



ENGLAND
ROWING

Selection Trials

England Rowing

Royal Albert Docks
Sunday 13 July 2025

TEAMWORK | OPEN TO ALL | COMMITMENT

1. Introduction

Please read the following document carefully **before** making entries to the England Rowing Team HIRR Trial. Please contact hirr.tm@englandrowing.org with any queries.

2. England Rowing Team & Home International Rowing Regatta

The annual Home International Rowing Regatta (HIRR) will take place on **Saturday July 26th, 2025**, at **Dorney Lake, Windsor, England** hosted by Wales. The objectives of this trial are defined in section 2 of the [England Rowing Selection Policy](#) and are:

- to provide Athletes and Coaches aiming to represent Great Britain with a positive development experience that helps them progress toward making the GB Rowing Team.
- to select individuals and crews that can perform with distinction at the HIRR.

Selection trials will be offered in the following boat classes:

| | |
|----------------|-------------------------------|
| Juniors | 1x, 2x, 2-, 4- |
| U23 | 1x |
| Senior | 1x, 2x, 2-, 4- |
| Para | PR1/PR2 1x (Combined), PR3 1x |

Athletes and coaches selected to represent England Rowing will receive the Home International Regatta event circular once trials are complete and the team has been finalised. The cost for selected athletes & coaches to attend the match will be confirmed nearer the event but will be in the region of £250 per athlete and £125 per coach.

- These costs include a basic kit bundle of AIO, T-shirt and cap for athletes and rain jacket, T-shirt and cap for coaches, travel from Dorney to the accommodation at Royal Holloway College on the Friday evening and return travel to Dorney Lake on Saturday morning, one nights' accommodation and all meals.
- Additional team kit will be purchasable through Kukri and will be at additional cost. The "kit room" for these purchases will be open until the end of September 2025, at which point it will close, and kit purchases will be confirmed. Kit will be delivered to the athlete directly around 8 weeks post closure.
- See Appendix C of the [Selection Policy](#) for funding support opportunities.

Selected athletes and coaches must be available for:

- Regular training in a home location in the lead up to the Match
- Pre-event training in selected crew boats (4x / 8+) prior to travel, to be organised by respective Lead Coaches in conjunction with Sweep / Sculling discipline coaches and selected athletes
- Continued availability at Dorney from 08:30 Friday 25th until completion of match Saturday 26th July

Athletes and/or coaches who cannot meet these requirements **should not enter** the England Rowing trials.

If, after selection, a member of the crew becomes unavailable for the match **the discipline coach must immediately notify the Team Manager. Coaches must not implement their own club substitutions**, doing so may lead to the crew being deselected. As crews are selected rather than individuals, coaches / club administrators must check that all members of the crew are available for the match prior to entering the trials.

3. Selection

Full details of the selection policy, indicative expected boat times and eligibility criteria for both athletes and coaches can be found in the [England Rowing Selection Policy](#) on the British Rowing website.

Selected crews will be required to provide additional information via the GBRT tab in their membership profile – access will be enabled to all selected athletes and instruction provided in the Selection circular issued once the team has been finalised.

Rowers who compete domestically in the J18 category using a British Rowing Overage exception are **NOT** eligible to compete as a J18 athlete at this trial or in the Home International Regatta.

4. Provisional Trial Format

The format for the England trial is largely unchanged for 2025 barring the venue change..

The England Rowing Trials Regatta will this year be held at the London Regatta Centre, Dockside Road, London Docklands, E16 2QT.

Doubling up **is permitted** between divisions with the following guidance:

- Rowers **must** remain in sculling or sweep disciplines.
- If doubling up from a pair (2-) to a four (4-) **both athletes from the pair (2-)** must be present in the four (4-).

The trial will run in two divisions. **Doubling up within a division is not allowed**

Please review the following timetable carefully prior to submitting entries.

5. Provisional Timetable

| | |
|--|--------------|
| Registration for both divisions opens | 09:00 |
| Briefing for both divisions (ALL coaches and rowers to attend) | 10:00 |
| Division 1 TIME TRIAL : (1x / 2-) – Boating from 10:30 | From 11:15 |
| Division 2 TIME TRIAL : (2x / 4-) – Boating from 12:00 | From 12:45 |
| Team Announcement (including announcing race-offs) | 14:15 |
| Briefing for athletes required to race-off | 14:30 |
| Team Briefing for selected athletes | 14:45 |
| Race-offs (Final timings TBC on the day) | 15:30 |
| Final Selections announced | 16:30 latest |

6. Coach Requirements

Coaches seeking selection to the England Team

Any coach seeking selection to the England Team must have both put themselves forward by completing the [Coach Registration Form](#) AND providing evidence in advance of the trial that they comply fully with the eligibility criteria detailed in section 9 of the [England Rowing Selection Policy](#). Coach selections will only be made from those satisfying **all** criteria.

Safeguarding and Child Protection

All coaches should read carefully the Coach Selection Criteria and ensure they comply with the Safeguarding expectations set out in sections 9,8 (Junior Team) **AND** 9.9 (Senior Team) of the [England Rowing Selection Policy](#).

If you require more information on how to apply for the relevant certifications through British Rowing or find eligible SPC courses, please request this from Chris McManus (hirr.tm@englandrowing.org) or Lucy McNulty (safeguarding@englandrowing.org).

7. Clean Sport Education

All selected coaches **must** have completed the [UKAD's Coach Clean online qualification](#) before they depart for the Match. The certificate is to be uploaded in the credential section of their British Rowing Club Hub profile. This credential lasts for two years.

All selected athletes must hold a current British Rowing-delivered Clean Sport - iRowClean qualification before the depart for the match. The certificate is to be uploaded in the credential section of their British Rowing Club Hub profile. This credential lasts for one year. Further information on this can be found at <https://www.britishrowing.org/knowledge/courses-qualifications/clean-sport/>

England Rowing have arranged for 2 Clean Sport - iRowClean courses to be run in the period between Trials and Regatta for selected athletes and coaches should it be needed. These will be held between 19:00 and 20:00 on Tuesday 16th July and Wednesday 17th July. All athletes are required to attend one of these sessions if they do not already hold an in-date Clean Sport certification covering the date of the Home International Regatta that has been loaded into the RowHow account.

8. Entries and Cost

All entries for the **England Team Trial** are to be made using British Rowing's Online Entry system (BROE2).

Entries open at midday on **Monday 16th June** and close at midday **Friday 11th July**.

The cost for all athletes is £25 per seat, so £25 for 1x, £50 for 2x / 2- and £100 for 4-.

Should you require assistance in using BROE2 or setting up an overseas membership (for those not affiliated with British Rowing) please contact clubs@britishrowing.org

9. Coaches Assistance at the Trial

For the trial to run safely and successfully **all coaches are required to fulfil roles on the day** which include, but are not limited to, manning safety boats, helping with timing, and marshalling etc. If programmes can provide extra help, please email Chris McManus at hirr.tm@englandrowing.org with the names of these people.

10. Training

There is no training session permitted on the lake either on the day preceding nor on the morning of the trial.

11. Parking

Parking restrictions apply at the Royal Albert Docks site. Refer to local signage on ways to pay. As there is an event (J16 Anglo French Match) taking place on the Docklands course on Saturday, there will be no trailer access on Saturday to the regatta site. Should this be an issue, please contact the England Team Manager Chris McManus directly at hrr.tm@englandrowing.org.

12. Insurance

It is the responsibility of the coaches and rowers to ensure that they and their equipment are adequately insured, including provision for Third Party Cover.

British Rowing accepts no liability for the loss of or damage to rowing equipment or personal property, so coaches/rowers are reminded not to leave kit or valuables lying around unattended.

Chris McManus

England Rowing Team Manager

May 2025