

2025 British Rowing Beach Sprint Championships

Safety Plan

Version correct as of 27 Aug 2025



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Event overview

Event format

The British Rowing Beach Sprint Championships (BRBSC) will take place on Saturday 30th and Sunday 31st August at Knoll Beach, Studland Bay, Dorset, BH19 3AQ.

All races will be in FISA Class Coastal boats and follow the British Rowing Rules of Racing for Beach Sprints which is available on the [British Rowing Website](#).

The race starts with a sprint on the beach of between 10 and 50 m for the rower/one of the crew. They then enter the boat and slalom around three buoys over a 250m course,, then row straight back to the beach before one of the rowers exits the boat and runs to the finish line.

The following Open (O) and Women's (W) and mixed (Mx) events are offered:

| Open | Women's | Mixed |
|-----------|-----------|--------------------|
| CO 2x | CW 2x | CMix 2x |
| CO 1x | CW 1x | CMix J 2x |
| CO Stu 1x | CW Stu 1x | CMix 4x+ Challenge |
| CO Mas 1x | CW Mas 1x | |
| CO J 1x | CW J 1x | |
| CO J16 1x | CW J16 1x | |

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Course:

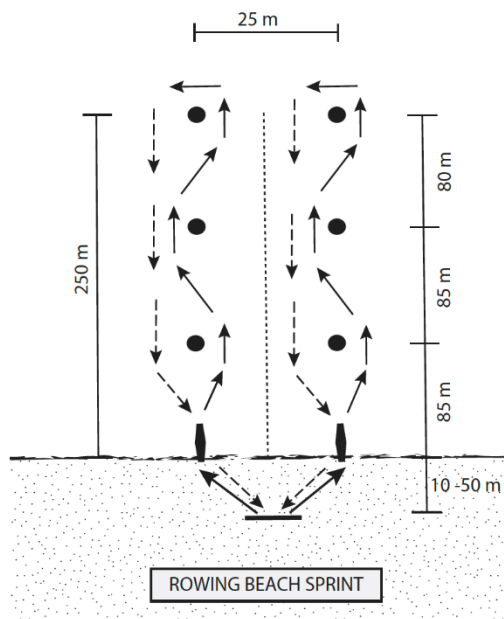
The circulation patterns are as follows:

Side-by-side racing:

World Rowing Beach Sprints - Rules of Racing

Annex B (Regulation 10) - Option 2

Slalom out / Straight back

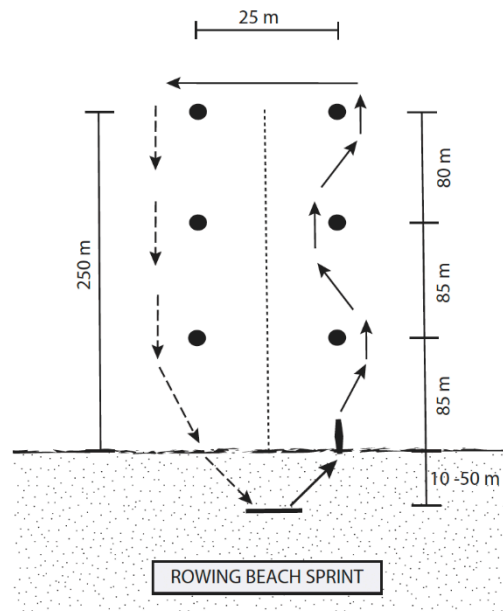


Time trials:

World Rowing Beach Sprints - Rules of Racing

Annex C (Regulation 10) - Option 3

Processional Time Trial



Approximate intended beach location:



Approximate W3W: [///scouts.ambient.tightest](https://www.what3words.com/#!/scouts.ambient.tightest)

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Craft allowed

Only craft meeting the World Rowing coastal design regulations are eligible to race. These rowing boats are much wider and more robust than 'fine' racing boats and UK coastal craft, with the shape designed specifically for dealing with waves and manoeuvrability in rougher water. The design greatly reduces the likelihood of capsizing or sinking.

All racing craft will be provided and inspected prior to racing.
The boat supplier will provide the boats in good working order.

General Safety provisions

All crews are expected to adhere to the British Rowing Rules of Racing for Beach Sprints which is available on the British Rowing Website. All teams shall:

- Be aware of how to safely unload boats using spotters for hazards
- Attend the morning briefing
- Assess the experience of the crew and their ability to cope with the conditions
- Be aware of other water users and slalom buoys
- Carry the minimum safety equipment required onboard
- Follow the instructions of the marshals and umpires

There may be times when crews need to navigate with other water users, it is expected that crews will follow the relevant COLREGs and local navigation rules.

It is not permitted to warm up or cool down on the water during racing, or row in the dark.

The Event Organisers shall:

- Ensure beach team have received training
- Ensure that access routes for emergency services are available and checked at regular intervals
- Ensure that the event-owned tents are correctly erected and checked periodically
- Ensure that turns are put out and retrieved safely
- Conduct boat inspections prior to boats going afloat
- Conduct a beach inspection to check for sharp debris / stones
- Conduct a site inspection periodically
- Ensure there is a welfare officer present and contactable, and that there is a meeting place for missing children that is well publicised
- Ensure that drinking water is available.

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Safety Boat Provision

Water safety cover will be provided by [Northern Exposure Rescue](#). The safety boat driver will be qualified to at least RYA Level 2 Powerboat with experience of driving at sea and aware of how to pull people from the water.

During Racing

One safety boat and a number of rescue swimmers appropriate to the conditions will be on the water during races.

During Training

There is no scheduled training time. Crews training are responsible for their own safety in line with their club's own rules.

Safety launches and radio availability

| Name | Supplied by | Crew | Comms |
|--------------|-------------------|--------|-----------------------------|
| Safety Boat | Northern Exposure | 2 | Mobile Phone & UHF & VHF 77 |
| Support Boat | British Rowing | 1 or 2 | Mobile Phone & UHF |

Safety on the Beach

A volunteer-led beach crew will oversee the shoreline during starts and finishes. The field of play will be clearly marked out on the beach using crowd barriers, tape and signage. Marshals will be present to alert spectators that move too close to potential areas of risk.

Medical Provision

The event has medical provision during the hours of racing. The appointed provider is [Valkyrie Medical](#) (SW) LTD, 01202 090085 and will include:

- 1 x Paramedic
- 1 x ECA
- 1 x 4x4 Rapid Response Vehicle
- All kit to ECA and Paramedic scopes of practice
- On call support team including major incident

Coordination and Communication

The Race Committee Chair and Safety Adviser will be situated on the beach, contactable by Radio or mobile telephone. Prior to the first race of the day they will make a course inspection.

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The Race Management Group (Race Committee Chair, Safety Advisor, Course Manager and Timing) will act as coordination point for any incident on the water.

Whilst the Race Committee Chair or the Safety Advisor will coordinate actions as far as possible, all safety crews will take actions under their own initiative as a first response.

The British Rowing Events Team will coordinate any external communications on behalf of British Rowing throughout the event.

Information

The following information will be displayed on the beach sprint event website available to all competitors.

- The circulation pattern for the races
- Traffic patterns for beach start and finish
- Race schedule
- Draws
- Emergency numbers

Please see also the supporting documents:

- Emergency Plan
- Information for Participants and Officials Prior to the Event

Casualty recovery locations

Casualties coming ashore by safety boat should be landed on the beach. Medical access will be via Knoll Beach National Trust Car Park.

If evacuation to hospital is necessary, the nearest local hospitals are:

A&E - Royal Bournemouth Hospital, Castle Lane East, Bournemouth, BH7 7DW T: 01202 303626

A&E - Poole Hospital, Longfleet Road, Poole, Dorset, BH15 2JB T: 01202 665511

A&E - Christchurch Hospital, Fairmile Road, Christchurch, BH23 2JX T: 01202 486361

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Tide Times / Sunrise & Sunset Times

All times below are shown in local British Summer Time

30 August

Sunrise: 0619

Sunset: 1956

High water: 1215

Lower water: 0840, 2105

31 August

Sunrise: 0620

Sunset: 1954

High water: 0020, 1240

Lower water: 0925

Event schedule outline:

Please refer to the latest version which will be published on the [British Rowing website](https://www.britishrowing.org/)

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Key Contacts:

Race Management Group (responsible for water / racing decisions) on the day

| Function | Name | Location |
|----------------------|-------------------------|----------------------|
| Safety Adviser | Mark Dunstan | Start & Finish Beach |
| Course Manager | David Vallance | Start & Finish Beach |
| Race Committee Chair | Zoe Hayes | Start & Finish Beach |
| Timing | Phil Clements (rowTIME) | Start & Finish Beach |

Event Management Group (responsible for off-water / event decisions) on the day

| Function | Name | Location |
|-------------------------------|---------------|----------------------|
| British Rowing Events Manager | James Lee | Start & Finish Beach |
| OC Chair | Sarah Gregory | Start & Finish Beach |

ENDS