



**JUNIOR
INTER-REGIONAL
REGATTA**

2026 Notice of Competition

**13 March 2026
Version 1.1**

TEAMWORK | OPEN TO ALL | COMMITMENT

1. Date, Venue and Teams Eligible to Compete

- I.1. The 2026 Junior Inter-Regional Regatta (JIRR) will be held on Saturday, 25th April at the National Water Sports Centre, Holme Pierrepont, Nottingham NG12 2LU.
- I.2. The first round in each event will be a time trial over 1,000m. All side-by-side finals races take place over 1,500m with a stakeboat start, except Adaptive races which will be over 1,000m with a free start (see also Section 8 for further details of the racing format).
- I.3. The Regatta is contested between the following 16 JIRR Teams, based on the British Rowing Regions plus Scotland, with the Thames Region split into six Teams (Thames Upriver West [Division TU-1], Thames Upriver Central [TU-2], Thames Upriver East [TU-3], Thames London West [TU-4], Thames London [TU-5, TU-6 & TU-7] and Thames South East [TSE-8]), and Wales competing with WAGS. The 16 JIRR Teams, their abbreviations and team colours are shown in the diagram below:



- I.4. The term “Team” is used throughout this document to refer to one or more of the 16 JIRR Teams.

2. Events Offered and Entry Fees

Events Offered

2.1. The following events are offered at the Regatta:

Junior 14	Junior 15	Junior 16
	J15 1x *	J16 1x *
	W J15 1x *	W J16 1x *
J14 2x	J15 2x	J16 2x
W J14 2x	W J15 2x	W J16 2x
		J16 2-
		W J16 2-
J14 4x+	J15 4x+	J16 4x-
W J14 4x+	W J15 4x+	W J16 4x-
	J15 4+	J16 4+
	W J15 4+	W J16 4-
		J16 8+
		W J16 8+
Adaptive J 1x * (see paragraphs 2.5–2.7)		
Adaptive WJ 1x *(see paragraphs 2.5–2.7)		

* Two entries are permitted in these events

- 2.2. Each Team's entry for each event must comprise competitors from registered clubs within the region(s) or sub-region(s) that make up that Team. Crews comprising competitors from clubs in more than one Team are not allowed.
- 2.3. The Junior Classification as set out in British Rowing Rule of Racing 2-3 [2026 Rule 12] applies to this Regatta. This includes coxes who shall be juniors but not sub-classified by age (see Rules 2-3h and 2-3i [2026 Rule 17.2]).
- 2.4. The Organising Committee (OC) encourages Teams to avoid the doubling up of athletes. However, when it is not possible to field a full Team without this, it will be permitted. As such, the racing order (see section 8) has been developed to allow for some doubling up **within age bands**. Equipment is shared at the crew's own risk. No changes to the race order will be made to take account of any issues arising due to doubling up etc.

Adaptive Events

- 2.5. Two Adaptive events are offered at this year's Regatta: one for Open competitors in a single age band J14-J18 and one for Women competitors in a single age band J14-18. Those competitors with any Adaptive Sport Classification, including AR-O (Adaptive Rowing – Open Category) shall be eligible to compete (see paragraph 5.6). These events shall not be further subdivided into Adaptive Sport Classes: competitors from different Adaptive Sport

Classes and Para Sport Classes shall compete in the same event. Each Team may enter two competitors in each of the two events.

- 2.6. The racing format and distance for these events will be as set out at paragraph 8.7.
- 2.7. Following British Rowing convention on adaptive classification, note that:
 - a. the following Temporary Conditions are not considered Adaptive: Gastroenteritis; Respiratory Disease; and Recovering/Rehabilitating Injury
 - b. the following Chronic Conditions are not considered Adaptive: Epilepsy; Autism; Hearing Impairment (Deafness); Diabetes; Asthma; and Cardiac Disease.

Entry Fees

- 2.8. Teams will pay a fee of £23 per seat for each competitor (including coxes) entered in the competition. The fee includes a t-shirt in the Team colours for each rower/cox and one complimentary t-shirt for the team manager.
- 2.9. Payment for each individual Team will be submitted by the team manager by credit card through the online payment system on BROE2, by a single cheque made out to British Rowing Limited or by a single electronic fund transfer to the British Rowing bank account (details supplied separately to team managers).
- 2.10. All cheques are to be sent to the JIRR Entries Secretary, % British Rowing Ltd, 6 Lower Mall, London W6 9DJ.
- 2.11. Individual team managers are responsible for collecting entry fees from their Team's competitors.
- 2.12. The full entry fee due must be paid, or the cheque received, by Wednesday, 15th April 2026.

3. Prizes

- 3.1. Individual gold, silver or bronze medals will be awarded respectively to the first, second and third placed three crews in the A Final of each event.
- 3.2. In addition to the victores ludorum cups below, there are two other presentation cups, which remain the property of the Regatta:
 - a. The Nigel Smith Claret Jug, which will be presented to the crew winning the J16 8+ A Final
 - b. The CUWBC Rose Bowl, which will be presented to the crew winning the WJ16 8+ A Final.

Victores Ludorum

- 3.3. Teams will compete for the four following victores ludorum prizes, based on the number of team points accrued during the finals of the relevant events:
 - a. The overall Victor Ludorum (the Di Ellis Shield)
 - b. The Victrix Ludorum for Junior Women's events (the Margaret Marshall Cup)
 - c. The Victor Ludorum for Junior Open events (the Ann & Brian Colborne Cup)

- d. The Victor Ludorum for Single Sculls events [WJ15 1x, J15 1x, WJ16 1x and J16 1x combined] (the Barbara Wilson Cup).
- 3.4. The Martin Humphrys Cup will be awarded to the highest placed Team across all events, with only those Teams that were placed overall between 7th and 14th inclusive in the previously held Regatta being eligible for this cup. The following seven Teams are eligible this year (in alphabetical order): Thames London West, Thames South East, WAGS & Wales, Wessex, West, West Midlands and Yorkshire.
- 3.5. The above shield and the cups remain the property of the Regatta.
- 3.6. The Team winning the Victor Ludorum for Single Sculls events will be presented with a commemorative wall plaque.

4. Conditions of Entry

- 4.1. Individual competitors, including substitutes and coxes, must hold Race membership with British Rowing, Welsh Rowing or Scottish Rowing.
- 4.2. Competitors must provide their own equipment. Coxes are responsible for providing their own dead-weight where needed.
- 4.3. All crews must have a named coach or responsible adult. The coach or responsible adult, who must be over the age of 18, must be named on the entry and a current mobile telephone number for that person must be provided. They must be in attendance at the Regatta (see also *paragraph 9.2 in case of a substitute coach or responsible adult attending*).

5. Making Entries

- 5.1. Entries must be made via BROE2. No other format will be accepted. Entries will open on Monday, 23rd February at 12:00 (noon).
- 5.2. Entries must be submitted by **12:00 (noon) on Wednesday, 15th April** and may only be made by the appointed team manager. The team manager will submit entries as if they were submitting them for their own club.
- 5.3. It is especially important to include the following in the 'Notes' section on BROE2:
 - a. commentary notes
 - b. a coach's contact number.
- 5.4. If you have any queries regarding entries or the entries process, please email secretary.jirr@gmail.com in good time.
- 5.5. Please note that the race order (see *section 8*) is fixed and team managers should take it into account when selecting their crews as changes to the race order and timetable will not be made.
- 5.6. **Adaptive Entries:** Team managers should ensure that a *British Rowing Adaptive Rower Medical Self-Declaration Form for AR - Open Category* is completed for each entrant (unless the entrant already holds an Adaptive Sport Classification) for the Adaptive J 1x and Adaptive WJ 1x events and emailed to secretary.jirr@gmail.com by the close of entries. Forms will be reviewed by the British Rowing Head of Classification.

6. The Draw Process

- 6.1. The draw will take place at 11:00 on Saturday, 18th April and will be coordinated virtually by video call.
- 6.2. The start order and race timetable will be published on the following website by 12:00 (noon) on Monday, 20th April: www.britishrowing.org/events/events-calendar/junior-inter-regional-regatta. An information pack containing the Timetable and General & Safety instructions will be emailed to all team managers who have entered crews; these documents will also be posted on the website in pdf format.
- 6.3. Enquiries regarding the draw should be made by email to secretary.jirr@gmail.com. Please remember to include your full contact details.

7. Making Changes to Entries

- 7.1. Team managers are reminded of British Rowing Rule of Racing 7-2-4-b [2026 Rule 30] on crew substitutions.
- 7.2. British Rowing Rules of Racing 7-2-4e and 7-2-4g [2026 Rules 30.3 and 30.5] are amended for this competition such that a substitute must be a member of the same Team as the rower they are replacing and the cox may belong to a different Team. The reference to the Personal Ranking Reference Book is not relevant for this Regatta.

8. Racing Format, Points and Racing Order

Racing Format

- 8.1. For all events except single sculls and Adaptive, the first round will be a time trial over 1,000m. The fastest six crews will go through to the A Final and the remainder will go through to the minor finals in time order, with the lowest minor final comprising at least two crews so that no crew is eliminated following the time trial. Finals will be raced over 1,500m with a stakeboat start and a straight finish.

Points

- 8.2. The maximum number of points available in an event will be equal to the number of crews that race in that event's finals. The first placed crew in the A Final receives the maximum number of points, with the next placed crews each receiving one fewer point than the previous. Points will be awarded in the same manner in the minor finals with the maximum number of points for the first placed crew being the equal to the number of crews that raced in the event minus the number that raced in the higher final(s). For an event with 16 crews racing, points will therefore be awarded as follows:
 - a. A Final: 1st receives 16 points, 2nd receives 15 points and so on to 6th, 11 points.
 - b. B Final: 1st receives 10 points, 2nd receives 9 points and so on to 6th, 5 points.
 - c. C Final: 1st receives 4 points, 2nd receives 3 points and so on to 4th, 1 point.
- 8.3. In the unlikely event of a crew not appearing at the start in a final, that crew will be awarded no team points. If a crew fails to show for an A Final, all crews in the minor finals will

receive an extra team point. If a crew fails to show for a minor final, all crews in the lower minor final(s) will receive an extra team point.

- 8.4. Any crew that scratches or does not finish a final (i.e. did not finish or disqualified) may receive no team points. In this case, the same points system will apply as at paragraph 8.3.

Single Sculls Events

- 8.5. For single sculls events, the first round will be a time trial over 1,000m. All scullers will remain in the same single event and will proceed to Finals A to F based on their time trial time: there will be no separate 1st and 2nd Boats event this year. Finals will be raced over 1,500m with a stakeboat start and a straight finish. Medals will be awarded to three fastest crews from the A Final only (in accordance with paragraph 3.1).
- 8.6. Points will be awarded as at paragraph 8.2 but will then be divided by two: the maximum total number of points available for a Team in an event is 31.5 points (assuming 32 crews have entered). A Team that enters only one crew will receive zero points in place of the second crew.

Adaptive Events

- 8.7. Adaptive events will comprise a time trial over 1,000m as the first round followed by a side-by-side final. The time trial will determine the lanes and timed head start for the finals which will be held over 1,000m with a free start and a straight finish.
- 8.8. Should there be fewer than two entries in one of the two Adaptive events. The events will be combined with the following applying for medals and points:
- a. One Gold, Silver and Bronze medal will be awarded respectively for fastest three crews in the A Final of the now-combined event
 - b. Points will be awarded in the manner described at paragraph 8.2 across the crews in the now-combined event
- 8.9. Points will be awarded as detailed at paragraph 8.2 for each of the two Adaptive events, except when paragraph 8.8 applies.
- 8.10. Medals will be awarded as detailed at paragraph 3.1 for each of the two Adaptive events, except when paragraph 8.8 applies.
- 8.11. The OC reserves the right to mix the crews from the two Adaptive events across the finals as appropriate whilst not combining the two Adaptive events.

Race Order and Timetable

- 8.12. Events will follow this numerical order (read left to right then top to bottom):

(1&2) Adaptive	(3) J15 4x+	(4) J14 2x	(5) WJ14 2x	(6) J16 4+
(7) J16 1x	(8) WJ16 8+	(9) WJ16 1x	(10) J15 1x	(11) WJ15 2x
(12) WJ15 4+	(13) J14 4x+	(14) J16 8+	(15) WJ16 2-	(16) WJ16 2x
(17) J16 2x	(18) WJ15 1x	(19) J15 4+	(20) J15 2x	(21) WJ14 4x+
(22) WJ16 4-	(23) J16 4x-	(24) WJ16 4x-	(25) J16 2-	(26) WJ15 4x+

- 8.13. Racing will start no earlier than 08:00. The start order and timetable for racing will be published once the draw has been undertaken. There will be a minimum of 40 minutes

between races in sweep-oared events within the same age category and between sculling events within the same age category in the published timetable. This is subject to variation on the day should any changes be required due to the weather or conditions.

8.14. The timing of the following events will allow for sharing of hulls between events:

	J14 4x+	WJ14 4x+	J15 4x+	WJ15 4x+
J14 4x+		Y	Y	Y
WJ14 4x+			Y	Y
J15 4x+				N
WJ15 4x+				

8.15. The timing of the following events will allow coxes to double between events.

	J15 4x+	J16 4+	WJ16 8+	WJ15 4+	J14 4x+	J16 8+	J15 4+	WJ14 4x+	WJ15 4x+
J15 4x+		N	N	Y	Y	Y	Y	Y	Y
J16 4+			N	Y	Y	Y	Y	Y	Y
WJ16 8+				N	Y	Y	Y	Y	Y
WJ15 4+					N	N	Y	Y	Y
J14 4x+						N	Y	Y	Y
J16 8+							N	Y	Y
J15 4+								N	Y
WJ14 4x+									N
WJ15 4x+									

9. Regulations for Racing

- 9.1. The Regatta is run in accordance with the British Rowing Regulations, the Rules of Racing and RowSafe guidance together with its associated documents. Competitors and coaches are reminded that they should be familiar with these documents. Note that references to the Rules of Racing are the current (2025) edition. The 2026 edition will be in force for this Regatta and the relevant rule numbers (correct at time of this notice being published) are also given in square brackets.
- 9.2. If a substitute coach or responsible adult attends the Regatta they must contact Registration and register their mobile telephone number. This can also be done in advance by emailing secretary.jirr@gmail.com.
- 9.3. Competitors are reminded that they must be able to produce their digital membership card when requested. If it is not available (e.g. not yet received), other forms of photographic identification can be used.
- 9.4. The Race Committee reserves the right to exclude any crew or sculler from further competition in an event if they do not show sufficient competence in either attaching to the start pontoons or progressing down the course during a race. This is applied in the interests of safety and fairness to other competitors.

Cancellation and Changes to Racing

- 9.5. Team managers, competitors, volunteers and spectators are reminded that safety is the Organising Committee's primary concern. In cases when the OC considers that the

Regatta cannot be run safely, the OC may choose to take appropriate action, which may include (amongst other things) suspending racing, changing the timetable, shortening the course, cancelling specific events or cancelling the Regatta altogether. The OC will seek to make a decision as early as practicable based on the circumstances in question and in the event of advance cancellation, the OC will aim to make and communicate this decision at least 24 hours in advance of the Regatta. Team managers, competitors, volunteers and spectators should take this into account when making plans for travel, accommodation etc.

- 9.6. Entry fees will not be refundable if it should become necessary, for any reason, to abandon the Regatta or any event on the day. It will be at the discretion of the OC if a partial refund is offered if the Regatta is cancelled prior to race day.
- 9.7. When it is not possible, for whatever reason, to complete the Regatta or any event, times from the heats may be used to determine medal winners, declare the victores ludorum and award other prizes.
- 9.8. The Race Committee will monitor conditions throughout the Regatta and, if necessary, will adjust the draw patterns to create the fairest racing conditions.
- 9.9. It is the responsibility of each team manager and each competitor to keep themselves informed of any changes to the Regatta programme.

Racing Kit

- 9.10. British Rowing Rule of Racing 7-2-5 [2026 Rule 26] does not apply to this Regatta which is modified by the following paragraphs.
- 9.11. Competitors may wear either the strip of the club that they are representing, or a uniform garment in their team colour. Team t-shirts provided by the Regatta should, where possible, be on display.
- 9.12. One t-shirt will be provided for each competitor entered (including coxes) plus one for the team manager (a maximum of 94 per region).
- 9.13. Please note that t-shirts are not available to coaches except for the team manager.
- 9.14. Individual team managers will be responsible for collecting the sizing information for their team t-shirts. This information to be submitted to the Entries Secretary by a date to be advised via an online form that will be sent to team managers.

10. Photography and Media

- 10.1. There may be photographers and videographers at the Regatta. Their photographs and videos (which may include live streaming) may be used on the website and social media sites of the Regatta or by British Rowing. By entering the Regatta, competitors and those responsible for them consent to this.
- 10.2. Competitors and those responsible for them should be aware that other, non-official photographers and videographers might operate at national sporting events and the subsequent photographs may be freely used in print, digital media or elsewhere, over which the OC has no control.
- 10.3. Coaches and competitors agree that by entering crews they have made the crew members and their parents/guardians (where in loco parentis) aware of the above two paragraphs.

- 10.4. The use of drones is not permitted under any circumstances at the National Water Sports Centre without the written permission of the Event Manager. Any Team which is seen to be using drones for any purpose within the boundary of the venue risks disqualification of their crew being filmed or of all their crews at the Regatta.

11. Welfare and Safeguarding

- 11.1. British Rowing recognises their Duty of Care to ensure that all reasonable steps are taken to provide a safe environment for all those attending the Regatta in whatever capacity. British Rowing believes that the safety, welfare and wellbeing of all children and vulnerable adults is paramount. British Rowing has in place a comprehensive welfare and safeguarding policy, which is published on the website.
- 11.2. Each team manager is responsible for the welfare, safety and appropriate supervision of their Team and is expected to know the whereabouts of their Team at all times during the Regatta. Sufficient appropriate supervision should be in place within each Team to accommodate the number of junior competitors attending the Regatta. Any safeguarding concerns **must** be escalated to the Regatta Welfare Officer immediately.

12. Clean Sport

- 12.1. The Regatta is committed to Clean Sport. All athletes, athlete support personnel and clubs are bound and must abide by the World Anti-Doping Agency Code. Athletes competing at the Regatta could be tested at any time, and by entering this competition it will be deemed that consent to be tested has been given.
- 12.2. To understand more about anti-doping, the rules and your responsibilities, go to www.britishrowing.org/about-us/governance/anti-doping/ or email antidoping@britishrowing.org

13. Sustainability

- 13.1. At the JIRR, our aim is to deliver an enjoyable and competitive event while minimising the impact the event has on the environment. Linked to the British Rowing Sustainability Strategy (available at www.britishrowing.org/sustainability), we are taking steps in planning for the event to achieve this overall goal, including promoting active travel, providing facilities for recycling at the event, water bottle refill points and reviewing concessions and vendors for sustainability practices. Further details will be announced in the competitors' instructions.

14. Volunteers

- 14.1. Without the dedication of volunteers, competitions like this simply would not happen. It is an expectation that clubs that enter also provide volunteers to support the running of the Regatta. Volunteer roles will range from collecting numbers through to timing and can be fitted around the individual's racing. To volunteer in general, please visit www.britishrowing.org/volunteer to register for the British Rowing Volunteer Hub, or contact us directly via champscrew@britishrowing.org

15. Regional Selection Processes

15.1. Team managers should note the direction from the National Competition Committee issued in January 2020 regarding the running of trials (see Annex A).

16. Key Dates

12:00	Monday, 23rd February 2026	Entries open via BROE2
12:00	Wednesday, 15th April - noon	Entries close
11:00	Saturday, 18th April	Draw
12:00	Monday, 20th April	Start order and race timetable published online
16:00	Friday, 24th April	T-shirts and time trial numbers may be collected from the Event Office from this time until 18:00 and on Saturday morning
07:30	Saturday, 25th April	Regatta Day Registration Office opens for making substitutions

ENDS

Version History

Version 1	28th January 2026	First published version
Version 1.1	13th March 2026	Team colours updated for TUC, TUE and TUW

Annex A

The following information was circulated by the National Competition Committee (NCC) in January 2020. The Chair of the NCC has confirmed that the same process applies this year.



Regional Trials for Junior Inter-regional Regatta 2020

The National Competition Committee have discussed the request from several regions to use BROE2 for managing the entries for their trials for the Junior Inter-regional Regatta.

In order to use the BROE system, the trials would normally have to be an affiliated competition with the associated costs and requirements under the British Rowing Rules. A process to allow JIRR Trials was setup for 2019 and this is available for 2020.

Please find below the requirements for using the British Rowing Insurance. Please note that any selection trial or competition/event which has more than 4 clubs present will invalidate British Rowing insurance unless it has permission through this process or directly from the National Competition Committee.

Phillip Clements
Chair, National Competition Committee
January 2020

Regional Selection Trials/Events

Regions may select their crews through regional trials or selection events although it is not mandatory to hold a selection event and other methods of selection are permitted (e.g. by asking for expressions of interest from crews and selecting the crew with the highest PRI points)

If a Regional Rowing Council decides to hold a selection event then, as part of the event affiliation agreement, it is possible for RRCs to avail themselves of British Rowing Event Insurance.

In order to take advantage of such insurance a Regional Rowing Council shall agree in advance to the following:

- Each crew selection event shall be run by the individual region(s) concerned and organisational responsibility shall sit with those Regional Rowing Councils.
- Each RRC shall appoint an Organising Committee and a Race Committee, the chair of each shall be approved by the Junior Inter-regional Regatta Chair or Deputy Chair.
- The Organising Committee shall produce a Course Map, Safety Plan, Risk Assessment and a Welfare Plan/Statement along with Instructions to Crews which are suitable for the size & nature of the individual crew selection event in question (this may vary in detail between regions depending upon size of event & nature of water for instance). This shall be approved by the individual RWSA for that region where the selection trials/event is being held, ideally 6 weeks before the selection event.

The RRCs must note that the local set of documentation shall be submitted in advance in a timely manner to JIRR Chair and Deputy Chair for information, ideally when it is submitted to the RWSA.

Upon approval of the OC and documentation British Rowing grants individual event insurance to each region and access to BROE will be made available. (Note: the responsibility for the management of the trials is thereby returned to the RRCs and not the Junior Inter-Regional Committee)

This is an annual process which needs to be completed, a minimum of 6 weeks before a trial. Permission to run in previous years using the process, does not guarantee future years.