

FAQ's from the Sense Making Sessions

1. How do coaches choose or get allocated to a cohort?

Coaches who are successful in gaining an interview will be asked to express a cohort preference. The panel will consider, based on the application and interview, which cohort will best meet the development needs of the coach. Where this differs to that of the coach, this will be discussed, with rationale explained and agreement reached.

2. How many people will be in each cohort?

There is funding allocated for 15-20 places per cohort. Places will be offered to coaches who successfully demonstrate through their application and at interview that they are motivated, curious and open to developing and challenging themselves.

3. How much will the fee be to take part?

The initiatives come with a dedicated development budget of up to £1,500 per participant, with additional funding available where appropriate. We ask participants to contribute £250 to this cost. If you require financial support, please get in touch to discuss. Email education@britishrowing.org.

4. Are there any options within a formal education element for sponsorship (if it's decided that you should move forward/develop in this way) of coaching qualifications?

For successful coaches, if sponsorship of more formal education was deemed appropriate for their development, then this would be explored with funding partners. However, this is not the primary purpose of the initiative.

5. What if we have no experience of coaching?

A desire and plan to coach in the sport are important. Places will be offered to coaches who successfully demonstrate through their application and at interview that they are motivated, curious and open to developing and challenging themselves.

6. How would the decision be made about whether or not someone is able to receive any help with funding?

This will be determined on an individual basis. If this is a barrier to you, then please let us know at any time in the application process.

7. How much time will I need to commit and will this be online or in person?

The 1-1 Coach Developer Support will be in place for a year and successful coaches will have 6 1-1 sessions with their coach developer. These could be at the venue you coach at

and on line. The most fruitful use of both your time will be agreed between you. There are also 6 workshops through the year and 6 Coaching Cafes (networking sessions). The content of these will be determined by your cohorts needs and wants and that will determine whether they are online or face to face. These initiatives aim to develop curious and reflective learners and therefore the remaining time commitment will be down to each coach in order to maximise what they get out of the year and how that is sustained once the year has concluded.

8. How long does the application have to be and do I need a reference?

We want to hear about you, your story in the way that works for you best. That may be a few paragraphs for some and longer for others. You can write that down, send us a voice note or a video. If a personal reference / recommendation adds value or context to your story, then please send that in.

9. Can I learn from others?

Yes you will be learning from and with others. From your coach developer, your cohort, the workshops and coaching cafes and any agreed location visits.

10. Would this program be able to fit around a full-time college course?

That is difficult to answer without knowing the capacity you have outside of the course. As this is a bespoke suite of opportunities, your coach developer will work with you to ensure this works around "life", but the time you can put into this will correlate to a degree with what you get out of it.

11. If you weren't available on the 18 Jan with it being a Thursday, would that rule you out from being selected?

No it wouldn't. The day will help shape the workshops and coaching cafes and be a great opportunity to meet your cohort, but if you were unable to attend then we would involve you in another way.

12. As a male coach, would I be taking a place away from a female coach if I successfully got at place on a cohort.

No you wouldn't. Apart from Cohort 2, which is female the other cohorts are open to anyone.