



Conditions of Entry

Notice of Competition

**British Rowing Indoor Championships
2023 (“BRIC”)**

TEAMWORK

OPEN TO ALL

COMMITMENT

BRITISH ROWING INDOOR CHAMPIONSHIPS (“BRIC”) 2023

9 DECEMBER 2023

TERMS AND CONDITIONS OF ENTRY

Definitions

British Rowing Indoor Championships (“BRIC”): This is an in-person competition open to all taking place on Saturday 9 of December 2023 at the National Exhibition Centre in Birmingham in association with the National Fitness Games Fit Fest 2023 event.

NFG X SID X ATHX: The Founders and organising bodies Strength in Depth, ATHX and National Fitness Games who will be hosting events in the same venue where the British Rowing Indoor championships will take place.

Race Card: A document sent to all competitors prior to the event that states their name, warm up time, weigh in time (if applicable) and race time.

Multi Person Discount: 10% off the cost of a group on application fees only. To qualify for the discount groups must be made up of ten or more people. The discount does not apply to relays and spectator tickets. Please email indoorchamps@britishrowing.org for more information.

General

1. By entering BRIC, a competitor agrees to be bound by all Terms and Conditions of Entry. Further rules may apply and will be published on the event website prior to the event.
2. By entering the event you are also agreeing to abide by the Articles of Association and the British Rowing Regulations. These can be found here: <https://www.britishrowing.org/about-us/policies-guidance>
3. By entering a group or relay team, the captain (person entering the group or team) is deemed to have signed the events waiver on behalf of all of the group or all four relay team members and will ensure they have read the Terms and Conditions of Entry.

4. Any reference to 'we', 'us' or 'our' refers to British Rowing Limited, a Company Limited by Guarantee registered in England number 1706271.

Racing

5. The British Rowing Indoor Championships, being a British Rowing competition, will follow the revised trans and non-binary competition eligibility policy which is effective from the 11 of September. The eligibility criteria can be found in full at <https://www.britishrowing.org/about-us/policies-guidance/>

Individual events will offered over 2,000m and 500m across categories for Open and Women's, further subdivided into:

- Under 23
- Open (open to anyone aged 18+)
- Lightweight
- Masters (aged 30+) age categories
- Junior

6. Adaptive and Para events are offered and will race over 2,000m, 4 minutes and 1 minute.

7. Further Junior categories offered will be as follows:

- Year 7: 2 minutes
- Year 8: 3 minutes
- Year 9: 4 minutes
- Year 10: 5 minutes
- Year 11: 6 minutes
- Sixth form: 2,000m

8. Team Relays will be available to enter and will consist of either:

- One round of 4km
- Or 8 minutes for juniors and Adaptives

Teams are to be made up of four people and the following relay categories will be offered;

- Junior Open/Women's/Mixed - Junior teams can be made up of a mix of juniors from Year 7 to Sixth Form.
- Open/Women's/Mixed - Adult teams can be made up of adults of any age / weight categories.
- Adaptive – Adaptive teams can be made up of any combination of adaptive athletes.

Note: A mixed team must be made up of two open and two females

9. It is expected that racing will be scheduled over the following order on the race day;

- Masters Individual 2km Events
- Junior/Adaptive Timed Individual Events
- Open/ U23 Individual 2km Events
- Adaptive Individual 2km Events
- Masters Individual 500m Events
- Junior Individual 500m Events
- Adaptive Individual Timed Events
- Open/U23 Individual 500m Events
- Relay

Note: We reserve the right to change the order of racing at any time.

Racing set-up at the British Rowing Indoor Championships

10. All racing events will be straight finals, i.e. each competitor will only row once. Due to entry numbers, some events may be spread over more than one heat. The times from all heats for a single event will be combined to give an overall ranking. We will attempt to seed the fastest competitors of each event to be in the last heat for each event. To enable this process, competitors are required to submit their expected finishing time or expected distance (Juniors Year 7 – 11) for each event when entering. Failure to provide this information will result in race allocation to low the lowest ranked heat for the registered event.

11. If a competitor misses their race for whatever reason, they may be able to race in a later race if a place is available but will not be eligible to win a medal.

12. If a competitor experiences technical difficulties during the event they may speak to a race official **no later than 30 minutes after the end of their race** with a submission of their evidence to prove their race result is in-correct. The Race Review Panel (RRP) will consider the best possible next step or outcome. The RRP's decision will be final.

13a. If there is a false start, the race system will display "False start" on the indoor rowing machine monitor and the race will be stopped. Competitors will need to put the handle down, wait for the flywheel to stop moving and wait until the start sequence will begin again.

13b. In the instance of one false start, the offender will be allowed another chance to start. If there is a second false start, the offender of this false start will be disqualified, even if they did not false start the first time. The Race Official overseeing each specific race will have the final decision on whether to disqualify a participant. This rule applies to all events at BRIC.

14. In the event of anomalies detected in race results, data might be reviewed to determine the outcome. Any decisions made by the Race Review Panel will be final.

Records

15. If a British or world record is completed while taking part in BRIC. This will be notified and announced LIVE on the day at the event by the commentary and media team. All results will be submitted to Concept2 after the event.

Other Race Information

16. No competitor will be allowed to change events on the day of racing. This includes lightweight competitors who do not make their weight (see point 41 onwards).

17. The racing schedule for each event will be uploaded onto the British Rowing event page after the closing date for entries. Any errors should be notified as soon as possible before the race day (see point 25 and 26).

18. Concept2 Indoor Rowers will be used for racing. Competitors may use the resistance level of their choice, but this cannot be changed during the race.

19. This event is committed to clean sport. All competitor athlete support personnel and clubs are bound by, and must abide by the World Anti-Doping Agency Code.

20. Competitors competing at this indoor rowing event may be tested at any time and by entering this competition it is deemed that consent to be tested has been given.

To understand more about anti-doping, the rules and your responsibilities, please visit <https://www.britishrowing.org/knowledge/cleansport/> or email cleansport@britishrowing.org with any questions.

Entries

21. Both events are open to all with no qualification requirements. This is with the exception of adaptive competitors (see point 45).

22. Entries must be made through Active Network via the official British Rowing Indoor Champs webpage.

23. Competitors from outside the United Kingdom may enter.

24. Individual entries to both events will close online at 12:00 (noon) on Tuesday 28th of November 2023. No entries will be accepted after this time.

25. It is the competitor's responsibility to ensure all entry details are correct, including checking the entry on the British Rowing website . If an error is notified to us prior to entries closing, all reasonable efforts will be made by us to rectify this error, however this is not guaranteed. If an error is discovered on race day that renders the competitor ineligible to row in the category in which they had been entered that competitor will not be able to race.

26. If an error is made during the entry process that is our fault then we will make all reasonable efforts to rectify this error wherever possible.

27. All details specified on the entry form are required for a valid entry. To avoid any disappointment, and in order to allow us to clarify any entry details, please ensure you include a mobile contact number. Incomplete entries will not be accepted as a valid entry.

28. All competitors must print and bring their Race Card to enter the venue on the day of the event. Entry will not be possible without this. For the avoidance of doubt, a copy on a phone or iPad or other electronic device is not acceptable.

29. Groups must appoint one of their team members as the group representative to deal with all group-related communication and organisation on the event day.

30. Entry fees for both events are non-refundable after the closing date. Withdrawals before the closing date will receive a 75% refund.

31. Any changes made to group bookings once received by us will incur a £10 administration fee. This will be applied at our discretion.

32. We reserve the right to limit the size of entry into any given event.

33. Our decision in all matters relating to the event is final. No correspondence will be entered into.

Junior Rowers

34. All junior competitors must be between the age of 11 and 18 as of 01/09/2023

35. Further age banding is as follows:

School Year 7 = under 12 on 01/09/2023

School Year 8 = under 13 on 01/09/2023

School Year 9 = under 14 on 01/09/2023

School Year 10 = under 15 on 01/09/2023

School Year 11 = under 16 on 01/09/2023

Sixth Form = under 18 on 01/09/2023

36. All junior competitors must have an adult with supervisory responsibility in charge of them at all times while competing both at the in-person venue. This may be a coach, parent or carer.

37. All junior competitors entered as an individual for the in-person event will be given up to one extra spectator ticket to allow access for the adults with supervisory responsibility to all areas of the venue, excluding the race floor.

38. All groups which have junior competitors in the in-person event will be given up to two extra spectator tickets per five junior competitors for the adults with supervisory responsibility to access all areas of the venue, excluding the race floor.

Note: A spectator ticket discount code will be sent after close of entry to the above individuals prior to the event with instructions on how to access your spectator ticket. This will need to be registered for by the venue organisers, NFG X SID X ATHX website.

Masters Rowers

39. A competitor's age is the age of the competitor on the event day.

40. The Masters events will have the following age categories; 30-39, 40-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

Lightweight Rowers

41. Lightweight events will be offered in the Under 23, Open and Masters Events only. Any competitors under the age of 18 may not enter lightweight events.

42. The Lightweight limit is not more than 75 kg for men and not more than 61.5 kg for women.

43. Lightweight competitors for the in-person event will be weighed at the lightweight weigh-in, no less than one hour and not more than two hours before their event.

44. Lightweight competitors who do not make their weight at either event will be able to race. Their time, however, will be listed at the bottom of the event they entered, and they will not be placed. Their time may be included in the Concept2 Ranking, as a heavyweight time.

Adaptive Rowers

45. All competitors with a physical, visual or learning impairment entering the Adaptive events must go through the appropriate process for their impairment prior to entries closing at 12:00 (noon) on Tuesday 28 November 2023

46. In order to enter, adaptive competitors must follow one of two processes.

- I. Register their interest by emailing classification@britishrowing.org and receive information on either the times and locations of classification opportunities for physical impairment classification, or the process required for visual and learning impairment classification.
 - a. The physical impairment (PI) classification process will be performed by two classifiers, one medical and one technical. The competitor will be required to complete a British Rowing Adaptive Rower Consent Form together with a Declaration of Medical Conditions that may require Emergency Procedures. A signed letter or documentation from a medical doctor will be required providing a clear medical diagnosis.
 - b. The classifiers will assess the competitor's functional ability through a medical evaluation and a technical evaluation on a rowing machine and/or water.
 - c. At the end of classification the competitor will be given one of three outcomes;
 - 1) Awarded a Para Class (PR1, PR2, PR3-PI, PR3-VI)
 - 2) Allocated an Adaptive Class (AR1, AR2, AR3-PI, AR3-LI)
 - 3) Allocated an Indoor Adaptive Rowing Class (IAR1-6)
 - 4) Ineligible for either a Para, Adaptive and Indoor Adaptive Class as they do not meet the minimum criteria.
2. Submit a self-declaration form to be eligible to enter the Adaptive Open category
 - a) The Adaptive Open category is only for competitors who would like to compete in an Adaptive event but are not eligible for either a Para Class or Adaptive Class. To enter this category and fill out a Self-Declaration form please contact classification@britishrowing.org

Photography / Videography / Live Streaming

47. There will be official photographers and videographers at the British Rowing Indoor Championships event. These photographs and videos may be used on British Rowing websites and social media channels including streamed live on the event day or shared with the media, press and British Rowing Partners. By entering, the competitors and those responsible for them consent to this.

48. If for whatever reason you, or your child, or an adult at risk, cannot be photographed during the event, you must inform British Rowing prior to the event by emailing welfare@britishrowing.org and British Rowing will make every effort to take any necessary action.

49. It is the responsibility of the parents, carers, or guardians to inform the event organisers if they do not want their child being photographed at the in-person event, or if their child cannot be photographed for safety or security reasons. If this is the case, the event organiser will work with the parents/carers/guardians and the photographers/videographers to ensure that the child will not appear in any photographs or videos from the event under British Rowing control. Any use of photography, video and live images involving juniors or adults-at-risk will be in accordance with the British Rowing 5.1 Photography and Use of Imagery Policy and Online Safety and Social Media Policy which is accessible here: <https://www.britishrowing.org/wp-content/uploads/2021/09/Online-Safety-2020-October-Clean-2021.pdf>

and

Safeguarding Handbook 4 - Safety in the Digital World:

<https://www.britishrowing.org/wp-content/uploads/2021/09/British-Rowing-Safeguarding-Handbook-4-Safety-in-the-digital-world-Covid-guidance-template.pdf>

50. Competitors and those responsible for them should be aware that other, non-official photographers or videographers may operate at both events, and the subsequent photographs or videos may be freely used in print, digital media or elsewhere, over which the British Rowing has no control.

51. Coaches, responsible adults and competitors agree that by entering competitors they have made the competitors and their parents/guardians aware of the above three paragraphs and British Rowing's guidance documents concerning [Photography and Use of Imagery](#) (see section 1).

52. Competitors agree that, by entering either competition, their names may be publicly displayed on the event competitor t-shirts and may be used in print, digital media or elsewhere.

Safeguarding

53. The Organising Committee of the indoor rowing event recognise their duty of care to ensure that all reasonable steps are taken to provide a safe environment for all those involved in the event, whatever their capacity.

54. Please take a moment to read the [British Rowing Welfare Policy Statement](#). Please also take a moment to read the British Rowing Safeguarding Handbooks and British Rowing's Safeguarding Policy, so you can ensure you know all of your rights and responsibilities regarding safeguarding. These can be found [here](#).

55. If at any time during either event, you see or experience something that is concerning to you, or makes you feel unsafe, you should speak to the Event Welfare Officer in the first instance. For any immediate concerns please talk to an NFG event official on site who will help get you in touch with the official Event Welfare Officer. You can also raise concerns directly with British Rowing by completing the safeguarding reporting form on the website using this link <https://www.britishrowing.org/reporting-a-concern/>

Spectators

56. The venue organisers, NFG X SID X ATHX will sell all spectator tickets for this event separately to the BRIC entry system. Anyone wishing to attend BRIC will need to buy a spectator ticket separately and as indicated on the BRIC event webpage. NFG X SID X ATHX reserves the right to limit the number of spectators in the in-person venue at any one time.

Data

57. You hereby give permission to British Rowing, their partners, their representatives, employees, stakeholders and agents to take photographs, publicly display the name and race data of you or the competitor you are entering during the event. In addition, you give permission to the said entities for data to be collated, analysed and for the results of that analysis to be publicly displayed – whether that is data relating to you or the competitor you are entering. In signing the Conditions of Entry Waiver, you release any claim to such photographs, video footage and race data and agree that it may be used by British Rowing for promotional purposes and analysis, on the event day or in the future. More information can be found here:

<https://www.britishrowing.org/about-us/policies-guidance/privacy-policy-and-cookies-policy/>.

Important Medical Recommendation

58. If, on each race day, you feel unwell, have recently been suffering from a virus or are on medication for acute illness, we recommend that you do not race. Indoor rowing racing requires maximal effort and we take no responsibility for illness or injury caused as a consequence. If you have any doubts you should seek medical advice prior to racing.

All Attendees to these indoor events agree to abide by all government & British Rowing Covid-19 Guidance in place at the time of the competition.

Waiver

59. Entry into this indoor event confirms that you understand that participation in the event involves risks of bodily injury, including stroke, paralysis, heart attack and death, as well as loss or damage to property. Your decision to participate or to enter a junior participant in the event is made by you in full recognition of these risks and is entirely voluntary. You understand that all junior participants must be entered and accompanied by a responsible adult at all times during the competition. In consideration of your acceptance of the entry form, you agree that you, your executors and administrators assign to hold harmless British Rowing Ltd.

British Rowing's partners, their respective directors, officers, employees, representatives, agent successors and assigns from all ability on account of injury, loss, claim, or damage to your health, wellbeing or property on account of your participation in the event.

Jurisdiction

60. These Terms and Conditions of Entry are governed by and construed in accordance with the laws of England and Wales and any disputes arising under them shall be subject to the exclusive jurisdiction of the courts of England and Wales.