

GB Beach Sprint Team Key Dates and Team Selection Summary 2024

Taster/ Training Days

There are opportunities through the year for those who have not taken part in Beach Sprints before to try the format, and for those who have done Beach Sprints before to develop their skills further. Key contacts are as follows;

Scottish Beach Sprint Pathway – Iain Docwra – iain.docwra@scottish-rowing.org.uk

English Beach Sprint Pathway – Lucy Hart – lucy.hart@britishrowing.org

Welsh Beach Sprint Pathway – James Walker – james.walker@welshrowing.com or Will King – william.king@welshrowing.com

There are also a series of accredited GB Coastal Sculling Academies which can introduce people to the format and provide training opportunities – [GB Coastal Sculling Academies - British Rowing](#)

	Dates	Beach Sprint Events	Endurance Events	International Events
Regattas and Selection Trials	6-7 April		Jersey Coastal Regatta	
	13-14 April	Jersey Beach Sprint Regatta (St Hellier)	Coastal Rowing League (Mayflower)	
	20-21 April			International Beach Sprint Regatta (Limassol, Cyprus)
	27 April	GB Beach Sprint Selection Trial 1 (Bournemouth)	Coastal Rowing League (Coastal Barbarians)	
	28 April	English Beach Sprint Regatta (Bournemouth)		
	11-12 May	Welsh Senior Beach Sprint Championships (Fishguard)	Coastal Regatta (Fishguard)	
	18 May	Scottish Beach Sprint Championships (St Andrews)	Coastal Rowing League (Teign Scullers)	
	25 May		Coastal Rowing League (Torquay)	
	1-2 June		British Rowing Offshore Championships (Jersey)	
	15 June		Welsh Coastal Championships (Aberdyfi)	
	20-23 June			European Rowing Coastal and Beach Sprint Championships (Gdansk, Poland)
	3-4 August	GB Beach Sprint Selection Trial 2 – Senior (Tees/Redcar) GB Beach Sprint Selection Trial 2 – U19 (Colwyn Bay) Welsh Junior Beach Sprint Championships (Colwyn Bay)		
	10-11 August	British Rowing Beach Sprint Championships (St Andrews)		
	24-25 August		Coastal Rowing League (Dartmouth)	Irish Coastal Championships (Bantry, Kerry)
	31 August-1 September			International Beach Sprint Regatta (Rotterdam, Netherlands)
	6-8 September		Coastal Regatta (Scarborough)	World Rowing Coastal Championships and Beach Sprint Finals (Genoa, Italy)
	13-15 September		Coastal Rowing League (Carrick)	
	28 September		Coastal Rowing League (Exmouth)	Home International Beach Sprint Regatta (Bournemouth)
	12 October		Coastal Rowing League (Teign Scullers)	
	26 October		Coastal Rowing League (Torquay)	
	1-3 November			Coupe de la Jeunesse Beach Sprints (venue tbc)

GB Beach Sprint Teams

In 2024 the selection process for the GB Beach Sprint Teams will be divided into two streams.

Selection Opportunity 1;

Those senior rowers wishing to be considered for selection in the CM1x, CW1x or CMix2x, and those U19 rowers wishing to be considered for selection in the U19CM1x, U19W1x or U19Mix2x, must take part in **GB Beach Sprint Selection Trial 1** in Bournemouth on 27 April. In addition all rowers must race at a minimum of one of the following events – Jersey Beach Sprint Regatta, English Beach Sprint Regatta, Welsh Senior Beach Sprint Championships, Scottish Beach Sprint Championships.

From the above events six senior athletes (3 female and 3 male) will be selected to compete at the European Beach Sprint Championships and World Rowing Beach Sprint Finals. At each of those events four of those rowers (2 female and 2 male) will be selected to race in the CM1x, CW1x and CMix2x. The two rowers from that group of six not selected to race at each of those events will act as reserves and boat handlers for the event, and will be given the opportunity to race in the Endurance categories at those competitions.

In addition, from the above events four U19 rowers (2 female and 2 male) will be selected and will form the U19CM1x, U19 CW1x and U19CMix2x to race at the European Beach Sprint Championships and World Rowing Beach Sprint Finals.

Selection Opportunity 2;

Those senior rowers and coxes wishing to be considered for selection in the CMix4x+, must take part in **GB Beach Sprint Selection Trial 2 - Senior**, on the weekend of 3-4 August. From that trial four senior athletes (2 female and 2 male) and one cox will be selected to race the CMix4x+ at the World Rowing Beach Sprint Finals. In addition, those senior Para rowers wishing to be considered for selection in the PR3CMix2x must take part in **GB Beach Sprint Selection Trial 2 - Senior**, on the weekend of 3-4 August.

Those U19 rowers wishing to be considered for selection are required to race at the **Welsh Junior Beach Sprint Championships**, and attend **GB Beach Sprint Selection Trial 2 – U19** on 3-4 August. From that trial six U19 athletes (3 female and 3 male) will be selected to compete at the World Rowing Beach Sprint Finals. Four of those U19 rowers (2 female and 2 male) will be selected to race in the U19 CM2x and U19 CW2x, with the remaining two rowers (1 female and 1 male) selected as reserves/boat handlers for the World Finals. These six rowers will also be offered the opportunity to race at the Coupe de la Jeunesse Beach Sprints.

Home Nations Beach Sprint Teams

In addition to opportunities for GB Beach Sprint selection, there are also opportunities to row for Wales, England or Scotland at the Home International Beach Sprint Regatta in September. Each individual Home Nation has their own selection policy, which can be found at the following links;

Wales - [Rowing for Wales - Welsh Rowing](#)

England - [Home International Rowing Beach Sprints - British Rowing](#)

Scotland - [Rowing for Scotland - Scottish Rowing](#)

GB Coastal Endurance Teams

GB will also nominate crews to compete at the European and World Coastal Rowing Championships in the Endurance categories. Rowers who demonstrate they have future potential within the Beach Sprint format may be nominated to race as Great Britain in either the National Federation endurance events at the European Coastal Rowing Championships and/or race as Great Britain in one or more of the boat classes at the World Coastal Rowing Championships. This opportunity will be targeted in particular at individuals who are not already selected in one of the GB Beach Sprint crews, but who demonstrates future potential in the Beach Sprint format, which may be enhanced through the experience of competing in Endurance Coastal Sculling events. Opportunities may also be provided to Beach Sprint team members, including reserves, where it is felt using the endurance events to provide additional coastal racing experience would be beneficial.