



2024 GB ROWING TEAM PARALYMPIC & SENIOR SELECTION TRIALS NOTICE

Please find below key information for athletes wishing to trial for GB selection in 2024. This will apply to all International Regattas that British Rowing may select a team for in the run up to the following events:

- **Paralympic Games**, Paris, FRA (Event: 30 Aug – 1 Sep 2024)
- **World Rowing Championships**, St Catherines, CAN (Event: 18 – 25 Aug 2024)
- **European Rowing Championships**, Szeged, HUN (Event: 25 – 28 Apr 2024)

Please note that outside of Paralympic Selection in 2024, Senior candidates will be considered for the following events:

- **World Rowing Cup I**, Varese, ITA (Event: 12 – 14 Apr 2024)
- **World Rowing Cup III**, Poznan, POL (Event: 14 – 16 Jun 2024)

REGISTRATION & TRIAL ENTRIES

Paralympic Games

All athletes and coxes wishing to be considered for Paralympic Selection in 2024 were required to register their interest by completing and submitting a Registration Form no later than Sunday 16 April 2023. Late entries to the process may be accepted at the sole discretion of the relevant Olympic Selection Panel where there is an exceptional circumstance for an athlete who will make a demonstrable difference to the trialling process.

Seniors

Athletes and coxes must register for the Season unless they have already submitted a Paralympic Registration.

Coaches will also be required to register for the Season.

Links will be published on the British Rowing website and will be open **Mon 25 Sep – Sun 22 Oct 2023**.

An entry for the GBRT Open Trial in November will be sent once registration is received and entries are opened (**Thu 12 to Thu 26 Oct 2023**).

ADDITIONAL COX REQUIREMENTS

All Coxes will be required to be registered alongside the athletes and attend open trials where they will be weighed and assigned an event role.

Any cox who registered for Paralympic Selection but does not take part in the 2023 World Rowing Championships will be required to submit a coxing CV, two recordings of their coxing (each a maximum of 4mins - one work/race outing, one technical outing) and a short written summary to give context to the technical and coxing focus at the time of each recording. Applications should be submitted to gbrt.trials@britishrowing.org by 16 Oct 2023.

SELECTION TRIALS PROCESS DATES

Further information on the Paralympic Selection Trials process was contained within the GBRT 2024 Paralympic Selection Policy and Process document published in Mar 2023. In summary, athletes seeking Paralympic Selection will be required to attend the GBRT Open Trial in November 2023. Any further testing or trialling requirements will be by invitation and by 31 January 2024 the Head Coach - Paralympic will communicate the testing strategy for the formation of crews between 1 Feb and 19 Apr 2024.

Given the likely crossover of candidates trialling for the Paralympic Games and those who may ultimately form crews for the 2024 World Rowing Championships, further testing for World Championship candidates will also be made available by 31 January 2024.

The **provisional** dates of the Selection Trials Process through to December 2024 are as follows:

EVENT	DATE	LOCATION	CATEGORY	ATTENDANCE
GBRT Open Trial	Sat 11 Nov 2023	Caversham	2k Water Time Trial	Compulsory for All
5k Ergo Submission	Sat 18 Nov 2023	Caversham or Club-Based	5k Ergo Test	Compulsory for All
2k Ergo Submission	Sat 9th Dec 2023	Caversham or Club-Based	2k Ergo Test	Compulsory for All
GBRT Trial & Testing	Sat 16/17 Dec 23	Caversham	4k Water Time Trial/Crew Testing	By Invitation



EXEMPTIONS

If an athlete cannot participate in a trial or other test for either medical or other reasons they must follow the correct Exemption Request procedure which will be detailed on the Trials Site. Failure to comply is likely to result in an athlete becoming ineligible for selection. The Director of Performance and Head Coach are not obliged to delay the selection process or give special consideration as a consequence of any exemption.

The Exemption Request Form must be submitted before the start time of the first race of the specific trial, or by 17:00 on the due date for submission of an ergo test result.