



MIZUNO BRITISH ROWING INDOOR CHAMPIONSHIPS 2021 (“BRIC”)

Terms and Conditions of Entry

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4 December 2021

TERMS AND CONDITIONS OF ENTRY

General

1. By entering this competition, I agree to be bound by all Terms and Conditions of Entry. Further rules may apply and will be published on the event website prior to the event.

2. By entering and participating in BRIC, I agree that I will abide by all British Rowing Regulations and policies including, but not limited to, British Rowing’s Codes of Conduct, Anti-Doping Rules (being the UK Anti-Doping Rules), Safeguarding Children and Young People, and Adults at Risk policies. These can be found here:

<https://www.britishrowing.org/about-us/policies-guidance>.

3. The British Rowing Indoor Championships (BRIC) is committed to Clean Sport. The UK Anti-Doping Rules apply to all participants of the sport, including minors (anyone who has not yet had their eighteenth birthday), and they make all participants subject to drug testing. For the purposes of those rules, consent of a parent, guardian or carer to the testing of a minor is deemed to follow automatically from the fact that the minor has been permitted by their parent, guardian or carer to participate in rowing. Therefore, any minors as well as all other athletes participating in this competition may be subject to drug testing.

Every rower has a right to take part in the BRIC knowing they and other competitors are competing clean. All athletes and athlete support personnel who take part in the BRIC must abide by the UK Anti-Doping Rules. All participants are encouraged to report any information, or suspicions concerning a competitor in breach of the Anti-Doping Rules. To understand more about anti-doping, the rules, your responsibilities, and how to report doping please visit <https://www.britishrowing.org/knowledge/cleansport/>.

4. Any reference to ‘we’, ‘us’ or ‘our’ refers to British Rowing Limited, a Company Limited by Guarantee registered in England number 1706271.

Live Racing

5. Racing will take place over 2,000m and 500m. Individual events are offered as follows: Men’s and Women’s, further subdivided into:

- Under 23
- Open (open to anyone aged 18+)
- Lightweight (A competitor is a Lightweight if their weight does not exceed 75 kg (Men), 61.5 kg (Women) and aged 18+ on the day of competition)
- Masters (aged 30+) age categories

6a. Adaptive and Para (open to anyone 18+) events are offered and will race over 2,000m (Para only), 500m, 4 minutes and 1 minute (see points 49-52 for more information).



6b. Only individuals holding a current Para-Rowing classification will be able to participate in the 2,000m event.

7. Junior categories offered will be raced as follows:

- Year 7/ J12: 2 minutes
- Year 8 /J13: 3 minutes
- Year 9 / J14: 4 minutes
- Year 10 / J15: 5 minutes
- Year 11 / J16: 6 minutes
- Sixth form /J17 & J18: 2,000m

8. Team Relays (Fours) will consist of one round of 1km for Adult/Adaptive (each competitor will row approximately 1km each) and 2 minutes for juniors (each junior will row for 2 minutes), teams are to be made up of four people. The following relay categories will be offered;

a. Junior Men's/Women's/Mixed - Junior teams can be made up of a mix of juniors from Year 7 to Sixth Form.

b. Men's/Women's/Mixed - Adult teams can be made up of adults of any age / weight categories.

c. Adaptive Men's/Women's/Mixed - Adaptive teams can be made up of any combination of adaptive athletes.

Note: A mixed team must be made up of two males and two females.

9. Each member of the relay team will be rowing at the same time so will need access to their own rowing machine.

10a. Only one member of the relay team needs to enter on behalf of the whole team. That person, the captain, is deemed to have signed the entry waivers on behalf of all four relay team members and must ensure they have read and agreed to comply with these Terms and Conditions of Entry.

10b. The captain of the winning relay teams also takes responsibility for distributing the winner's medals to their team members. These will be sent out at the same time as the individual winner's medals in one package to the captain.

11a. Alongside the standard relay events on offer (see point 8) there are two categories available for the Love Rowing Challenge - Adults and Juniors. Competitors who enter this event, in groups of three, will be randomly allocated a GB Rowing team star as their fourth team member. Teams will find out their fourth member following close of entries on Monday 22 November 2021. This event will not be medalled.

11b. £10 from every Love Rowing Challenge entry will be donated to Love Rowing, British Rowing's Charitable Foundation.

12. A 1 minute event has been included in BRIC. Due to the number of events being offered, British Rowing is only able to offer the following categories for the race:

- Open Men
- Open Women

- Open Lightweight Men
- Open Lightweight Women

13. Any competitor who enters the 1 minute race does so on the understanding that they will be racing in an open category, there will be no sub-division within these. Adaptive rowers wishing to race in their adaptive category should enter the Adaptive 1 minute event listed separately on the entry system.

14. Racing will take place over one day and it is expected that racing will be scheduled in the following order:

- Masters 2km
- Adaptive 4mins
- Junior 2km/Timed races
- Open 2km
- Adaptive 2km
- Open 1min
- GB Relays
- Adult Relays
- Junior Relays
- Masters 500m
- Adaptive 1min
- Junior 500m
- Adaptive 500m
- Open 500m

Note: We reserve the right to change the order of racing at any time.

15. All events will run as straight Finals, i.e. each competitor will only row once. Due to entry numbers, some events may be spread over more than one heat. The times from all heats for a single event will be combined to give an overall ranking. We will endeavour to seed the fastest competitors of each event to be in the last heat for each event. To enable this process, competitors are required to submit their expected finishing time or expected distance (Juniors Year 7-11) for each event when entering.

16. Medals will be awarded to the fastest three in each event and will be sent out following completion of the event to both UK and international winners (see point 10b for information about relay team medals).

17. If a competitor experiences technical difficulties during the race they may email officials@britishrowing.org **no later than 30 minutes after the end of their race** with a submission of their evidence to prove their race result and the Race Review Panel (RRP) will consider whether their result can be manually added to the final results list (see point 24 regarding recommended evidence for collection). The RRP's decision will be final.

Please note: It is possible for competitors racing in different events to share rowing machines, if they live at or are competing from the same venue, but British Rowing is not in a position to take account of any equipment sharing when preparing the schedule of racing. British Rowing will not be able to consider any requests for changes to race times once the final schedule is published.

18a. In the event that a full relay team starts a race, but team members are disconnected during the race, all team members are advised to complete the race and submit screenshots of their rowing machine monitors once they have finished. This image to include the average pace rowed for the piece.

18b. In the event that not all members of a relay team can connect to the race lobby for the start of the race, a substitute will be included using an auto-pace boat (facilitated by the Technical Director) to enable the rest of the team to race. This team, whilst able to race, will not be eligible for medals.

19a. If there is a false start, the race system will display “False start” on the indoor rowing machine monitor and on the computer attached for race purposes, and the race will be stopped. Competitors will need to put the handle down, wait for the flywheel to stop moving and the start sequence will begin again.

19b. In all events, if there is one false start, the offender will be allowed another chance to start. If there is a second false start, the offender of this false start will be disqualified, even if they did not false start the first time. The Race Official overseeing each specific race will have the final decision on whether to disqualify a participant.

20. No competitor will be allowed to change events on the day of racing. This includes lightweight competitors who do not make their weight (see point 48).

21. The racing schedule will be uploaded onto the BRIC event page after the closing date for entries. All times stated on the schedule will be Greenwich Mean Time (GMT). Any errors should be notified as soon as possible before race day (see points 33 and 34).

22. Only static Concept2 Indoor Rowers may be used for this event. Competitors may use the resistance level of their choice, but this cannot be changed during the race. Individuals with access to other indoor rowing machines may take part in the League event (see point 64).

23. During the event, should any competitor wish to dispute or protest a race, a result or an incident occurring during a race, they should email the Race Review Panel (officials@britishrowing.org) **no later than 30 minutes after the end of their race**. The Race Review Panel will investigate the situation, using the race data for the race and the provisional results. Competitors may be asked to provide further evidence to aid the Race Review Panel in their investigation into the dispute or protest. The outcome of this investigation and the decision of the Race Review Panel is final.

24. In the event of anomalies detected in race results, data might be reviewed to determine the outcome. Further evidence of the row might be requested as part of the review (images or video - see advice below). British Rowing strongly recommends that competitors ensure this evidence is collected. Any decisions made by the Race Review Panel will be final.

Concept2 gives the following advice regarding evidence collection: video evidence should be a single take that includes a close-up of the monitor before the start, a clear view of the competitor and machine throughout the race, and a close up of the monitor after the finish.

25. If a British or world record is completed during taking part in the event, participants will be contacted by British Rowing to confirm this and gather evidence. In return, to claim a record the competitor and event must:

- Submit a video of the row, which should be a single take that includes a close-up of the monitor before the start, a clear view of the athlete and rowing machine throughout the race, and a close-up of the monitor after the finish
- Include the ErgRace log file which must be submitted to Concept2 by the race organiser
- Provide documentation to confirm age upon request
- Provide proof of sport category certification from an international (World Rowing) or a national governing body for para rowing if applicable
- Ensure lightweights are weighed-in no earlier than two hours before their race, under independent supervision, on approved scales. Using personal scales with a family member present will not count. Weigh-in should satisfy the same level of scrutiny as at a venue race (for more information see point 46)

Entries

26. An early bird discount of £2 on each event, with the exception of the Love Rowing Challenge, will be available to anyone who enters the event during the first 48 hours (until 9.00am BST Monday 18 October 2021).

27. A discount of £2 on each event, with the exception of all relay events and the Love Rowing Challenge, will be open to British Rowing members entering BRIC after the early bird discount window (after 9.00am BST Monday 18 October 2021). For this discount to apply you must be a current British Rowing member on the date of purchasing the entry.

British Rowing membership information can be found here:

<https://www.britishrowing.org/join/>

28. BRIC is open to all with no qualification requirements, other than for adaptive competitors (see point 49).

29. All entries must be made through Active Network via the official BRIC website.

30. Competitors from outside the United Kingdom may enter, and the cost of posting winner's medals will be covered by British Rowing. All other postage costs, such as for merchandise, will need to be covered by the competitor (see point 54).

31. Junior entries (Under 18s) must be made by a responsible adult and with the knowledge and agreement of the junior's parent/guardian/carer. Entries found not to comply with this term will be invalid and will be removed. Any entrant under the age of 18, or any adult at risk taking part, must be accompanied by a responsible adult or carer, for the duration of their participation.

32. Individual entries to BRIC will close at 9:00am GMT Monday 22 November 2021. No entries will be accepted after this time.



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33. It is the competitor's responsibility to ensure all entry details are correct, including checking the entry on the BRIC website. Competitors will have the ability to edit their own entry until the close of entries at 9:00am GMT Monday 22 November 2021. If the change required cannot be made by the competitor, please notify British Rowing as soon as possible by emailing indoorchamps@britishrowing.org.

34. If an error is notified to British Rowing prior to entries closing, we will make all reasonable efforts to rectify this error, however this is not guaranteed. If an error is discovered on race day that renders the competitor ineligible to row in the category in which they had been entered, that competitor will not be able to race.

35. If British Rowing makes an error during the entry process, we will make all reasonable efforts to rectify this error as soon as possible after we become aware of it. British Rowing accepts no liability for any errors made by it.

36. All details specified on the entry form are required for a valid entry. To avoid any disappointment, and in order to allow us to clarify any entry details, please ensure you include a mobile number (with country code) and valid email address. Incomplete entries will not be accepted.

37. Entry fees are non-refundable and non-transferable.

38. British Rowing reserves the right to limit the size of entry into any given event, or for the competition as a whole.

39. British Rowing's decision in all matters relating to the BRIC is final. No correspondence will be entered into.

Junior Rowers

40. All junior competitors must be between the age of 11 and 18 as of 01/09/2021.

41. Further age banding is as follows:

School Year 7 / J12 = under 12 on 01/09/2021

School Year 8 / J13 = under 13 on 01/09/2021

School Year 9 / J14 = under 14 on 01/09/2021

School Year 10 / J15 = under 15 on 01/09/2021

School Year 11 / J16 = under 16 on 01/09/2021

Sixth Form / J17 and J18 = under 18 on 01/09/2021

Masters Rowers

42. A competitor's age is the age of the competitor on the day of the event, 4 December 2021.

43. The Masters events will have the following age categories; 30-39, 40-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

Lightweight Rowers



44. Lightweight categories will be offered in the Under 23, Open and Masters Events only. Any competitors under the age of 18 may not enter lightweight events.

45. The Lightweight limit is not more than 75 kg for men and not more than 61.5 kg for women.

46a. Lightweight competitors will be required to submit a photo, or photos, of their weigh-in on scales at home with weight reading visible along with a date (this could be by including a newspaper or the home screen of a phone showing the date) on the day of competition.

46b. Lightweight competitors must submit their weigh-in photo(s) via the specified process. More details of this will be shared in the competitor handbook closer to event day. Any enquiries about the lightweight weigh-in process in advance of race day should be sent to indoorchamps@britishrowing.org.

47. Lightweight competitors may submit their photo(s) from two hours prior to the start of their first race to **no later than 30 minutes** prior to that start time.

48. Lightweight competitors who do not make their weight or are unable to confirm weight as per point 47 will be able to race. Results will be listed but they will not be placed and not eligible for medals. Their time may be included in the Concept2 Ranking as a heavyweight time.

Note on World Records: Competitors who believe that they may break a lightweight world record during the event should contact Concept2 in advance of competing to indicate this possibility. In addition to following all of the score verification protocols (as outlined on [Concept2's website](#)), lightweights must be weighed-in no earlier than **two hours** before their race, under independent supervision, on approved scales. Using personal scales with a family member present will not count. Weigh-in should satisfy the same level of scrutiny as at a physical indoor rowing competition. Competitors should contact Concept2 in advance of competition in order to ensure that their planned weigh-in strategy is approved and would be accepted by Concept2.

Adaptive Rowers

49a. All competitors with a physical, sensory or learning impairment entering the Adaptive events will be expected to submit documentation to support their chosen classification, or proof of current classification, if no proof is held by British Rowing, prior to entries closing at 9:00am GMT Monday 22 November 2021. Submission will be via a secure online form, the link to which will be included in the entry confirmation email.

49b. Any competitor that does not provide this evidence in advance of the deadline will be given the opportunity to race in the IAR6/AR3-Open event only.

50. Competitors previously unclassified, those holding national classifications or those who have completed other categorisation processes (e.g. Invictus categorisation) will have their evidence verified by a British Rowing Classifier ahead of the competition. By submitting

your evidence on the secure online form you are agreeing to share this data with the British Rowing Classifier for the purposes of classification.

51a. British Rowing has the right to move a competitor into a different class if deemed appropriate, based on the evidence submitted by the competitor. This could include being moved from a PR (International) classification to an AR (National) classification.

51b. British Rowing acknowledges that, due to the virtual nature of the competition, the classification given to a competitor is valid for BRIC 2021 only. For any classification enquiries please email classification@britishrowing.org.

52. Any adaptive rowers that believe they will break a Concept2 adaptive record are recommended to follow the guidance around collection of verification data to support their attempt (see point 24). This data may be submitted to Concept2 under the adaptive rower's specific classification for verification.

For more information about Adaptive entries, and a more detailed list of classifications, please see the [Adaptive Classification Guidance](#). Any further enquiries can be directed to classification@britishrowing.org

Merchandise

53. Merchandise will be available to purchase at point of entry. The following items will be available:

- BRIC t-shirt
- BRIC wooden coaster medal
- British Rowing Indoor Rowing subscription

Once purchased, please allow three working days for your Indoor Rowing subscription to be activated. When activated you will receive an email from membership@britishrowing.org asking you to verify your account. Follow the instructions to get access to your subscription.

Postage and packaging will not be charged to competitors who live in the UK. For non-UK residents, please see point 54 below.

In addition entrants will be given the opportunity to make a donation to Love Rowing (British Rowing's Charitable Foundation).



54. If overseas competitors wish to purchase any items of merchandise they will be required to pay for postage and packing and, in addition to the item(s) purchased, should ensure that they pay for a non UK Shipping Fee.

Please note merchandise purchased at point of entry is done so on a pre-order basis. British Rowing does not guarantee that you will receive your merchandise in advance of the competition.

55. Due to the nature of the competition, British Rowing is unable to offer exchanges on any merchandise purchased. Requests for refunds will be considered on an individual basis, please contact indoorchamps@britishrowing.org after the competition if this is deemed necessary.

SIZE CHART

INLINE SIZE CHART

MIZUNO MAN	CHEST	WAIST	HIPS	HEIGHT
XXS	75-82	63-68	78-83	159-163
X5	83-88	69-74	84-89	164-168
S	89-94	75-80	90-94	169-173
M	95-100	81-86	95-100	174-178
L	101-106	87-92	101-106	179-183
XL	107-112	93-98	107-112	184-188
XXL	113-118	99-104	113-118	189-193
XXXL	119-124	105-110	119-124	194-198
MIZUNO WOMEN	CHEST	WAIST	HIPS	HEIGHT
X5	77-82	58-63	83-88	157-162
S	83-88	64-69	89-94	162-167
M	89-94	70-75	95-100	167-172
L	95-100	76-81	101-106	172-177
XL	101-106	82-87	107-112	177-182
XXL	107-112	88-93	113-118	182-187
MIZUNO JUNIOR	CHEST	WAIST	HIPS	HEIGHT
116	58-61	55-56	62-64	110-116
128	62-64	57-58	65-69	116-128
140	65-71	59-64	70-77	128-140
152	72-79	65-68	78-83	140-152
164	80-86	69-72	84-89	152-164

Please be aware that the sizing for inline products and bespoke product is slightly different. This is dependent on the sport and activity the customer requires the product for. Mizuno recommends that the customer tries on the product before placing the order. Sizing samples can be arranged by contacting your Mizuno Sales Representative.

Photography / Videography / Live Streaming



BRITISHROWING

56a. British Rowing may use photographs and videos of the event which may be used on its websites and social media channels including streamed live on the event day or shared with the media, press and British Rowing Partners.

Any use of photography, video and live images involving juniors or adults-at-risk will be in accordance with the British Rowing Photography and Use of Imagery Guidance, which can be found in the British Rowing Safeguarding Handbook 4 - Section 1 and the Online Safety and Social Media Policy. Both of which, are available here:

<https://www.britishrowing.org/knowledge/safeguarding/>

56b. If, for whatever reason you, or your child, cannot be photographed, you must inform British Rowing prior to the event by emailing bricwelfare@britishrowing.org and British Rowing will make every effort to take any necessary action.

57. Competitors and those responsible for them should be aware that it is possible that there may be unauthorised live streamed video during and post event over which British Rowing has no control and that unauthorised photographs or videos over which British Rowing has no control may be used in print, digital media or elsewhere.

58. Coaches, responsible adults and competitors agree that by entering competitors they have made the competitors and their parents/carer (where in loco parentis) aware of the above two paragraphs. However, no images or use of webcams of competitors will be used for any public broadcast as part of the British Rowing Indoor Championships.

59. More information can be found here:

<https://www.britishrowing.org/about-us/safeguarding/guidance-documents> (See Section 5).

Safeguarding

60. The Organising Committee of the British Rowing Indoor Championships recognises their duty of care to ensure that all reasonable steps are taken to provide a safe environment for all those involved in the event, whatever their capacity.

61. Please take a moment to read the [British Rowing Welfare Policy Statement](#), the [British Rowing Safeguarding Handbooks](#) and [British Rowing's Safeguarding policy](#), so you can ensure you know all of your rights and responsibilities regarding safeguarding.

62. If at any time during the event, you see or experience something that is concerning to you, or makes you feel unsafe, please complete our '[Safeguarding referral](#)' form, which will be sent directly to the Event Welfare Officer.

Equipment/ set-up

63. Competitors will need to provide all equipment needed to compete in this event. This will include:

- Concept 2 Rowing machine with updated PM3, PM4 or PM5 monitor (details on how can be found on the Concept 2 [website](#)) calibrated for use on the model connected to
- A USB A to B cable, Compatible Windows or MacOS Laptop/ Computer with Chrome Browser installed

- The ability to install/use a 3rd party communication system as backup in the event of failure of built-in race system communication
- A stable internet connection.

League Racing

64. The League event is a free-to-enter competition running in the lead up to and following the live racing on 4 December 2021. The League will close on Sunday 12 December. More information can be found on the BRIC page of the British Rowing website.

65. Entry to the League is via the Resport platform the link to which will be made available in advance of the opening for registration.

66. All submissions will be entered onto a leader board and displayed on the British Rowing website. These submissions will NOT be eligible for inclusion in the BRIC Live results leader boards.

Data

67a. By completing the application process you give permission (subject to point 56b above) to British Rowing, their partners, their representatives, employees, stakeholders and agents to use photographs, publicly display the name and race data of you or the competitor you are entering during the event.

67b. By completing the application process, you give permission to the said entities for data to be collated, analysed and for the results of that analysis to be publicly displayed – whether that is data relating to you or the competitor you are entering. In signing the Conditions of Entry Waiver, you release any claim to such photographs, video footage and race data and agree that it may be used by British Rowing for promotional purposes and analysis, on the event day or in the future. More information can be found here:

<https://www.britishrowing.org/about-us/policies-guidance/privacy-policy-and-cookies-policy>.

68. All sensitive and confidential information submitted by all competitors, including junior entrants and adults at risk entrants, such as passport / identification information, classification information and competitive information, will only be handled by British Rowing staff or volunteers who have been recruited in accordance with British Rowing's Safer Recruitment Guidance and who have read and signed the 'Safe Handling of Confidential Information' guidance. <https://www.britishrowing.org/about-us/safeguarding/guidance-documents/>

Important Medical Recommendation

If you feel unwell, have recently been suffering from Covid or another virus or are on medication for acute illness, we recommend that you do not take part in the virtual championships. The participation in BRIC is at your own risk. Always consult your doctor before starting any exercise programme or challenge. British Rowing shall not be liable for any damages or injuries, however caused, occurring during or after taking part in the British Rowing Indoor Championships.

Further Medical Guidance;

- If you do not feel well then do not exercise.
- If something is making you feel unwell then stop doing it.
- The NHS is busy at the moment as a result of Covid-19, take care not to add to their burdens.
- Social Distancing guidelines as issued by your Government should be adhered to at all times. If this is not possible, do not participate.
- In preparing for the championships, try to make progressive small improvements in performance rather than deliver a maximum effort.
- Exercise regularly and acclimatise yourself to physical activity.
- It is OK to control your workouts so that you can deliver peak performance for the competition but remember that good performances take time and they result from careful planning and training.

For further guidance, please consult the following:

[Safety alerts – Indoor Rowing](#)

[Adaptive Rowing](#)

[Rowing and Backs](#)

[Rowing and pregnancy](#)

Waiver

By entering any of the BRIC race categories you confirm that you understand that participation in the competition involves risks of injury, as well as loss of or damage to property. Your decision to participate or to enter a Junior participant in the competition is made in full recognition of these risks and is entirely voluntary.

In consideration of your acceptance of the entry form, you agree that British Rowing Ltd, its partners their respective directors, officers, employees, representatives, agent successors and assigns are not liable for any injury, loss, claim, or damage to the health, wellbeing or property of any participant or anyone else caused by or arising out of participation in the British Rowing Indoor Championships online event.

Jurisdiction

These Terms and Conditions of Entry are governed by and construed in accordance with the laws of England and Wales and any disputes arising under them shall be subject to the exclusive jurisdiction of the courts of England and Wales.