

DIPLOMA IN SPORTING EXCELLENCE

Supporting talented young athletes to combine sport and education so that they have the skills, knowledge and competence to pursue **sporting excellence** alongside a career.



Photo: Naomi Baker

What is the Diploma in Sporting Excellence (DiSE)?

The Diploma in Sporting Excellence programme is an education programme aimed at supporting young athletes like you to develop and achieve their full potential as well as gaining an additional qualification. The programme, which supports the key messages which all potential GB team athletes are required to understand, covers subjects from technique and race planning to career planning and sports ethics.

The programme is designed to be delivered alongside your chosen higher education studies, which must be completed at a state-funded school or college.

What happens when you complete the programme?

On completion of the 18 month DiSE programme you will receive the **Diploma** as well as **64 UCAS points**.

We can also provide references and sign posting as applicable for your next step, whether that be university, a gap year or the working world.

How do I find out more about the programme?

Look out for information at the annual J16 camp and in articles in your membership news and the British Rowing website.

Am I eligible to apply?

To apply you must be aspiring to perform at national or international level. Applications can only be accepted from rowers attending a state-funded school and between ages 16 – 18 years. For those who have an Education, Health and Care (EHC) plan, we accept applications from athletes aged 19 – 24 years.

How do I apply?

Online applications for the programme will open in April. The form requires basic personal information and provides you with a chance to talk about your biggest rowing achievements to date, ergo and water performances and why you wish to apply for the programme.



If you have any questions, please contact Loretta Williams, Programme Manager for DiSE:
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