



**JUNIOR  
INTER-REGIONAL  
REGATTA**

# 2024 Instructions for Competitors

Version 1.0, 16 April 2024

**TEAMWORK | OPEN TO ALL | COMMITMENT**

## Introduction

The Regatta is contested between the following 13 JIRR Teams, based on the British Rowing Regions plus Scotland, with the Thames Region split into its three sub-regions and Wales competing with WAGS. The 13 JIRR Teams, their abbreviations and team colours are shown in the diagram below:



## I. Registration Process

- I.1. Race numbers may be collected from the Regatta Marshals cabin (in the boating area).
- I.2. For Time trials, crews will be issued with a slot number and also a paper number from 60 minutes before the scheduled start time of each category. Competitors are asked to provide **their own** safety pins and ensure that the number is securely attached to the back of the bow person / sculler.
- I.3. For side-by-side racing, alphanumeric slot numbers may be collected from 40 minutes before the scheduled start time of the race.
- I.4. Single scullers should keep their paper number and wear it also for finals**
- I.5. Competitors are reminded that they must bring their British Rowing Membership Cards with them. Membership Cards must include an up-to-date photograph. If a Membership Card is not available, then other forms of photographic ID are acceptable.
- I.6. If a substitute coach or responsible adult attends the Regatta he/she must contact Registration and register his/her mobile telephone number. This can also be done in advance by emailing [secretary.jirr@gmail.com](mailto:secretary.jirr@gmail.com)

## 2. Substitutions & Scratchings

- 2.1. Substitutions to crews may be made by the Team Manager via BROE2 or by email to the entries secretary until 17:00 on Friday 19 April.
- 2.2. The Regatta Marshals cabin will be open from 07:30 on Saturday 20 April where the Entries Secretary will be available to receive any further substitutions and/or scratches.
- 2.3. Team managers are reminded of British Rowing Rule of Racing 7-2-4-b on crew composition. This is amended for this competition such that a substitute must be a member of the same team as the rower he or she is replacing and the cox may belong to a different team. The reference to the Personal Ranking Reference Book is not relevant for this Regatta.

## 3. Format of Racing

- 3.1. **Adaptive event:** will comprise a time trial over 1,000m as the first round followed by a side-by-side final. The time trial will determine the lanes and handicap (timed head start) for the finals which will be held over 1,000m with a free start.
- 3.2. **Single sculls events:** the first round will be a time trial over 1,000m. Each team's fastest sculler in the time trial for each event will compete in the 1st Boats' class and the second sculler in each event will compete in the 2nd Boats' class. There will be separate A Finals for the 1st Boats' class and the 2nd Boats' class, each with the fastest six crews from that class. Minor finals will comprise the remaining crews from both the 1st and 2nd Boats' classes. Points will be awarded and a ranking given for the 1st Boats and 2nd Boats as separate events. Finals will be raced over 1,500m with a stakeboat start.
- 3.3. **All other events:** the first round will be a time trial over 1,000m. The fastest six crews across both heats will go through to the A Final and the remainder will go through to the minor finals in time order. Finals will be raced over 1,500m with a stakeboat start.
- 3.4. **Points:** The maximum number of points available in an event will be equal to the number of crews that race in that event's finals. The first placed crew in the A Final receives the maximum number of points, with the next placed crews each receiving one fewer point than the previous. Points will be awarded in the same manner in the minor finals with the maximum number of points for the first placed crew being the equal to the number of crews that raced in the event minus the number that raced in the higher final(s). For an event with 13 crews racing, points will therefore be awarded as follows:
  - a. A Final: 1st receives 13 points, 2nd receives 12 points and so on to 6th, 8 points.
  - b. B Final: 1st receives 7 points, 2nd receives 6 points and so on to 5th, 3 points.

- c. C Final: 1st receives 2 points and 2nd receives 1 point.
- 3.5. In all cases (except the single sculls - see 3.2 above) the A Final will comprise the six fastest crews as a result of the time trial. The minor final(s) will comprise the remainder, with the lowest minor final comprising at least two crews so that no crew is eliminated following the time trial.
  - 3.6. In the unlikely event of a crew not appearing at the start in a final, that crew will be awarded no team points. If a crew fails to show for an A Final, all crews in the B and C Finals will receive an extra team point. If a crew fails to show for a B Final, all crews in the C Final will receive an extra team point.
  - 3.7. Any crew that scratches or does not finish a final (i.e. not rowed out, did not finish or disqualified) will receive no team points. In this case, the same points system will apply as at paragraph 3.6.

#### **4. Coxes Weighing**

- 4.1. The scales for weighing coxes will be in the cabin in the boating area where lane numbers are issued. All coxes shall be weighed prior to their time trial and, if required, after any race in an event.
- 4.2. The minimum weight for coxes shall be: 45 kg for all J15 and younger crews and 55 kg for all other crews. To make up this weight a lighter cox shall carry dead-weight. Any dead-weight carried may be checked after any race in an event.
- 4.3. Coxswains competing in more than one event of a similar category need be weighed once only to qualify for all such events.
- 4.4. Coxes who are OK for all their events will be issued with a wristband. Coxswains who are required to carry deadweight for any or all of their events shall not be given a wristband and the Umpire will make a note of the deadweight to be carried so that it can be checked when they return after their race.

#### **5. Prize Winners & Victores Ludorum**

- 5.1. Prize winning crews will be presented with their medals on the raft adjacent to the finish tower. Those receiving medals will be called over at the end of their race and they should pay attention to races coming down the course in making their way to the pontoons in reverse order (i.e. 3<sup>rd</sup>, 2<sup>nd</sup>, 1<sup>st</sup>).
- 5.2. Following receipt of medals they will make their way to the disembarkation pontoons in the gaps between races.
- 5.3. The four Victores Ludorum will be presented at the conclusion of all racing.

## **6. Safety Instructions, Marshalling Instructions, Racing Circulation Pattern**

Please ensure that your crews and coaches have read the safety instructions, marshalling instructions and circulation plans as detailed in the Competition Safety Plan, published on the British Rowing website.

Crews are reminded that there is **no practice** before the start of the racing day and they may not boat earlier than 40 minutes before their published race time.

## **7. Emergency Telephones & Contacts**

### **Emergency Telephones are situated:**

Start Tower

At the 1500m marker on each side of the course

At 1000m on each side of the course

Main Reception in the Water Sports Centre

Waterman's Office

All manned huts have telephones.

### **Emergency numbers:**

Emergency Services 999

Medical Practice, Radcliffe-on-Trent 0115 933 2948 or 0115 933 3737

Medical Practice, 214 Musters Road 0115 981 4124

Hospital, Queens Medical Centre 0115 924 9924

NHS Direct 111

Police, non emergency 101

### **NWSC Address:**

The National Water Sports Centre

Adbolton Lane

Holme Pierrepont

Nottingham

NG12 2LU

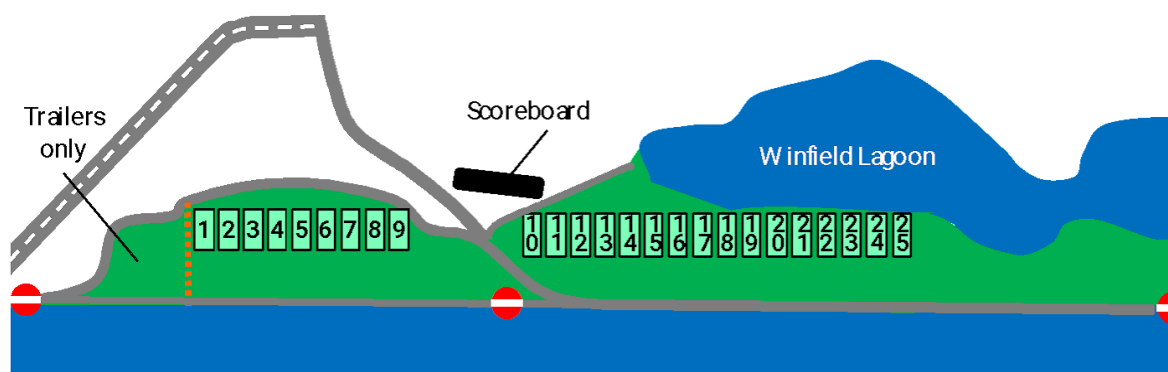
National Water Sports Centre Reception 0115 982 1212

## **8. Car and Trailer Parking**

- 8.1. Due to the recent wet weather, arrangements are slightly different to normal. Please refer to the instructions published on the British Rowing website for full details.

## 9. Club & Region Gazebos

- 9.1. Regions and Clubs are encouraged to create their own rest areas by erecting gazebos on the grassy bank, but must follow the below requirements:
- There will be no marked “pitches”. Space is offered on a first-come-first-served basis. An indication of the space available is shown in the image below (pitches 1-25)
  - N.B. Due to the current ground conditions (2024) - ALL gazebos must be at the top of the bank rather than beside the lake.**
  - All tented structures must be securely fastened at all times, giving consideration to the prevailing weather conditions.
  - No responsibility can be accepted by the Organising Committee of the Junior Inter-Regional Regatta, British Rowing Limited, the National Water Sports Centre, Holme Pierrepont Leisure Trust or Serco for any loss, theft, damage, injury, accident etc.
  - Any tented structure is pitched entirely at your own risk.



## 10. T-shirts and Racing Kit

- 10.1. Team Managers (or a nominated representative) may collect t-shirts from the Event Organisers Cabin (at the bottom of the finish tower) between 16:00 and 18:00 on Friday 19 April or from the Regatta Marshals Cabin (in the boating area) from 07:30 on Saturday 20 April.
- 10.2. British Rowing Rule of Racing 7-2-5 does not apply to this Regatta.
- 10.3. Competitors may wear either the strip of the club that they are representing, or a uniform garment in their Team colour. Team t-shirts provided by the Regatta should, where possible, be on display.

## 11. Cancellation and Changes to Racing

- 11.1. Team managers, competitors, volunteers and spectators are reminded that safety is the Organising Committee's primary concern. In cases when the OC considers that the Regatta cannot be run safely, the OC may choose to take appropriate action, which may include (amongst other things) suspending racing, changing the timetable, shortening the course, cancelling specific events or cancelling the Regatta altogether. The OC will seek to make a decision as early as practicable based on the circumstances

in question and in the event of advance cancellation, the OC will aim to make and communicate this decision at least 24 hours in advance of the Regatta. Team managers, competitors, volunteers and spectators should take this into account when making plans for travel, accommodation etc.

- 11.2. Entry fees will not be refundable if it should become necessary, for any reason, to abandon the Regatta or any event on the day. It will be at the discretion of the Organising Committee if a partial refund is offered if the Regatta is cancelled prior to race day.
- 11.3. When it is not possible, for whatever reason, to complete the Regatta or any event, times from the heats may be used to determine medal winners, to declare the victores ludorum and award other prizes.
- 11.4. The Race Committee will monitor conditions throughout the Regatta and, if necessary, will adjust the draw patterns to create the fairest racing conditions.
- 11.5. It is the responsibility of each Team Manager and each Competitor to keep him/herself informed of any changes to the Regatta programme.

## **12. Photography**

- 12.1. The Regatta is working with *AllMarkOne* as official photographer. They will provide photographs of racing crews and medal ceremonies via their website.
- 12.2. Competitors and those responsible for them should be aware that other, non-official photographers and videographers might operate at national sporting events and the subsequent photographs may be freely used in print, digital media or elsewhere, over which the Organising Committee has no control.
- 12.3. Coaches and competitors agree that by entering crews they have made the crew members and their parents/guardians (where in loco parentis) aware of the above two paragraphs.

## **13. Welfare and Safeguarding**

- 13.1. The Event Welfare Officer is Laura Lion. Laura can be contacted using the mobile number 07766 885682
- 13.2. A full copy of the Event Welfare Policy is available on the JIRR website and via the Event Organisers Office.

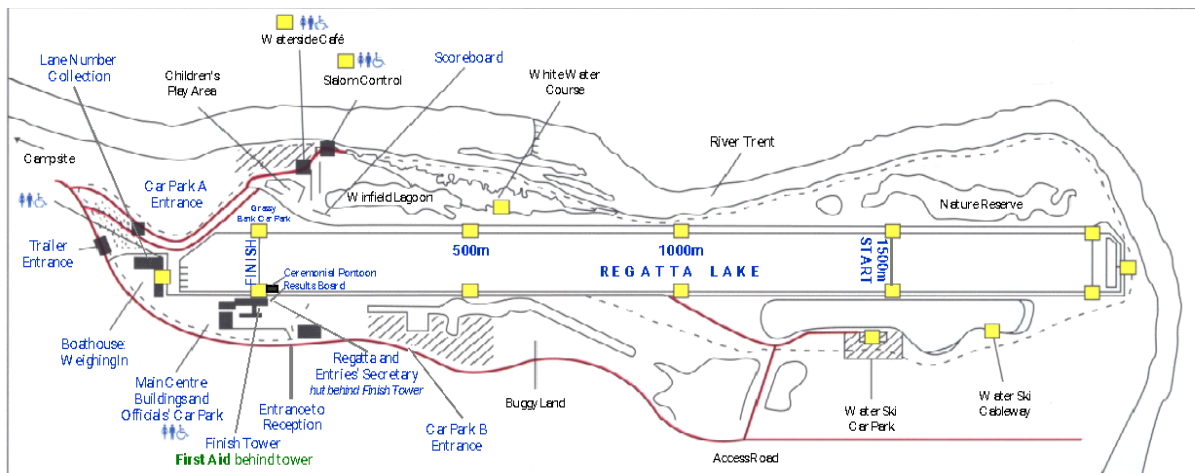
## **14. Clean Sport Statement**

- 14.1. The Junior Inter-Regional Regatta is committed to Clean Sport. All athletes, athlete support personnel and clubs are bound and must abide by the World Anti-Doping Agency Code. Athletes competing at the Regatta could be tested at any time, and by entering this competition it will be deemed that consent to be tested has been given.
- 14.2. To understand more about anti-doping, the rules and your responsibilities, go to <https://www.britishrowing.org/about-us/governance/anti-doping/> or email [antidoping@britishrowing.org](mailto:antidoping@britishrowing.org)

# 15. Results

- 15.1. Printed copies of results will not be produced.
- 15.2. Results will be available via the British Rowing website during the competition. QR codes for direct access to the results will be on display around the event site.

# 16. Key Locations



– ENDS