

2023 British Rowing Offshore Championships



Safety Plan

Version correct as of 27 July 2023

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Event overview

Event format

The British Rowing Offshore Championships will take place on Friday 28th and Saturday 29th July 2023 at Queen's Dr, Exmouth EX8 2AZ

All races will be in FISA Class Coastal boats and follow the British Rowing's Rules of Racing and the associated Offshore Departures. Heats will be over 4km and finals over 6km and will use beach start and a deep water finish. Races will have between 3 and 10 crews racing in each race and there will be up to 3 races on the course at any one time starting in three waves.

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Heats / Finals 4km Race course - Beach Start



The placement of the turning points will be in approximate positions of coordinates – please use common sense and visual identification in navigating the course

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Finals 6km Race course (Beach Start)



The placement of the turning points will be in approximate positions of coordinates – please use common sense and visual identification in navigating the course

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Alternative actions in the event of inclement weather

In the case of inclement weather, the options could include the below:

- Delay racing.
- Start racing earlier.
- Race all races on day 1.
- Award medals based on preliminary results/Timetrials.
- Race all races on 4km

The final decision will be undertaken by the Race Management Group (RMG) and communicated to all as soon as possible thereafter.

The following Open (O) and Women's (W) and mixed (Mx) events are offered in FISA Class coastal boats:

Event	Open	Women	Mixed
Solo	CO1x	CO1x	
Double Sculls	CO2x	CO2x	CMx2x
Coxed Quads Sculls	CO4x+ COMas4x+	CW4x+ CWMas4x+	COMx Abil 4x+ CMx 4x+ CMxMas4x+

All competitors (including coxwains) must be over 15 on the 1 September 2022.

Craft allowed

Only craft meeting the FISA coastal design regulations are eligible to race. The FISA Class Coastal boats, referred to in the UK as 'offshore' to distinguish the design from the UK south coast rowing boats.

These rowing boats are much wider and more robust than 'fine' racing boats and UK coastal craft, with the shape and designed specifically for dealing with waves and manoeuvrability in rougher water. The design greatly reduces the likelihood of capsizing or sinking.

All racing craft will be inspected prior to racing

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General Safety provisions

All crews are expected to adhere to the British Rowing Rules of Racing and associated offshore departures, RowSafe, and COLREGs. All crews must:

- Be aware of how to safely unload boats using spotters for hazards
- Attend the Crew Captains Briefing
- Assess the experience of the crew and their ability to cope with the conditions
- Sign out before they go afloat
- Carry the minimum safety equipment required onboard (tow-line and life jackets for each crew member)
- Follow the instructions of the marshals and umpires
- Sign in when they come ashore

There may be times when crews need to navigate with other water users, it is expected that crews will follow the relevant COLREGs and local navigation rules.

It is not permitted to warm up or cool down on the water during racing, or row in the dark.

The Event Organisers shall:

- Ensure that access routes for emergency services are clearly marked and checked at regular intervals
- Ensure that the buoy turns are put out and retrieved safely
- Conduct boat inspections prior to boats going afloat
- Conduct a site inspection periodically, including toilet's hygiene and check for hazards such as tripping hazards from wires.
- Ensure there is a meeting place for missing children that is well publicised
- Ensure that drinking water is available.

Safety Boats

Safety boat drivers will be qualified to at least RYA Level 2 Powerboat with experience of driving at sea and aware of how to pull people from the water. All Safety Boats shall carry GPS or compass and charts, programmed with the locations of the turning points (as shown above).

All support craft will adhere to the local maritime rules of not exceeding 10 knots within the Harbour, unless there is an emergency situation. (see diagram below for harbour limit)

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During Racing

Each race will have a Race Umpire and an assistant Umpire (in a Rib) whose responsibility is the safety and fairness of the race. At any one time, there will be up to 3 races, 3 Race Umpires and 3 assistant Umpires on the water following those races

If several of the safety boats are assisting casualties, the RMG (Race Management Group) shall reassess the risk to the event as whole, abandon the event and evacuate the course.

There will be a total of 4 support craft all occupants of which will wear a life-jacket / buoyancy aid.

During Training

There is no scheduled training times. Crews training are responsible for their own safety in line with their club's own rules.

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Safety on the Beach

Boat zones and spectator spaces shall be clearly marked out on beach using crowd barriers, tape and signage to mark out areas. Marshals will be present to alert spectators that move too close to potential areas of risk.

Coordination and Communication

The Race Committee Chair and Event Safety Adviser will be situated on the beach, contactable from Radio Control which is located close to the finish line. Radio control will monitor all VHF and coordinate race UHF traffic.

The Race Management Group (Race Committee Chair, Safety Advisor, Course Manager and Timing) will act as coordination point for any incident on the water.

Whilst the Race Committee Chair or the Safety Adviser will coordinate actions as far as possible, all safety crews will take actions under their own initiative as a first response. Radio Control should also be informed as to any incident.

During racing, the Race Committee Chair will be on the beach, and available on UHF radio, VHF radio and mobile phone (for non-emergency and confidential matters). Prior to the first race of the day the Race Committee Chair will make a course inspection.

A full schedule of available communications, including mobile phone numbers for all concerned, will be included in the Safety Plan.

Communications Manager for British Rowing will coordinate any external communications on behalf of British Rowing throughout the event.

Information

The following information will be displayed on notice boards

- The circulation patterns for:
 - 4km Race
 - 6km race
 - Finish Traffic pattern
- Race schedule
- Draw

Please see also the supporting documents:

- Risk Assessment
- Emergency Plan
- Briefing for Captains and Officials
- Information for Participants and Officials Prior to the Event

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Record of participating boats

All rowing craft have boat identification numbers on the bows of the boat.

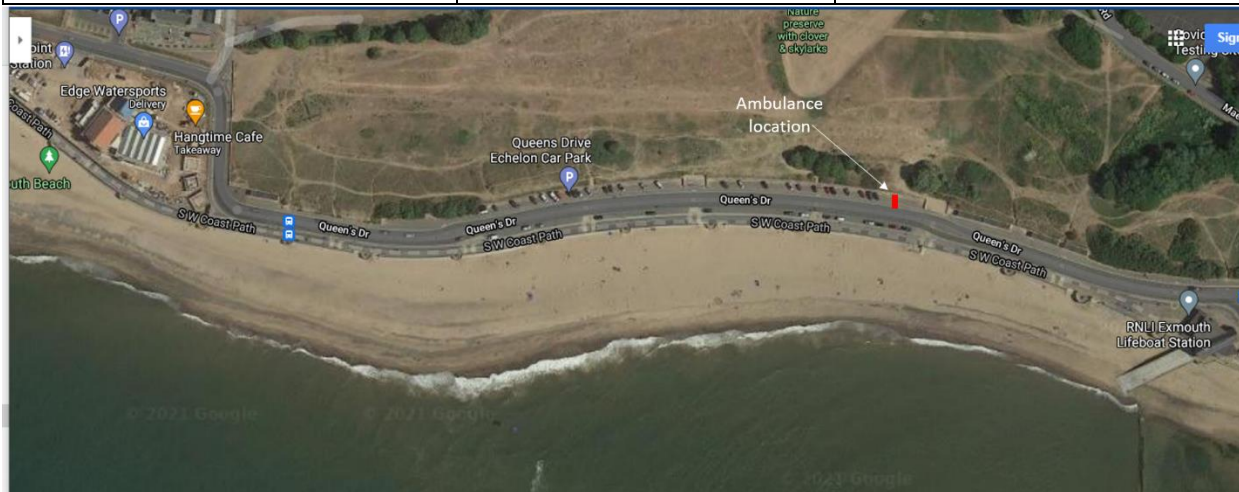
During training and racing all Crew Captains will sign in and out with Control Commission as they go onto the water and as they return. Race Umpires and race officials shall have event start list and be notified live of any withdrawals.

During the race, Race Control will monitor the number of crews in each race. Officials will record crews passing specified turning points and update Race Control on numbers as each race passes.

Casualty recovery locations

The medical facilities (Ambulance) will be situated in the bay opposite the race beach

Name	Postcode	Contact
Devon EMS	Devon EMS Ambulance and First Aid Service, 4 Orkney Close, TORQUAY Devon TQ2 7DS	01803 315251 [24 hour Answerphone Service] On Call Duty Officer 07779774983



If evacuation to hospital is necessary, the onsite Ambulance will transfer to Royal Devon and Exeter Hospital (Wonford), Barrack Road, Exeter, EX2 5DW. T: 01392 411611

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Tide Times / Sunrise & Sunset Times

All times below are shown in local British Summer Time

28 th July		29 th July		30 th July	
HW 01:13	3.06m	HW 02:29	2.96m	HW 03:52	3.03m
LW 07:24	1.11m	LW 08:39	1.14m	LW 09:56	1.05m
HW 13:56	3.03m	HW 15:13	3.10m	HW 16:28	3.29m
LW 20:04	1.22m	LW 21:26	1.13m	LW 22:40	0.90m

	28 th July	29 th July	30 th July
Sunrise	05:34	05:35	05:37
Sunset	21:04	21:03	21:01

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Race Timetable (Provisional)

This programme is subject to change before and during the Regatta.

Friday, 28th July 2023

Race	Time	Distance	Event	Round	Crews	Progression
	10:00	<i>On Beach</i>	<i>Captains briefing</i>			
1	11:00	4 Km	CO 1x	Elim 1	9	1st 4 to Final
2	11:05	4 Km	CW 1x	Elim 1	8	1st 4 to Final
3	12:00	4 Km	CO 1x	Elim 2	8	1st 4 to Final
4	12:05	4 Km	CW 1x	Elim 2	8	1st 4 to Final
5	12:10	4 Km	CMx Abil 4x+	Final	3	
6	13:00	6 Km	CO 2x	Final	8	
7	13:05	6 Km	CW 4x+	Final	7	
8	14:00	6 Km	CMx 2x	Final	9	
9	15:00	6 Km	CMx 4x+	Final	4	
10	16:00	6 Km	CWMas 4x+	Final	3	

Saturday, 29th July 2023

Race	Time	Distance	Event	Round	Crews	Progression
	08:00	<i>On Beach</i>	<i>Captains briefing</i>			
11	09:00	6 Km	CMxMas 4x+	Final	3	
12	10:00	6 Km	CO 1x	Final	8	
13	10:05	6 Km	CW 2x	Final	9	
14	11:00	6 Km	CW 1x	Final	8	
15	11:05	6 Km	CO 4x+	Final	4	
16	12:00	6 Km	COMas 4x+	Final	3	