

2023 Junior Inter-Regional Regatta

J15 1x

Junior 15 Single Sculls



Heats—Official Results

Race 3 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	2	6	4	5	3	1
Team Code	NWT	TSE	ESN	WSX	WMI	TLN
Team Name	North West	Thames Sth East	Eastern	Wessex	West Midlands	Thames London
Finish Time	6:15.93	6:20.93	6:25.03	6:27.13	6:28.25	6:48.07
Time Difference	-	00:05.00	00:09.10	00:11.20	00:12.32	00:32.14

Race 4 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	6	2	4	1	5	3
Team Code	WAG	WSN	NRN	TUP	EMI	YRK
Team Name	WAGS & Wales	West	Northern	Thames Upriver	East Midlands	Yorkshire
Finish Time	6:05.78	6:16.18	6:22.80	6:57.16	7:13.30	7:13.32
Time Difference	-	00:10.40	00:17.02	00:51.38	01:07.52	01:07.54

Finals—Lane Draw

Race 57 Final B Time: 14:21 Points (6 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	EMI	TLN	WSX	WMI	TUP	YRK
Team Name	East Midlands	Thames London	Wessex	West Midlands	Thames Upriver	Yorkshire

Race 58 Final A Time: 14:25 #REF!

Lane	1	2	3	4	5	6
Team Code	NRN	WSN	WAG	NWT	TSE	ESN
Team Name	Northern	West	WAGS & Wales	North West	Thames Sth East	Eastern

2023 Junior Inter-Regional Regatta

J16 1x

Junior 16 Single Sculls



Heats—Official Results

Race 7 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	1	5	3	6	2	4
Team Code	WMI	EMI	NWT	WSX	TUP	WSN
Team Name	West Midlands	East Midlands	North West	Wessex	Thames Upriver	West
Finish Time	6:23.03	6:28.59	6:33.66	6:43.51	6:45.14	6:54.11
Time Difference	-	00:05.56	00:10.63	00:20.48	00:22.11	00:31.08

Race 8 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	1	2	5	6	3	4
Team Code	TSE	NRN	WAG	ESN	TLN	YRK
Team Name	Thames Sth East	Northern	WAGS & Wales	Eastern	Thames London	Yorkshire
Finish Time	6:19.20	6:30.66	6:32.71	6:33.70	6:43.21	6:58.43
Time Difference	-	00:11.46	00:13.51	00:14.50	00:24.01	00:39.23

Finals—Lane Draw

Race 61 Final B Time: 14:39 Points (6 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	WSN	WSX	ESN	TLN	TUP	YRK
Team Name	West	Wessex	Eastern	Thames London	Thames Upriver	Yorkshire

Race 62 Final A Time: 14:43 Medals for fastest 3, points (12 to 7) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	WAG	EMI	TSE	WMI	NRN	NWT
Team Name	WAGS & Wales	East Midlands	Thames Sth East	West Midlands	Northern	North West

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WJ16 1x Women's Junior 16 Single Sculls



Heats—Official Results

Race 5 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	4	6	3	1	5	0
Team Code	EMI	NWT	TUP	ESN	WSN	
Team Name	East Midlands	North West	Thames Upriver	Eastern	West	
Finish Time	7:05.61	7:14.94	7:14.99	7:20.35	7:40.97	
Time Difference	-	00:09.33	00:09.38	00:14.74	00:35.36	

Race 6 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	2	6	4	5	3	1
Team Code	TLN	WMI	YRK	WAG	WSX	TSE
Team Name	Thames London	West Midlands	Yorkshire	WAGS & Wales	Wessex	Thames Sth East
Finish Time	6:55.84	6:56.89	6:58.40	6:59.27	7:31.74	8:09.04
Time Difference	-	00:01.05	00:02.56	00:03.43	00:35.90	01:13.20

Finals—Lane Draw

Race 59 Final B Time: 14:30 Medals for fastest 3, points (12 to 7) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	TSE	WSX	TUP	ESN	WSN	
Team Name	Thames Sth East	Wessex	Thames Upriver	Eastern	West	

Race 60 Final A Time: 14:34 Medals for fastest 3, points (12 to 7) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	EMI	YRK	TLN	WMI	WAG	NWT
Team Name	East Midlands	Yorkshire	Thames London	West Midlands	WAGS & Wales	North West

2023 Junior Inter-Regional Regatta

WJ15 1x Women's Junior 15 Single Sculls



Heats—Official Results

Race 9 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	3	1	2	6	5	4
Team Code	WMI	NRN	WSN	WAG	TLN	WSX
Team Name	West Midlands	Northern	West	WAGS & Wales	Thames London	Wessex
Finish Time	7:19.11	7:32.76	7:34.51	7:40.72	7:45.76	8:23.37
Time Difference	-	00:13.65	00:15.40	00:21.61	00:26.65	01:04.26

Race 10 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	5	2	1	6	4	3
Team Code	ESN	TUP	YRK	TSE	EMI	NWT
Team Name	Eastern	Thames Upriver	Yorkshire	Thames Sth East	East Midlands	North West
Finish Time	7:09.11	7:19.15	7:21.62	7:27.05	7:29.87	7:31.31
Time Difference	-	00:10.04	00:12.51	00:17.94	00:20.76	00:22.20

Finals—Lane Draw

Race 63 Final B Time: 14:48 Points (6 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	TLN	WSN	NWT	NRN	WAG	WSX
Team Name	Thames London	West	North West	Northern	WAGS & Wales	Wessex

Race 64 Final A Time: 14:52 Medals for fastest 3, points (12 to 7) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	TSE	TUP	ESN	WMI	YRK	EMI
Team Name	Thames Sth East	Thames Upriver	Eastern	West Midlands	Yorkshire	East Midlands

2023 Junior Inter-Regional Regatta

WJ14 1x Women's Junior 14 Single Sculls



Heats—Official Results

	Race 11 Heat 1			Fastest 6 from two heats to Final A, remainder to Final B		
Position	1st	2nd	3rd	4th	5th	6th
Lane	1	6	5	3	4	2
Team Code	NRN	TUP	EMI	TLN	YRK	TSE
Team Name	Northern	Thames Upriver	East Midlands	Thames London	Yorkshire	Thames Sth East
Finish Time	7:16.09	7:38.22	7:38.65	7:48.27	7:53.37	8:59.41
Time Difference	-	00:22.13	00:22.56	00:32.18	00:37.28	01:43.32

	Race 12 Heat 2			Fastest 6 from two heats to Final A, remainder to Final B		
Position	1st	2nd	3rd	4th	5th	6th
Lane	2	6	5	1	4	3
Team Code	WMI	NWT	ESN	WSN	WAG	WSX
Team Name	West Midlands	North West	Eastern	West	WAGS & Wales	Wessex
Finish Time	7:31.49	7:41.48	7:44.51	7:44.69	7:47.03	9:19.78
Time Difference	-	00:09.99	00:13.02	00:13.20	00:15.54	01:48.29

Finals—Lane Draw

	Race 65 Final B Time: 14:57			Points (6 to 1) for all finishing crews		
Lane	1	2	3	4	5	6
Team Code	TSE	TLN	WSN	WAG	YRK	WSX
Team Name	Thames Sth East	Thames London	West	WAGS & Wales	Yorkshire	Wessex

	Race 66 Final A Time: 15:01			Medals for fastest 3, points (12 to 7) for all finishing crews		
Lane	1	2	3	4	5	6
Team Code	NWT	TUP	NRN	WMI	EMI	ESN
Team Name	North West	Thames Upriver	Northern	West Midlands	East Midlands	Eastern

2023 Junior Inter-Regional Regatta

J14 1x

Junior 14 Single Sculls



Heats—Official Results

Race 13 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	4	6	3	2	5	1
Team Code	WSN	WAG	WSX	YRK	ESN	TLN
Team Name	West	WAGS & Wales	Wessex	Yorkshire	Eastern	Thames London
Finish Time	6:55.42	7:15.27	7:20.38	7:32.40	7:51.73	8:13.82
Time Difference	-	00:19.85	00:24.96	00:36.98	00:56.31	01:18.40

Race 14 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	4	1	2	6	3	5
Team Code	TUP	NRN	TSE	WMI	NWT	EMI
Team Name	Thames Upriver	Northern	Thames Sth East	West Midlands	North West	East Midlands
Finish Time	6:55.25	7:00.19	7:22.63	7:30.51	7:35.87	7:41.08
Time Difference	-	00:04.94	00:27.38	00:35.26	00:40.62	00:45.83

Finals—Lane Draw

Race 67 Final B Time: 15:06 Points (6 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	ESN	NWT	WMI	YRK	EMI	TLN
Team Name	Eastern	North West	West Midlands	Yorkshire	East Midlands	Thames London

Race 68 Final A Time: 15:10 Medals for fastest 3, points (12 to 7) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	WSX	NRN	TUP	WSN	WAG	TSE
Team Name	Wessex	Northern	Thames Upriver	West	WAGS & Wales	Thames Sth East

2023 Junior Inter-Regional Regatta

J16 2x

Junior 16 Double Sculls



Heats—Official Results

Race 17 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	6	3	5	1	4	2
Team Code	NWT	WMI	WAG	TUP	TSE	ESN
Team Name	North West	West Midlands	WAGS & Wales	Thames Upriver	Thames Sth East	Eastern
Finish Time	5:57.33	5:57.45	6:00.56	6:03.06	6:04.16	6:10.00
Time Difference	-	00:00.12	00:03.23	00:05.73	00:06.83	00:12.67

Race 18 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	4	3	6	5	1	2
Team Code	TLN	NRN	WSX	EMI	YRK	WSN
Team Name	Thames London	Northern	Wessex	East Midlands	Yorkshire	West
Finish Time	5:55.85	6:02.10	6:08.25	6:12.13	6:23.69	6:27.64
Time Difference	-	00:06.25	00:12.40	00:16.28	00:27.84	00:31.79

Finals—Lane Draw

Race 71 Final B Time: 15:24 Points (6 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	YRK	ESN	TSE	WSX	EMI	WSN
Team Name	Yorkshire	Eastern	Thames Sth East	Wessex	East Midlands	West

Race 72 Final A Time: 15:28 Medals for fastest 3, points (12 to 7) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	NRN	WMI	TLN	NWT	WAG	TUP
Team Name	Northern	West Midlands	Thames London	North West	WAGS & Wales	Thames Upriver

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W J16 2x Women's Junior 16 Double Sculls



Heats—Official Results

	Race 15 Heat 1			Fastest 6 from two heats to Final A, remainder to Final B		
Position	1st	2nd	3rd	4th	5th	6th
Lane	1	3	4	6	2	5
Team Code	TUP	NWT	EMI	WAG	ESN	YRK
Team Name	Thames Upriver	North West	East Midlands	WAGS & Wales	Eastern	Yorkshire
Finish Time	6:31.63	6:37.73	6:45.02	7:12.18	7:20.13	7:25.40
Time Difference	-	00:06.10	00:13.39	00:40.55	00:48.50	00:53.77

	Race 16 Heat 2			Fastest 6 from two heats to Final A, remainder to Final B		
Position	1st	2nd	3rd	4th	5th	6th
Lane	6	1	4	2	5	3
Team Code	TSE	TLN	WSN	WMI	NRN	WSX
Team Name	Thames Sth East	Thames London	West	West Midlands	Northern	Wessex
Finish Time	6:40.93	6:44.62	7:09.74	7:17.92	7:26.13	7:28.64
Time Difference	-	00:03.69	00:28.81	00:36.99	00:45.20	00:47.71

Finals—Lane Draw

	Race 69 Final B Time: 15:15			Points (6 to 1) for all finishing crews		
Lane	1	2	3	4	5	6
Team Code	NRN	ESN	WAG	WMI	YRK	WSX
Team Name	Northern	Eastern	WAGS & Wales	West Midlands	Yorkshire	Wessex

	Race 70 Final A Time: 15:19			Medals for fastest 3, points (12 to 7) for all finishing crews		
Lane	1	2	3	4	5	6
Team Code	EMI	TSE	TUP	NWT	TLN	WSN
Team Name	East Midlands	Thames Sth East	Thames Upriver	North West	Thames London	West

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J16 2x

Junior 16 Double Sculls



Heats—Official Results

Race 17 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	6	3	5	1	4	2
Team Code	NWT	WMI	WAG	TUP	TSE	ESN
Team Name	North West	West Midlands	WAGS & Wales	Thames Upriver	Thames Sth East	Eastern
Finish Time	5:57.33	5:57.45	6:00.56	6:03.06	6:04.16	6:10.00
Time Difference	-	00:00.12	00:03.23	00:05.73	00:06.83	00:12.67

Race 18 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	4	3	6	5	1	2
Team Code	TLN	NRN	WSX	EMI	YRK	WSN
Team Name	Thames London	Northern	Wessex	East Midlands	Yorkshire	West
Finish Time	5:55.85	6:02.10	6:08.25	6:12.13	6:23.69	6:27.64
Time Difference	-	00:06.25	00:12.40	00:16.28	00:27.84	00:31.79

Finals—Lane Draw

Race 71 Final B Time: 15:24 Points (6 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	YRK	ESN	TSE	WSX	EMI	WSN
Team Name	Yorkshire	Eastern	Thames Sth East	Wessex	East Midlands	West

Race 72 Final A Time: 15:28 Medals for fastest 3, points (12 to 7) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	NRN	WMI	TLN	NWT	WAG	TUP
Team Name	Northern	West Midlands	Thames London	North West	WAGS & Wales	Thames Upriver

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W J15 2x Women's Junior 15 Double Sculls



Heats—Official Results

	Race 19 Heat 1			Fastest 6 from two heats to Final A, remainder to Final B		
Position	1st	2nd	3rd	4th	5th	6th
Lane	3	1	2	6	5	4
Team Code	WAG	NWT	ESN	TLN	WMI	WSN
Team Name	WAGS & Wales	North West	Eastern	Thames London	West Midlands	West
Finish Time	6:58.15	6:58.23	7:01.80	7:08.78	7:20.29	7:25.59
Time Difference	-	00:00.08	00:03.65	00:10.63	00:22.14	00:27.44

	Race 20 Heat 2			Fastest 6 from two heats to Final A, remainder to Final B		
Position	1st	2nd	3rd	4th	5th	6th
Lane	4	3	5	2	6	1
Team Code	TUP	NRN	EMI	TSE	WSX	YRK
Team Name	Thames Upriver	Northern	East Midlands	Thames Sth East	Wessex	Yorkshire
Finish Time	7:00.31	7:15.56	7:17.01	7:26.84	7:29.84	7:48.87
Time Difference	-	00:15.25	00:16.70	00:26.53	00:29.53	00:48.56

Finals—Lane Draw

	Race 73 Final B Time: 15:33			Points (6 to 1) for all finishing crews		
Lane	1	2	3	4	5	6
Team Code	WSX	WSN	EMI	WMI	TSE	YRK
Team Name	Wessex	West	East Midlands	West Midlands	Thames Sth East	Yorkshire

	Race 74 Final A Time: 15:37			Medals for fastest 3, points (12 to 7) for all finishing crews		
Lane	1	2	3	4	5	6
Team Code	TLN	TUP	WAG	NWT	ESN	NRN
Team Name	Thames London	Thames Upriver	WAGS & Wales	North West	Eastern	Northern

2023 Junior Inter-Regional Regatta

J16 2-

Junior 16 Coxless Pair



Heats—Official Results

Race 21 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	4	1	3	2	5	0
Team Code	EMI	NWT	ESN	WMI	TSE	
Team Name	East Midlands	North West	Eastern	West Midlands	Thames Sth East	
Finish Time	6:26.69	6:32.58	6:35.91	7:09.47	DNF	
Time Difference	-	00:05.89	00:09.22	00:42.78		

Race 22 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	3	2	5	1	4	0
Team Code	TUP	WAG	TLN	WSX	NRN	
Team Name	Thames Upriver	WAGS & Wales	Thames London	Wessex	Northern	
Finish Time	6:15.35	6:18.79	6:31.99	6:34.35	7:07.51	
Time Difference	-	00:03.44	00:16.64	00:19.00	00:52.16	

Finals—Lane Draw

Race 75 Final B Time: 15:42 Points (3 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code		WMI	ESN	NRN	TSE	
Team Name		West Midlands	Eastern	Northern	Thames Sth East	

Race 76 Final A Time: 15:46 Medals for fastest 3, points (9 to 4) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	NWT	EMI	TUP	WAG	TLN	WSX
Team Name	North West	East Midlands	Thames Upriver	WAGS & Wales	Thames London	Wessex

2023 Junior Inter-Regional Regatta

W J16 2- Women's Junior 16 Coxless Pair



Heats—Official Results

	Race 23 Heat 1			Fastest 6 from two heats to Final A, remainder to Final B		
Position	1st	2nd	3rd	4th	5th	6th
Lane	2	3	4	5	0	0
Team Code	EMI	WMI	ESN	NRN		
Team Name	East Midlands	West Midlands	Eastern	Northern		
Finish Time	7:05.58	7:14.64	7:28.29	8:11.52		
Time Difference	-	00:09.06	00:22.71	01:05.94		

	Race 24 Heat 2			Fastest 6 from two heats to Final A, remainder to Final B		
Position	1st	2nd	3rd	4th	5th	6th
Lane	4	5	2	3	0	0
Team Code	TUP	TLN	NWT	TSE		
Team Name	Thames Upriver	Thames London	North West	Thames Sth East		
Finish Time	7:03.77	7:16.42	7:30.09	7:32.21		
Time Difference	-	00:12.65	00:26.32	00:28.44		

Finals—Lane Draw

	Race 77 Final B Time: 15:51			Points (2 to 1) for all finishing crews		
Lane	1	2	3	4	5	6
Team Code			TSE	NRN		
Team Name			Thames Sth East	Northern		

	Race 78 Final A Time: 15:55			Medals for fastest 3, points (8 to 3) for all finishing crews		
Lane	1	2	3	4	5	6
Team Code	ESN	WMI	TUP	EMI	TLN	NWT
Team Name	Eastern	West Midlands	Thames Upriver	East Midlands	Thames London	North West

2023 Junior Inter-Regional Regatta

J15 4+

Junior 15 Coxed Four



Heats—Official Results

Race 27 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	3	2	1	4	5	0
Team Code	WMI	ESN	TLN	WSX	WAG	
Team Name	West Midlands	Eastern	Thames London	Wessex	WAGS & Wales	
Finish Time	5:52.49	5:59.88	6:02.15	6:02.67	6:33.66	
Time Difference	-	00:07.39	00:09.66	00:10.18	00:41.17	

Race 28 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	5	1	4	2	3	0
Team Code	TUP	NWT	TSE	NRN	YRK	
Team Name	Thames Upriver	North West	Thames Sth East	Northern	Yorkshire	
Finish Time	5:46.98	5:57.69	5:58.35	6:17.30	6:27.73	
Time Difference	-	00:10.71	00:11.37	00:30.32	00:40.75	

Finals—Lane Draw

Race 81 Final B Time: 16:09 Points (4 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code		YRK	WSX	NRN	WAG	
Team Name		Yorkshire	Wessex	Northern	WAGS & Wales	

Race 82 Final A Time: 16:13 Medals for fastest 3, points (10 to 5) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	ESN	NWT	TUP	WMI	TSE	TLN
Team Name	Eastern	North West	Thames Upriver	West Midlands	Thames Sth East	Thames London

2023 Junior Inter-Regional Regatta

WJ15 4+ Women's Junior 15 Coxed Four



Heats—Official Results

	Race 25 Heat 1			Fastest 6 from two heats to Final A, remainder to Final B		
Position	1st	2nd	3rd	4th	5th	6th
Lane	5	1	4	2	3	0
Team Code	TUP	EMI	WAG	WMI	WSX	
Team Name	Thames Upriver	East Midlands	WAGS & Wales	West Midlands	Wessex	
Finish Time	6:28.14	6:46.87	6:56.62	7:08.25	7:34.94	
Time Difference	-	00:18.73	00:28.48	00:40.11	01:06.80	

	Race 26 Heat 2			Fastest 6 from two heats to Final A, remainder to Final B		
Position	1st	2nd	3rd	4th	5th	6th
Lane	3	4	5	1	0	0
Team Code	NWT	YRK	NRN	TSE		
Team Name	North West	Yorkshire	Northern	Thames Sth East		
Finish Time	6:50.64	6:58.66	7:21.88	8:01.98		
Time Difference	-	00:08.02	00:31.24	01:11.34		

Finals—Lane Draw

	Race 79 Final B Time: 16:00			Points (4 to 1) for all finishing crews		
Lane	1	2	3	4	5	6
Team Code		TSE	NRN	WSX		
Team Name		Thames Sth East	Northern	Wessex		

	Race 80 Final A Time: 16:04			Medals for fastest 3, points (10 to 5) for all finishing crews		
Lane	1	2	3	4	5	6
Team Code	YRK	NWT	TUP	EMI	WAG	WMI
Team Name	Yorkshire	North West	Thames Upriver	East Midlands	WAGS & Wales	West Midlands

2023 Junior Inter-Regional Regatta

J16 4x- Junior 16 Coxless Quad Sculls



Heats—Official Results

Race 39		Heat 1			Fastest 6 from two heats to Final A, remainder to Final B	
Position	1st	2nd	3rd	4th	5th	6th
Lane	3	6	4	1	5	2
Team Code	WSX	WMI	TSE	NRN	WAG	EMI
Team Name	Wessex	West Midlands	Thames Sth East	Northern	WAGS & Wales	East Midlands
Finish Time	5:35.59	5:36.83	5:46.65	5:55.83	5:59.43	6:11.80
Time Difference	-	00:01.24	00:11.06	00:20.24	00:23.84	00:36.21

Race 40		Heat 2			Fastest 6 from two heats to Final A, remainder to Final B	
Position	1st	2nd	3rd	4th	5th	6th
Lane	5	4	3	1	2	6
Team Code	TUP	NWT	ESN	TLN	YRK	WSN
Team Name	Thames Upriver	North West	Eastern	Thames London	Yorkshire	West
Finish Time	5:10.37	5:22.46	5:22.74	5:26.46	5:30.28	6:02.57
Time Difference	-	00:12.09	00:12.37	00:16.09	00:19.91	00:52.20

Finals—Lane Draw

Race 93		Final B			Time: 17:03		Points (6 to 1) for all finishing crews	
Lane	1	2	3	4	5	6		
Team Code	WSN	NRN	WMI	TSE	WAG	EMI		
Team Name	West	Northern	West Midlands	Thames Sth East	WAGS & Wales	East Midlands		

Race 94		Final A			Time: 17:07		Medals for fastest 3, points (12 to 7) for all finishing crews	
Lane	1	2	3	4	5	6		
Team Code	YRK	ESN	TUP	NWT	TLN	WSX		
Team Name	Yorkshire	Eastern	Thames Upriver	North West	Thames London	Wessex		

2023 Junior Inter-Regional Regatta

W J15 4x+ Women's Junior 15 Coxed Quad Sculls



Heats—Official Results

Race 29 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	2	6	3	5	4	1
Team Code	WAG	NWT	WMI	EMI	WSX	TSE
Team Name	WAGS & Wales	North West	West Midlands	East Midlands	Wessex	Thames Sth East
Finish Time	6:27.62	6:34.13	6:40.49	6:41.89	6:57.83	7:23.49
Time Difference	-	00:06.51	00:12.87	00:14.27	00:30.21	00:55.87

Race 30 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	6	1	4	2	5	3
Team Code	NRN	TLN	YRK	TUP	ESN	WSN
Team Name	Northern	Thames London	Yorkshire	Thames Upriver	Eastern	West
Finish Time	6:20.45	6:24.18	6:31.43	6:36.74	6:43.86	7:09.12
Time Difference	-	00:03.73	00:10.98	00:16.29	00:23.41	00:48.67

Finals—Lane Draw

Race 83 Final B Time: 16:18 Points (6 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	WSN	ESN	WMI	EMI	WSX	TSE
Team Name	West	Eastern	West Midlands	East Midlands	Wessex	Thames Sth East

Race 84 Final A Time: 16:22 Medals for fastest 3, points (12 to 7) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	NWT	WAG	NRN	TLN	YRK	TUP
Team Name	North West	WAGS & Wales	Northern	Thames London	Yorkshire	Thames Upriver

2023 Junior Inter-Regional Regatta

J15 4x+ Junior 15 Coxed Quad Sculls



Heats—Official Results

Race 31		Heat 1		Fastest 6 from two heats to Final A, remainder to Final B		
Position	1st	2nd	3rd	4th	5th	6th
Lane	5	1	6	4	2	3
Team Code	TUP	TLN	WSX	EMI	ESN	TSE
Team Name	Thames Upriver	Thames London	Wessex	East Midlands	Eastern	Thames Sth East
Finish Time	5:32.45	5:46.37	5:56.67	6:13.03	6:14.86	6:21.03
Time Difference	-	00:13.92	00:24.22	00:40.58	00:42.41	00:48.58

Race 32		Heat 2		Fastest 6 from two heats to Final A, remainder to Final B		
Position	1st	2nd	3rd	4th	5th	6th
Lane	2	3	6	1	4	5
Team Code	NRN	NWT	WAG	YRK	WMI	WSN
Team Name	Northern	North West	WAGS & Wales	Yorkshire	West Midlands	West
Finish Time	5:53.64	5:56.44	6:05.30	6:11.46	6:14.62	6:23.47
Time Difference	-	00:02.80	00:11.66	00:17.82	00:20.98	00:29.83

Finals—Lane Draw

Race 85		Final B		Time: 16:27		Points (6 to 1) for all finishing crews	
Lane	1	2	3	4	5	6	
Team Code	TSE	WMI	YRK	EMI	ESN	WSN	
Team Name	Thames Sth East	West Midlands	Yorkshire	East Midlands	Eastern	West	

Race 86		Final A		Time: 16:31		Medals for fastest 3, points (12 to 7) for all finishing crews	
Lane	1	2	3	4	5	6	
Team Code	WSX	NRN	TUP	TLN	NWT	WAG	
Team Name	Wessex	Northern	Thames Upriver	Thames London	North West	WAGS & Wales	

2023 Junior Inter-Regional Regatta

W J14 4x+ Women's Junior 14 Coxed Quad Sculls



Heats—Official Results

Race 33 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	3	6	5	1	2	4
Team Code	TUP	TLN	TSE	WAG	WSN	EMI
Team Name	Thames Upriver	Thames London	Thames Sth East	WAGS & Wales	West	East Midlands
Finish Time	6:27.92	6:41.83	6:44.32	6:45.02	6:56.88	7:25.90
Time Difference	-	00:13.91	00:16.40	00:17.10	00:28.96	00:57.98

Race 34 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	4	2	1	5	3	6
Team Code	WMI	NWT	NRN	ESN	YRK	WSX
Team Name	West Midlands	North West	Northern	Eastern	Yorkshire	Wessex
Finish Time	6:59.74	7:12.45	7:17.84	7:22.09	7:28.16	8:00.55
Time Difference	-	00:12.71	00:18.10	00:22.35	00:28.42	01:00.81

Finals—Lane Draw

Race 87 Final B Time: 16:36 Points (6 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	YRK	ESN	NWT	NRN	EMI	WSX
Team Name	Yorkshire	Eastern	North West	Northern	East Midlands	Wessex

Race 88 Final A Time: 16:40 Medals for fastest 3, points (12 to 7) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	WSN	TSE	TUP	TLN	WAG	WMI
Team Name	West	Thames Sth East	Thames Upriver	Thames London	WAGS & Wales	West Midlands

2023 Junior Inter-Regional Regatta

J16 4+

Junior 16 Coxed Four



Heats—Official Results

Race 43 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	4	5	3	2	1	0
Team Code	TUP	TSE	TLN	WMI	YRK	
Team Name	Thames Upriver	Thames Sth East	Thames London	West Midlands	Yorkshire	
Finish Time	5:40.66	5:51.16	6:00.53	6:05.73	6:13.66	
Time Difference	-	00:10.50	00:19.87	00:25.07	00:33.00	

Race 44 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	4	2	5	3	0	0
Team Code	ESN	NWT	NRN	WSX		
Team Name	Eastern	North West	Northern	Wessex		
Finish Time	5:42.51	5:52.26	6:09.38	6:26.80		
Time Difference	-	00:09.75	00:26.87	00:44.29		

Finals—Lane Draw

Race 97 Final B Time: 17:21 Points (3 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code		WSX	NRN	YRK		
Team Name		Wessex	Northern	Yorkshire		

Race 98 Final A Time: 17:25 Medals for fastest 3, points (9 to 4) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	TLN	TSE	TUP	ESN	NWT	WMI
Team Name	Thames London	Thames Sth East	Thames Upriver	Eastern	North West	West Midlands

2023 Junior Inter-Regional Regatta

W J16 4x- Women's Junior 16 Coxless Quad Sculls



Heats—Official Results

Race 37 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	2	5	4	3	1	6
Team Code	TUP	WMI	NWT	ESN	WSN	TSE
Team Name	Thames Upriver	West Midlands	North West	Eastern	West	Thames Sth East
Finish Time	5:59.54	6:14.42	6:17.64	6:18.99	6:28.72	6:57.78
Time Difference	-	00:14.88	00:18.10	00:19.45	00:29.18	00:58.24

Race 38 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	1	6	4	2	3	5
Team Code	TLN	EMI	NRN	YRK	WSX	WAG
Team Name	Thames London	East Midlands	Northern	Yorkshire	Wessex	WAGS & Wales
Finish Time	5:57.95	6:01.71	6:05.39	6:19.30	6:21.14	7:20.89
Time Difference	-	00:03.76	00:07.44	00:21.35	00:23.19	01:22.94

Finals—Lane Draw

Race 91 Final B Time: 16:54 Points (6 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	TSE	WSX	ESN	YRK	WSN	WAG
Team Name	Thames Sth East	Wessex	Eastern	Yorkshire	West	WAGS & Wales

Race 92 Final A Time: 16:58 Medals for fastest 3, points (12 to 7) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	WMI	EMI	TLN	TUP	NRN	NWT
Team Name	West Midlands	East Midlands	Thames London	Thames Upriver	Northern	North West

2023 Junior Inter-Regional Regatta

J14 4x+ Junior 14 Coxed Quad Sculls



Heats—Official Results

Race 35		Heat 1			Fastest 6 from two heats to Final A, remainder to Final B	
Position	1st	2nd	3rd	4th	5th	6th
Lane	5	1	2	4	3	0
Team Code	TUP	WMI	ESN	EMI	WAG	
Team Name	Thames Upriver	West Midlands	Eastern	East Midlands	WAGS & Wales	
Finish Time	6:02.38	6:04.15	6:25.16	6:31.04	6:59.05	
Time Difference	-	00:01.77	00:22.78	00:28.66	00:56.67	

Race 36		Heat 2			Fastest 6 from two heats to Final A, remainder to Final B	
Position	1st	2nd	3rd	4th	5th	6th
Lane	2	3	5	6	1	4
Team Code	TLN	NRN	NWT	TSE	YRK	WSX
Team Name	Thames London	Northern	North West	Thames Sth East	Yorkshire	Wessex
Finish Time	5:58.66	6:08.70	6:13.72	6:14.60	6:43.88	6:46.73
Time Difference	-	00:10.04	00:15.06	00:15.94	00:45.22	00:48.07

Finals—Lane Draw

Race 89		Final B			Time: 16:45		Points (5 to 1) for all finishing crews	
Lane	1	2	3	4	5	6		
Team Code	WAG	YRK	ESN	EMI	WSX			
Team Name	WAGS & Wales	Yorkshire	Eastern	East Midlands	Wessex			

Race 90		Final A			Time: 16:49		Medals for fastest 3, points (11 to 6) for all finishing crews	
Lane	1	2	3	4	5	6		
Team Code	NWT	WMI	TLN	TUP	NRN	TSE		
Team Name	North West	West Midlands	Thames London	Thames Upriver	Northern	Thames Sth East		

2023 Junior Inter-Regional Regatta

WJ16 4- Women's Junior 16 Coxless Four



Heats—Official Results

Race 41		Heat 1			Fastest 6 from two heats to Final A, remainder to Final B	
Position	1st	2nd	3rd	4th	5th	6th
Lane	5	3	4	1	2	0
Team Code	TUP	WMI	NWT	ESN	WAG	
Team Name	Thames Upriver	West Midlands	North West	Eastern	WAGS & Wales	
Finish Time	6:15.24	6:31.62	6:32.56	6:42.01	6:52.06	
Time Difference	-	00:16.38	00:17.32	00:26.77	00:36.82	

Race 42		Heat 2			Fastest 6 from two heats to Final A, remainder to Final B	
Position	1st	2nd	3rd	4th	5th	6th
Lane	3	2	1	5	TSE	0
Team Code	NRN	TLN	EMI	YRK		
Team Name	Northern	Thames London	East Midlands	Yorkshire		
Finish Time	6:17.09	6:21.66	6:47.78	6:54.90	DSQ	
Time Difference	-	00:04.57	00:30.69	00:37.81		

Finals—Lane Draw

Race 95		Final B			Time: 17:12		Points (3 to 1) for all finishing crews	
Lane	1	2	3	4	5	6		
Team Code		YRK	EMI	WAG	TSE			
Team Name		Yorkshire	East Midlands	WAGS & Wales	Thames Sth East			

Race 96		Final A			Time: 17:16		Medals for fastest 3, points (9 to 4) for all finishing crews		
Lane	1	2	3	4	5	6			
Team Code	NWT	TLN	TUP	NRN	WMI	ESN			
Team Name	North West	Thames London	Thames Upriver	Northern	West Midlands	Eastern			

2023 Junior Inter-Regional Regatta

J15 2x

Junior 15 Double Sculls



Heats—Official Results

Race 45 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	1	5	6	2	3	4
Team Code	WSX	ESN	TLN	NWT	WAG	NRN
Team Name	Wessex	Eastern	Thames London	North West	WAGS & Wales	Northern
Finish Time	5:57.33	5:59.46	6:05.17	6:05.81	6:06.53	7:08.91
Time Difference	-	00:02.13	00:07.84	00:08.48	00:09.20	01:11.58

Race 46 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	3	6	5	4	2	1
Team Code	TUP	YRK	WMI	WSN	EMI	TSE
Team Name	Thames Upriver	Yorkshire	West Midlands	West	East Midlands	Thames Sth East
Finish Time	6:12.15	6:34.43	6:37.27	6:50.57	6:52.04	7:04.41
Time Difference	-	00:22.28	00:25.12	00:38.42	00:39.89	00:52.26

Finals—Lane Draw

Race 99 Final B Time: 17:30 Points (6 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	TSE	WSN	YRK	WMI	EMI	NRN
Team Name	Thames Sth East	West	Yorkshire	West Midlands	East Midlands	Northern

Race 100 Final A Time: 17:34 Medals for fastest 3, points (12 to 7) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	WAG	TLN	WSX	ESN	NWT	TUP
Team Name	WAGS & Wales	Thames London	Wessex	Eastern	North West	Thames Upriver

2023 Junior Inter-Regional Regatta

J14 2x

Junior 14 Double Sculls



Heats—Official Results

Race 49 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	6	3	4	1	5	2
Team Code	TUP	EMI	TLN	WMI	NRN	WSX
Team Name	Thames Upriver	East Midlands	Thames London	West Midlands	Northern	Wessex
Finish Time	6:36.20	6:58.61	7:06.13	7:11.84	7:15.01	7:22.28
Time Difference	-	00:22.41	00:29.93	00:35.64	00:38.81	00:46.08

Race 50 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	4	2	3	5	1	0
Team Code	NWT	TSE	YRK	ESN	WSN	
Team Name	North West	Thames Sth East	Yorkshire	Eastern	West	
Finish Time	6:21.87	6:30.91	6:59.02	7:20.65	7:30.40	
Time Difference	-	00:09.04	00:37.15	00:58.78	01:08.53	

Finals—Lane Draw

Race 103 Final B Time: 17:48 Points (5 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	WSN	ESN	WMI	NRN	WSX	
Team Name	West	Eastern	West Midlands	Northern	Wessex	

Race 104 Final A Time: 17:52 Medals for fastest 3, points (11 to 6) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	YRK	TUP	NWT	TSE	EMI	TLN
Team Name	Yorkshire	Thames Upriver	North West	Thames Sth East	East Midlands	Thames London

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W J14 2x Women's Junior 14 Double Sculls



Heats—Official Results

Race 47 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	6	2	3	1	5	4
Team Code	WMI	EMI	TLN	YRK	WSN	TSE
Team Name	West Midlands	East Midlands	Thames London	Yorkshire	West	Thames Sth East
Finish Time	7:09.68	7:21.46	7:22.87	7:28.92	7:31.15	7:53.19
Time Difference	-	00:11.78	00:13.19	00:19.24	00:21.47	00:43.51

Race 48 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	3	2	1	4	5	0
Team Code	ESN	TUP	NRN	NWT	WSX	
Team Name	Eastern	Thames Upriver	Northern	North West	Wessex	
Finish Time	6:56.60	7:11.04	7:28.71	7:57.74	8:25.83	
Time Difference	-	00:14.44	00:32.11	01:01.14	01:29.23	

Finals—Lane Draw

Race 101 Final B Time: 17:39 Points (6 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	WSX	TSE	YRK	WSN	NWT	
Team Name	Wessex	Thames Sth East	Yorkshire	West	North West	

Race 102 Final A Time: 17:43 Medals for fastest 3, points (12 to 7) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	TLN	TUP	ESN	WMI	EMI	NRN
Team Name	Thames London	Thames Upriver	Eastern	West Midlands	East Midlands	Northern

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WJ16 8+ Women's Junior 16 Eight



Heats—Official Results

Race 51 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	2	5	4	3	0	0
Team Code	TUP	NWT	TSE	NRN		
Team Name	Thames Upriver	North West	Thames Sth East	Northern		
Finish Time	6:00.74	6:08.04	6:26.96	6:36.05		
Time Difference	-	00:07.30	00:26.22	00:35.31		

Race 52 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	2	5	4	1	3	0
Team Code	TLN	WAG	ESN	YRK	WMI	
Team Name	Thames London	WAGS & Wales	Eastern	Yorkshire	West Midlands	
Finish Time	5:51.96	6:16.76	6:23.55	6:24.94	7:00.96	
Time Difference	-	00:24.80	00:31.59	00:32.98	01:09.00	

Finals—Lane Draw

Race 105 Final B Time: 17:57 Points (3 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code		WMI	TSE	NRN		
Team Name		West Midlands	Thames Sth East	Northern		

Race 106 Final A Time: 18:01 Medals for fastest 3, points (9 to 4) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	ESN	NWT	TLN	TUP	WAG	YRK
Team Name	Eastern	North West	Thames London	Thames Upriver	WAGS & Wales	Yorkshire

Finals—Official Results

Race 105 Final B

Position	7th	8th	9th	10th	11th	12th
Lane	0	0	0	0	0	0
Team Code						
Team Name						
Finish Time	::					
Time Difference	-					
Points Awarded						

Race 106 Final A

Position	1st	2nd	3rd	4th	5th	6th
Lane	0	0	0	0	0	0
Team Code						
Team Name						
Finish Time	::					
Time Difference	-					
Points Awarded						
Medals Won	Gold	Silver	Bronze			

Ends

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J16 8+

Junior 16 Eight



Heats—Official Results

Race 53 Heat 1 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	3	4	2	5	0	0
Team Code	ESN	TLN	EMI	NWT		
Team Name	Eastern	Thames London	East Midlands	North West		
Finish Time	5:09.53	5:15.49	5:32.20	5:38.97		
Time Difference	-	00:05.96	00:22.67	00:29.44		

Race 54 Heat 2 Fastest 6 from two heats to Final A, remainder to Final B

Position	1st	2nd	3rd	4th	5th	6th
Lane	3	2	4	5	1	0
Team Code	TUP	WMI	TSE	YRK	NRN	
Team Name	Thames Upriver	West Midlands	Thames Sth East	Yorkshire	Northern	
Finish Time	5:13.32	5:27.25	5:36.64	5:56.37	5:57.46	
Time Difference	-	00:13.93	00:23.32	00:43.05	00:44.14	

Finals—Lane Draw

Race 107 Final B Time: 18:06 Points (3 to 1) for all finishing crews

Lane	1	2	3	4	5	6
Team Code		NRN	NWT	YRK		
Team Name		Northern	North West	Yorkshire		

Race 108 Final A Time: 18:10 Medals for fastest 3, points (9 to 4) for all finishing crews

Lane	1	2	3	4	5	6
Team Code	EMI	TLN	ESN	TUP	WMI	TSE
Team Name	East Midlands	Thames London	Eastern	Thames Upriver	West Midlands	Thames Sth East