 11 July 2026

TEAMWORK | OPEN TO ALL | COMMITMENT

1. Introduction

Please read the following document carefully **before** making entries to the England Rowing Team HIRR Trial. Please contact hirr.tm@englandrowing.org with any queries.

2. England Rowing Team & Home International Rowing Regatta

The annual Home International Rowing Regatta (HIRR) will take place on **Saturday, 25 July 2026**, at the **London Regatta Centre, London Docklands, England**, hosted by England. The objectives of this trial are defined in section 2 of the [England Rowing Selection Policy](#) and are:

- to provide developing Athletes and Coaches aiming to represent Great Britain with a positive development experience that helps them progress on the GB Pathway toward making the GB Rowing Team.
- to select individuals and crews that can perform with distinction at the HIRR.

Selection trials will be offered in the following boat classes:

Juniors	1x (A) & (B), 2x, 2- (A) & (B), 4-
U23	1x, 2-
Senior	1x, 2x, 2-, 4-
Para	PR1/PR2 1x (Combined), PR3 2x (Mixed Only)

Athletes and coaches selected to represent England Rowing will receive the Home International Regatta event circular once trials are complete and the team has been finalised. The cost for selected athletes, coxes & coaches to attend the match will be confirmed by the Trials entries opening on BROE, but will be in the region of £250 per athlete and £200 per cox and coach.

- These costs include a basic kit bundle of AIO, T-shirt and cap for athletes and rain jacket, T-shirt and cap for coaches, one night's accommodation on Friday and all meals.
- Additional team kit will be purchasable through Kukri and will be at an additional cost. The "kit room" for these purchases will be open until the end of August 2026, at which point it will close, and kit purchases will be confirmed. Kit will be delivered to the athlete directly around 8 weeks post-closure.
- See Appendix C of the [Selection Policy](#) for funding support opportunities.

Selected athletes and coaches must be available for:

- Regular training in a home location in the lead-up to the Match.
- Pre-event training in selected crew boats (4x / 8+) prior to travel, to be organised by respective Lead Coaches in conjunction with Sweep / Sculling discipline coaches and selected athletes.
- Continued availability at London Docklands from 08:30 on Friday, 24 July, until completion of the match on Saturday, 25 July.

Athletes and/or coaches who cannot meet these requirements **should not enter** the England Rowing trials.

If, after selection, a member of the crew becomes unavailable for the match, **the discipline coach must immediately notify the Team Manager. Coaches must not implement their own club substitutions;** doing so may lead to the crew being deselected. As crews are selected rather than individuals, coaches/club administrators must check that all members of the crew are available for the match prior to entering the trials.

3. Selection

Full details of the selection policy, indicative expected boat times and eligibility criteria for both athletes and coaches can be found in the [England Rowing Selection Policy](#) on the British Rowing website.

Selected crews will be required to provide additional information via the GBRT tab in their membership profile – access will be enabled to all selected athletes and instruction provided in the Selection circular issued once the team has been finalised.

Rowers who compete domestically in the J18 category using a British Rowing Overage exception are **NOT** eligible to compete as a J18 athlete at this trial or in the Home International Regatta.

4. Provisional Trial Format

The format for the England trial is largely unchanged for 2026, barring the venue change.

The England Rowing Trials Regatta will this year be held at the National Water Sports Centre, Holme Pierrepont, Adbolton Lane, Nottingham, NG12 2LU.

Doubling up **is permitted** between divisions with the following guidance:

- Rowers **must** remain in sculling or sweep disciplines.
- If doubling up from a pair (2-) to a four (4-), **both athletes from the pair (2-)** must be present in the four (4-).

The trial will run in two divisions. **Doubling up within a division is not allowed.**

The provisional trial format is subject to weather and water conditions.

Please review the following timetable carefully prior to submitting entries.

5. Provisional Timetable

Registration for both divisions opens	10:30
Briefing for both divisions (ALL coaches and rowers to attend)	11:30
Division 1 TIME TRIAL : (1x / 2-) – Boating from 12:30	From 13:00
Division 2 TIME TRIAL : (2x / 4-) – Boating from 13:30	From 14:00

Team Announcement (including announcing race-offs)	15:15
Briefing for athletes required to race-off	15:30
Team Briefing for selected athletes	15:45
Race-offs (Final timings TBC on the day)	16:30
Final Selections announced	17:00 latest

6. Coach Requirements

Coaches seeking selection to the England Team

Any coach seeking selection to the England Team must have both put themselves forward by completing the [Coach Registration Form](#) AND providing evidence in advance of the trial that they comply fully with the eligibility criteria detailed in section 9 of the [England Rowing Selection Policy](#). Coach selections will only be made from those satisfying **all** criteria.

Safeguarding and Child Protection

All coaches should read the Coach Selection Criteria carefully and ensure they comply with the Safeguarding expectations set out in sections 5.8 (Senior Team) **AND** 5.9 (Junior Team) of the [England Rowing Selection Policy](#).

If you require more information on how to apply for the relevant certifications through British Rowing or find eligible SPC courses, please request this from Chris Callow (hirr.tm@englandrowing.org) or Lucy McNulty & Beth Fairfax (safeguarding@englandrowing.org).

7. Clean Sport Education

All selected coaches **must** have completed the [UKAD's Coach Clean online qualification](#) before they depart for the Match. The certificate is to be uploaded in the credential section of their British Rowing Club Hub profile. This credential lasts for two years.

All selected athletes must hold a current British Rowing-delivered Clean Sport - iRowClean qualification before departure for the match. The certificate is to be uploaded in the credential section of their British Rowing Club Hub profile. This credential lasts for one year. Further information on this can be found at <https://www.britishrowing.org/knowledge/courses-qualifications/clean-sport/>

England Rowing has arranged for 2 Clean Sport - iRowClean courses to be run in the period between Trials and Regatta for selected athletes and coaches, should it be needed. These will be held between 19:30 and 20:30 on Thursday, 16 July and Monday, 21 July 2026. All athletes are required to attend one of these sessions if they do not already hold an in-date Clean Sport certification covering the date of the Home International Regatta that has been loaded into the RowHow account.

8. Entries and Cost

All entries for the **England Team Trial** are to be made using British Rowing's Online Entry system (BROE2).

Entries open at midday on **Monday, 15 June** and close at midday on **Thursday, 9 July**.



The cost for all athletes is £25 per seat, so £25 for 1x, £50 for 2x / 2- and £100 for 4-.

Should you require assistance in using BROE2 or setting up an overseas membership (for those not affiliated with British Rowing), please contact clubs@britishrowing.org

9. Coaches Assistance at the Trial

For the trial to run safely and successfully, **ALL coaches are required to fulfil roles on the day**, which include, but are not limited to, manning safety boats, helping with timing, and marshalling, etc. We request that you confirm which roles you'll be willing to fulfil when completing the [Coach Registration Form](#). If Clubs/Schools can provide extra help, please email Chris Callow at hirr.tm@englandrowing.org with the names of these people.

10. Training

There is no training session permitted on the lake either on the day preceding or on the morning of the Trial.

11. Parking

Parking restrictions apply at the National Water Sports Centre. **Refer to local signage on ways to pay.**

Please note that the U19 GBRT Trials will be taking place at the same time at the NWSC, so there will be limited trailer access on both Friday and Saturday to the regatta site. Should this be an issue, please contact the England Team Manager, Chris Callow directly at hirr.tm@englandrowing.org.

Parking of trailers and cars is to be in the car park(s) behind the scoreboard.

12. Insurance

It is the responsibility of the coaches and rowers to ensure that they and their equipment are adequately insured, including provision for Third Party Cover.

British Rowing accepts no liability for the loss of or damage to rowing equipment or personal property, so coaches/rowers are reminded not to leave kit or valuables lying around unattended.

Chris Callow

England Rowing Team Manager

April 2026