WADA 2022 PROHIBITED LIST: MAJOR CHANGES

Comes into effect from 1 January 2022

S3. BETA-2 AGONISTS
Permitted doses of inhaled salbutamol have been modified to 600 micrograms over any 8-hour period. The total permitted daily dose (1,600 micrograms over 24-hours) remains unchanged.

S9. GLUCOCORTICOIDS
Local injections have been added as prohibited routes of administration in-competition.

For clarification:
1. oral, rectal, intramuscular and intravenous routes remain prohibited;
2. inhaled, intranasal, and dermal routes remain permitted.

S0. NON-APPROVED SUBSTANCES
Body Protecting Compound 157 (BPC-157) has been added.

ADDITIONAL EXAMPLES:
Further examples of prohibited substances have been added to various categories.

FURTHER INFORMATION
The full list of changes can be found on the WADA website. For further information on how to comply with the new glucocorticoid regulations, please refer to UKAD’s Glucocorticoid TUE Policy.