EVENT INFORMATION
Welcome to the 2022 British Rowing Junior Championships

It gives me great pleasure to wish you all a very warm welcome to the 2022 British Rowing Junior Championships.

The Junior Championships is a dedicated British Rowing event that provides an opportunity to compete against the best young rowers from across the country. It is an aspirational event and, I hope, a highlight of the season. We aim to offer a competitive challenge, that is athlete focused, fair, equitable and a positive experience for all athletes, coaches, supporters and spectators. While the quality of competition is high and we are keen to maintain this high standard, the event should also be fun.

Winning a British Championship medal is a terrific achievement: and the winners are very worthy of the title British Champions.

We will be conducting time trials again this year in order to create a race programme with intermediate finals that will provide excellent racing for the crews and scullers. Those crews who make the top 12 in their event time trial will progress to semi-finals and finals. While time trials may not be the best spectator experience, they are an excellent way to deliver exciting and rewarding racing later in the day.

Although I have been involved with BRJC for a very long time, as coach, helper, supporter and volunteer. This is my first Championships as Chair and I would like to say a huge thank you to the Junior Champs Committee - all volunteers who I am indebted to because without their hard work this regatta would not happen. I would also like to thank the staff members at British Rowing who are increasingly involved with our competition. The wider team of volunteers and professional staff working together is a brilliant example of the essence of our sport – groups working together, supporting each other, pulling (or pushing) together to achieve a common goal and a successful outcome. I also have to thank the staff at the NWSC who work hard with us to deliver a high-quality event.

The Organising Committee has been working with British Rowing’s Junior Rowing Committee and National Competition Committee to create a Championships that fits the talent pathway and meets your aspirations.

Whether you are a competitor, spectator or volunteer, we very much appreciate your support, and I hope you have a successful and enjoyable Championships. Good luck and good rowing!

Mike Martin, Chair of British Rowing Junior Championships

Please Note: -

We very much value your opinions, so please let us know your honest feedback. You can email me directly at chair@britchamps.org.
Draw System for Events with Side-by-Side Racing

The Championships draw system aims to identify the fastest three crews in each event. All events (even for straight finals) may be subject to a time trial to determine progression to later rounds. The precise structure of later rounds cannot be determined until the number of crews registering for an event at the Regatta is known. Information on redraws will be posted on the results website at least one hour before the first race in an event. The lane draw for finals will be seeded on the results of previous rounds.

4-6 entries
There will be a time trial over 900m for J14 & J15, 1500m for J16 & above. All crews in the time trial progress to final A.

7 or more entries
There will be a time trial over 900m for J14 & J15, 1500m for J16 & above. The fastest crews (maximum of 12) in the time trial progress to two semi-finals, each sending the first 3 crews to final A and the remainder to final B. The remaining crews from the time trial progress to minor finals (C, D, E, etc) so that each crew receives a ranking.

Note that for events with 7 or more entries: If 6 or fewer crews actually register and complete the time trial, there will be one final. If 7 enter, register and complete the time trial, the first 3 crews proceed straight to the final; crews placed 4th to 7th will proceed to a semi-final with the first 3 crews proceeding to the final and the 4th eliminated. If 7 or more crews enter, but only 7 crews register and complete the time trial, the crew that finishes 7th in the time trial will not be required to race again. If 13 crews enter, register and complete the time trial, all 13 crews progress to three semi-finals. In each semi-final, the first 2 crews proceed to final A and the last placed crew is eliminated; the remaining 4 crews proceed to final B. If 14 or more crews enter, but only 13 crews register and complete the time trial, the crew that finishes 13th in the time trial will not be required to race again. If 19 or more crews enter, the Committee reserves the right to offer minor final C only to crews placed 13th to 18th in the time trial: minor finals (D, E, F etc.) for the remaining crews will only be offered if the timetable permits.
General Instructions to Competitors

The Regatta is run in accordance with the British Rowing Rules, the Rules of Racing and RowSafe guidance together with its associated documents. Competitors and coaches are reminded that they should be familiar with these documents and understand their meaning. Competitors who do not comply with these instructions, or the instructions of Regatta Officials, may be penalised or even disqualified from racing.

1. Registration & Confirmation
1.1 Competitors are reminded that they must bring their Membership Card with them. Membership cards must include an up-to-date photograph where required by their Great Britain Rowing Body. A competitor whose card does not have a space for a photograph must bring a photographic identity document with them to the Regatta.

1.2 All crews shall have a named coach or responsible adult present at the Regatta. This person must be 18 years of age or older, must have been named in the “crew notes” section of the BROE2 entry and a current mobile telephone number for that person must be provided. If a substitute coach attends the Regatta, he/she must contact Registration and register his/her mobile telephone number.

1.3 Crews must register with the Entries Secretary at the Regatta at least 30 minutes before the start time of the first crew in the time trial in which they are racing. Numbers and instructions relating to the time trials will be available from the Registration Office. All the information relating to one club will be packaged together and the person collecting a club’s information will be asked to sign for it. Numbers for composite crews will be included with the submitting club’s information.

1.4 Crews that fail to confirm their entry to the Entries Secretary within the timescale given at paragraph 1.3 will not be permitted to start. Those that have confirmed but then fail to appear at the Start for any of their races in the event may be disbarred from other events in the Championships.

1.5 The final draw for each event will be published on the results website not later than one hour before the first race in the event.

2. Substitutions, Changes in Crew Order and Scratchings
2.1 Crew changes (substitutions), changes in crew order and scratchings must be notified to the Entries Secretary at least 90 minutes before the first-time trial in their event, in accordance with the Rules of Racing. Crews must use BROE2 to notify substitutions prior to the Regatta; the system will be open from 09:00 on Friday, 8th July until 18:00 on Thursday, 14th July. After this time, changes must be notified in person at the Registration Office (open from 06:30 on Friday, 15th July, Saturday 16th & Sunday 17th), with details of the substitute’s registered club, name, date of birth and Racing License number as recorded by the relevant Great Britain Rowing Body. The Entries Secretary may ask to see the Racing License of substitutes. Substitutions are subject to British Rowing Rule of Racing 7-2-4: all substitutions must be notified to Registration before going afloat. Substitutes must have been registered members of their declared club(s) by 1st June 2022.

2.2 Crews that have scratched (either by notifying Registration or by failing to confirm by the required time) cannot be reinstated into the event.

2.3 Any competitor withdrawing from an event for medical reasons will automatically be withdrawn from any other events they are entered to take part in. Withdrawal after a crew’s first race will be allowed if notice is given to the Entries Secretary and there are acceptable reasons.
3. Regulations for Racing

3.1 For time trials, each crew will be assigned a unique number. An Empacher number, two adhesive numbers (to be attached to the boat) and two back numbers (one to be worn on bow’s racing kit and one on his/her outer clothing) for each crew will be found in the club envelope. The cox will not wear a number. A charge may be made for lost or damaged Empacher numbers. Empacher numbers should be placed in the buckets at the end of the pontoon after the time trials. There is no warm up loop for time trials so do not boat more than 20 mins before your time trial.

3.2 For side-by-side racing, each crew will be assigned a lane number which must be attached to the boat. Numbers may be collected no earlier than 40 minutes before the programmed start time of each race. A charge may be made for lost or damaged lane numbers. Please place your lane numbers in the buckets at the end of the pontoon when disembarking.

3.3 Entry fees will not be refundable if it should become necessary, for any reason, to abandon the Regatta or any event, or if crews withdraw for any reason once entries are closed.

3.4 When it is not possible, for whatever reason, to complete the Championships or an event, the draw pattern may be changed or times from time trials or semi-finals may be used to determine which crews will progress to later rounds, or to determine the medal positions or the plaque winners.

3.5 The Organising Committee reserves the right to exclude any crew or sculler from further competition in an event if it does not show sufficient competence in either attaching to the Start Pontoons or progressing down the course during a race. This is applied in the interests of safety and fairness to other competitors. Any athlete who is doubling up and who in the opinion of the Organising Committee does not race competitively in a second (or later) round of an event will be assumed to have withdrawn from that event and any other events in which they are still competing.

3.6 It is the competitor’s responsibility to keep himself/herself informed of any changes to the event programme.

3.7 The British Rowing Junior Championships is committed to Clean Sport. The UK Anti-Doping Rules apply to all participants of the sport, including minors (children and young people), and they make all participants subject to drug testing. For the purposes of those rules, consent of a parent or guardian to the testing of a minor is deemed to follow automatically from the fact that the minor has been permitted by their parent or guardian to participate in rowing. Therefore, any minors as well as all other athletes participating in this competition may be subject to drug testing. A Clean Sport essential guide for parents and carers, along with more information about antidoping and your responsibilities can be found on British Rowing’s Clean Sport webpage or email cleansport@britishrowing.org

4. Weighing

4.1 Weighing-in will be in the Boathouse in the Boating Area. Test weighing will be available.

4.2 All coxes will be weighed each day and issued with a wristband as a weight certificate, which may be inspected, together with any dead weight, by Control Commission before boating or after disembarking.

4.3 Coxes must present their Membership Card with photograph to the weighing official for identification before they are weighed.

4.4 Coxes will be weighed by Control Commission according to British Rowing Rule of Racing 7-2-7. Weigh-in will open 90 minutes before the first coxed race each day.

4.5 Any cox that does not make weight must provide his/her own dead-weight. The Regatta will not provide the means for competitors to put together dead-weights.
5. Prize Winners

5.1 To win a medal a crew must beat another crew, except for gold in an event from which all other crews have withdrawn.

5.2 Individual gold, silver or bronze medals will be awarded to the overall fastest three crews in the final A of each event. The names of the winning crew for each event will be recorded in the British Rowing Championships Book of Winners. The principal coach of each medal-winning crew will also receive a gold, silver or bronze medal.

5.3 The highest placed non-composite crew in each event will receive a Club Champions plaque for that event. The most successful club, based on the results of all three days’ racing taken together, will be declared the Victor Ludorum and will be presented with a commemorative plaque.

5.4 Medals and plaques will be presented from the pontoon by the Finish Tower to the winning crews. Follow prescribed circulation pattern. Pay attention to Races on the course - Do not get in the way of a finishing race or cross the finish line until a race has finished.

5.5 Medalists must make their way directly to the Presentation Pontoon and not warm down.

5.6 Medal winners who have to boat quickly for another final must inform Boating Area officials as they disembark from their first final.

5.7 Any undeclared substitutions will result in immediate disqualification.

5.8 Plaques and medals will not be presented to any crew whose identities have not been confirmed.

6. Coaches’ Meeting

6.1 There will be a Coaches briefing each morning, time to be confirmed. There will also be a coaches’ WhatsApp group for further updates during the Regatta which can be accessed via a QR code published below and on the website at www.Britishrowing.org
Safety Instructions

Although the Regatta will endeavour to provide a safe environment within the RowSafe guidance, competitors are specifically reminded that persons using the lake and the River Trent do so entirely at their own risk and are solely responsible for:

- Their own safety
- Ensuring that their boats are safe and are prepared to the standards required by the BR Rules of Racing and RowSafe. Any boat that fails to meet the standard shall be excluded. See Rule of Racing 7-2-8 for details.
- Strict observance of the circulation patterns (land and water see maps) and of the RowSafe guidance.
- Deciding, together with their coaches, whether or not they are competent and capable to use the lake in the prevailing weather and water conditions.

Clubs and competitors must:-

1. Only go out for practice sessions if there is a safety boat on the course.
2. Not practice during racing. Crews will not be allowed to boat until 15 minutes after the last race of the day has finished.
3. Make their own safety and first aid arrangements before and after the day’s racing.
4. Crews training on the River Trent do so entirely at their own risk and must make their own safety arrangements. They must ensure their boat is licensed to be on the river and they must read the circulation pattern for the River Trent.
5. Ensure that all roadways and access route are kept clear at all times. No vehicles may be left within the boating area after 07:30. Crews should be especially vigilant in the boating/boathouse areas.

Safety Boats
There are safety boats on the course during racing and during published training times. The first duty of every waterborne official is to the safety of competitors or any person in difficulty.

Covid-19 Protocol
All attendees to the Championship agree to abide by all Government & British Rowing Covid-19 Guidance in place at the time of the competition.

Water Quality
Water users should check the NWSC website (www.nwscnotts.com) for up-to-date information on the water quality of the lake. Remember that there is a potential health risk in any open water. Avoid swallowing water; cover cuts with a waterproof plaster; wash or shower when you come ashore and before eating or drinking.

Accidents & Emergencies
All accidents and emergencies must be reported to a Regatta Official as soon as is practicable. The official will summon medical support if necessary and will summon any additional support that may be required. The official will also ensure that the Safety Adviser, Regatta Controller and the Race Committee Chair are made aware of the incident. An online incident report MUST be completed for all accidents, collisions or capsizes. This is available on the British Rowing website (incidentreporting.britishrowing.org).
Training Circulation Pattern

Failure to comply with these rules may lead to the removal of the crew or club from the Regatta.

Note that lake-side markers count down from the Start (2000m) to the Finish (0m)

On Friday and Saturday the lake will be open for evening training only, there will be no morning training; This is due to racing starting earlier than anticipated. Friday evening training will be from 1000m to the Finish. Evening training will be from 15 minutes after racing finishes until 20:00. Sunday morning training will be 07:00 – 07:30. On Saturday after racing and Sunday morning training will be over the whole lake.

Athletes and coaches are reminded that they are to be de-boated and clear of the stages and boat racks by the time of closure which is 20:00. The lake may be closed down in sections at the end of the day so athletes must not expect the full use of the 2000m course at the end of the day. The lake must be clear 30 minutes before racing is due to start on Sunday. The lake will not re-open for practice until 15 minutes after the last race of each day has finished if time permits.

Last boating is 15 minutes before the lake closes.
### Racing Circulation Patterns

Failure to comply with these rules may lead to the removal of the crew or club from the Regatta.

Note that lake-side markers count down from the Start (2000m) to the Finish (0m)

#### J14 & J15 Time Trial Circulation Pattern—Friday & Saturday am

This applies from 30 minutes BEFORE the first race until after the last race has finished each day. Warming up and cooling down on the lake during time trials is not permitted.

#### J14 & J15 Side-by-Side Racing Circulation Pattern—Friday & Saturday am

This applies from 30 minutes BEFORE the first race until after the last race has finished each day. Warming up and cooling down on the lake during time trials is not permitted.
1. Great care must be taken when using the pontoon on the Country Park shore. Note that this pontoon is for embarkation only. The pontoons on the side of the course past the Finish Tower and in front of the new boathouses must not be used by any crews.

3. Static crews in lane 7 must be aware of the potential danger of being blown into the racing lane 6 if there is a cross-wind. Crews stopping in lane 7 are advised to stop close to the bank.

4. At the Start crews must keep into the bank whilst waiting to be called to their race and must stay clear of the Start Zone. Crews must take particular care when crossing the course to get to their allocated lane.

6. Crews must take particular care near the Finish and in the Boating Area to avoid collisions with other crews that have just finished, have been cooling down.

Key Points

Only two of lanes 1-3 will be used for racing. This will be published before the time trials.

This applies from 30 minutes BEFORE the first time trial until after the last time trial has finished. Warming up and cooling down on the lake during time trials is not permitted.

J16 & J18 Side-by-Side Racing Circulation Pattern—Saturday pm & Sunday

This applies from 30 minutes BEFORE the first race until after the last race has finished each day.
Marshalling Instructions for Time Trials

Please note that the lake-side markers count down from the Start (2000m) to the Finish (0m).

6.2.1 Crews must be ready to boat 30 minutes before the scheduled start time of their time trial. Boat in number order.

6.2.2 Control Commission Umpires will supervise boating and may do the normal safety checks. Any boat failing inspection will not be allowed to boat unless the problem can be fixed in a timely manner.

6.2.3 Crews must proceed to the Start in lane 7.

Warming Up
There is no circulation loop to warm up before or during time trials. Instead, consider warming up on land.

At the Start
Remove spare kit under the direction of the Start Marshals. Crews will then paddle in single file. Crews must then follow the Umpires’ instructions to paddle between the two launches in a continuous clockwise semi-circle (e.g. “hard on stokeside, bowside light/easy/hold”) into the designated racing lanes. Crews will be alternately allocated to one of lanes 1, 2 or 3. We will decide the two lanes in use for time trials based on the weather and water conditions. Lanes 4 to 6 are safety lanes and are not in use for racing. Lane 0 is for use by crews in distress. See diagram. After completing the turn, crews must keep paddling in their allotted lane towards the timing line.

For the 900m time trials crews will paddle above the start line and be directed by marshals to go between the start pontoons into their allocated lane.

The Starter will say ‘Go’ approximately 100m before the timing line and crews will be timed from the 1500m marker to the normal Finish.

If your crew is being caught by a faster crew, you must move out of their way before returning to your allocated lane. You must not impede the faster crew or any crews in adjacent lanes. Specific instructions for which way you should move will be confirmed at the coaches meeting but you must not impede a faster crew.

Cooling Down
Cooling down on the water is not permitted at this competition, please cool down on land after disembarkation.

Disembarking
Crews must be careful near the Finish and in the Boating Area, and proceed straight to the rafts quickly and safely.

Visit the British Rowing Stand on the Patio Lawn to purchase exclusive British Rowing merchandise including the special event t-shirt that contains the names of all rowers competing. See if you can spot yours!
Marshalling Instructions for Side-by-Side Racing

Please note that the lake-side markers count down from the Start (2000m) to the Finish (0m).

Boating

Crews should go afloat to race or train using the outward rafts in the Boating Area. Crews may use the Country Park raft with care: this raft is for embarkation only. The rafts on the southern shore of the course towards the Finish Tower are not for the general use of competitors. Crews must proceed to the Start in lane 7 as far as the 1000m marker (J14 & J15) & 1500m marker (J16 & J18) where they will be held by a Start Marshal.

Warming Up

J16 & J18 crews may warm up in a clockwise direction in lanes 4 & 5 between the 1500m and 750m markers by carefully turning into lanes 4 or 5 at the 1500m marker and then warming up in the racing direction only, before turning back into lane 7 at the 750m marker. J14 & J15 crews may warm up in a clockwise direction from 2000m to 1500m in their racing lane & then carefully turn back into lane 7 to proceed back to 2000m. Crews warming up must keep well clear of any racing.

At the Start

J16 & J18 - under the instructions of the marshal near the 1500m marker complete races will be assembled and sent forward in lane number order (1,2,3,4,5,6). When the Starter calls the race, crews will paddle across the course in lane order to their allocated lane. Only when in the correct lane will a crew be allowed to paddle through the Start Pontoon and back down onto the Start Pontoon.

J14 & J15 - under the instruction of the marshal proceed towards the 2000m start, cross safely into their racing lane where they can continue to warm up following the warm up instructions or be held in their lane ready to be called forward by the Starter to race.

Cooling Down

Cooling down on the water is not permitted at this competition, please cool down on land after disembarkation.

Disembarking

Use the inward rafts only when coming ashore after racing or practising. Take care in the Finish Area to avoid collisions as crews merge from racing and from medal ceremonies.

Prize Winners

Instructions for prize-winning crews are given at section 5 on page 5 of this leaflet.

PHOTOGRAPHY

AllMarkOne are the official media partner of the British Rowing Junior Championships. You can buy your Junior Championships photos online at https://allmark.one/

RESULTS

Results will be published on https://rowresults.co.uk/brjc22 as soon as possible after the end of each race. Full results will be available at the end of each day on britishrowing.org/brjc
General Information

Cycling, Skating, Rollerblading & Pedestrians
Cycling, skating, rollerblading etc. is prohibited in all Regatta enclosures and in the boating area. The south side of the course will be closed to unauthorised users from half an hour before racing starts until half an hour after racing has finished. Cyclists etc. must give way at all times to pedestrians and service vehicles of the Regatta. A designated cycleway is provided on the north side of the course from the Scoreboard to the Finish. Cyclists must dismount at the end of the cycleway. Only crews and their coaches are permitted in the Boating Area. No other pedestrians may enter the Boating Area and should instead walk alongside the boathouses. Cyclists are not permitted in the Boating Area.

Thunder & Lightning
Competitors and spectators will be advised on what to do in the event of lightning via the public address system. This will include instructions on how the course will be cleared of crews and officials, to seek ‘proper shelter’ and when the Organising Committee will make decisions on racing.

Medical Support
During racing hours medical and first aid facilities are available near the base of the Finish Tower: dial 24720 from any site telephone. Any medical problem arising on the campsite that can safely be brought to the First Aid Centre will be dealt with. Medical facilities are intended to cover emergencies only: there is no provision for physiotherapy treatment. A Duty Officer of the National Water Sports Centre is on call 24 hours a day, contactable through the Centre Reception: dial 24738 from any site telephone. Outside racing hours, or if a more serious problem occurs, contact the NHS Walk-In Centre 10 minutes’ drive away, or ring NHS Direct. See below for contact details.

Changing Facilities
Changing and showering facilities are available in the main building. Toilet facilities are available in the Lakeside (Main Centre) building, in the boating area and in Portaloos around the site.

Safeguarding Policy
Organising Committee believes that the welfare and wellbeing of all children and adults attending the Regatta is paramount. Children and adults at risk; regardless of age, gender, ethnicity, religion or ability, have equal rights to safety and protection, and therefore an increased duty of care. All suspicions, concerns and allegations of harm will be taken seriously and responded to in a swift and appropriate manner.
The Event Welfare Adviser is Laura Lion. She is the initial point of contact for any concerns or allegations and may be contacted via the Regatta Office throughout the event, via any official or by telephone on 07596 556978. A full copy of the British Rowing Junior Championships Safeguarding Policy will be displayed at the Regatta Office, and the British Rowing Safeguarding Policies are available here.

Emergency Telephones
These are situated at the Start and Finish Towers, at the 1000m and 1500m markers on either side of the lake, at the Waterman’s Office, at the NWSC Reception and at each manned hut.

Emergency & Useful Contacts
For Police, Fire and/or Ambulance dial 999 and give the full address “National Water Sports Centre, Ab dolton Lane, Holme Pierrepont, Nottingham NG12 2LU.” Do not ring off until the address has been confirmed.
Police (non-emergency)–
101 NHS Direct–111
NHS Walk-In Centre (07:00–21:00), Seaton House, London Road NG2 4LA–0115 883 8500
Medical Practices:
Radcliffe-on-Trent–0115 933 2948 / 3737
214 Musters Road–0115 981 4124
Hospital: Queens Medical Centre, Derby Road NG7 2UH–0115 924 9924
NWSC Reception–0115 982 1212
Photographers
At the Championships all official photographers and videographers in attendance will be provided with a copy of British Rowing’s Photography and Use of Imagery policy and will be required to comply with it. Official photographs may be available for sale at the Regatta and subsequently from the photographer’s website. These photographs and videos may be used on websites and social media channels of the Championships or by British Rowing and/or their partners for promotion, education and development of the sport. By entering the Regatta, competitors and those responsible for them consent to this. Competitors and those responsible for them should be aware that other, non-official photographers may operate at national sporting events and, that while all photographers will be asked to adhere to British Rowing guidelines, the subsequent photographs or videos may be freely used in print, digital media or elsewhere, over which British Rowing has no control. Coaches, responsible adults and competitors agree that by entering competitors they have made the competitors and their parents/carers aware of the above two paragraphs and British Rowing’s guidance concerning Photography and Use of Imagery. The aforementioned guidance can be found in the British Rowing Safeguarding Handbook 4 section 1.2.

In addition to the above, the event may be streamed live on the day of the event and the footage may also be shared with the media and press. Coaches, responsible adults and competitors agree that by entering the competition, they have made their athletes and their parents or carers aware of this and that they further consent to this.

It is the responsibility of the parents or carers, to inform the event organisers if they do not want their child being photographed, or if their child cannot be photographed for safety or security reasons. If this is the case, the event organisers will work with the parents or carers and the photographers/videographers to ensure where possible that the child will not appear in any photographs or videos of the event. In addition to the above, the event may be streamed live on the day of the event and the footage may also be shared with the media and press. Coaches, responsible adults and competitors agree that by entering the competition, they have made their athletes and their parents or caregivers aware of this and that further they consent to this.

Safety & Security
In the interests of safety and security, please do not leave baggage or other personal belongings unattended at any time. Unattended items may be removed by security staff. You are advised not to leave valuables in any vehicles.

Anyone taking part in any activity etc. on site does so entirely at their own risk. The Committee of the Junior Championships, British Rowing Ltd, Holme Pierrepont Leisure Trust, Serco and their agents, servants and suppliers do not accept responsibility or liability for any loss, theft, damage, injury, accident etc.

Catering
The Cafe in the Centre will be open for breakfast from 06.30 - 11am. External caterers will be operating from 8am to the end of racing on the Patio Lawn. Catering will include Coffee & Cakes, Burgers, Pasta & Salads, Bar and an Ice Cream man.

Vehicle and Trailer Parking at the Course
The designated trailer parks are shown on page 15. Gates are opened at 06:30 and closed at 22:00 daily. We ask that racks are used prior to or after racing if needed but boats are not left on them all weekend. Where possible, boats should be stored on trailers. Trailers parking in the designated area by the finish must be aware that trailers and towing vehicles may be brought through to the Finish Area, if there is space to park, on Thursday evening, Friday, Saturday and Sunday morning until 90 minutes before the first race of the day and from after the last race of the day. Entry and exit is only permitted through the boathouse gate. Towing vehicles and trailers must not drive further than the half-gate by the ‘new boathouse’ / Finish Tower. Please remember to tie down your boat to prevent it from being blown off the racks.

Competitor and spectator parking areas are shown on the Parking Map page 15. Note that the Main Car Park is for officials only.

There is now an ANPR system in place at the venue which is cashless (£5 per day/ £10 pre booked for all event). There is a 30 min grace period before charging begins so that towing vehicles can drop their trailer and leave if necessary. Details of how to pay can be found here.
Key Locations

- Registration Office
  - Entries Secretary
  - Registration Substitutions
  - Coach Information
- Weigh-In
  - (Boathouse)
- Trailer Park 1
- Trailer Park 2
  - (on Grass Bank)
- Grass Bank
  - Gazebos
- Trailer Park 3
  - (overflow only)
- Toilets
- Car Repair Service
- Boat Racking
- Lakeside Building
  - Changing
  - Showers
  - Toilets
  - Cafeteria
  - Coaches Meetings
  - Athlete Rest Area (Parkland Room)
- Scoreboard
- Car Park A
- Family Fun Car Park
- Coaches' Car Park
- To Car Park B
- Coach Information
- Victory Ceremonies Area
  - RowShow
  - Official Merchandise
- Cycleway - cyclists only
- (outward raft)
- Outward rafts
- Inward rafts
- No vehicles past this point
- First Aid
  - (in front of building)
- No cycling