



## ADAPTIVE CLASSIFICATION GUIDANCE

All competitors with a physical, sensory or learning impairment may enter BRIC. A form of virtual classification has been set up to support inclusion of any adaptive rowers that may want to compete. Competitors should note that any classification given at BRIC applies to this competition only, due to the virtual nature of the classification process.

The following race categories are available for Adult Adaptive rowers:

- 2km
- 500m
- 4 minutes
- 1 minute

The following race categories are available for Junior Adaptive rowers:

- Timed races/2km
- 500m
- 4 minutes
- 1 minute

## ADULT ADAPTIVE CLASSIFICATIONS

The tables below list the classifications available to enter at BRIC. Please check the details fully to ensure you select the appropriate race category to enter.

Para Rowing – Internationally recognised classifications

Classification		Details	Equipment	Equivalents
PR1		Use of arms and shoulders only	Upright seat	None
PR2		Use of trunk and arms only	Fixed seat	None
PR3-PD		Use of legs, trunk and arms with a physical impairment	Sliding seat	None
PR3-VI	(B3) (B2) (B1)	Use of legs, trunk and arms with a visual impairment	Sliding seat	None



#### Adaptive Rowing – Nationally recognised classifications

Classification	Details	Equipment	Equivalents
AR1	Use of arms and shoulders only	Upright seat	IAR2
AR2	Use of trunk and arms only	Fixed seat	IAR4
AR3 – PD & VI	Use of legs, trunk and arms May have a physical or visual impairment	Sliding seat (physical disability or visual impairment)	IAR5
AR3 Open	Use of legs, trunk and arms May have physical impairment not comparable with AR1-AR3-PD & VI	Sliding seat	IAR6

#### Indoor Adaptive Rowing – Nationally recognized indoor rowing classifications

Classification	Details	Equipment	Equivalents
IAR1	Use of one arm and trunk, or impaired use of both arms and no trunk	Upright seat	None
IAR3	Use of legs, trunk and one arm	Sliding seat and D handle/single handed grip	None

## JUNIOR ADAPTIVE CLASSIFICATIONS

#### Para Rowing – Internationally recognised classifications

Classification	Details	Equipment
PR1	Use of arms and shoulders only	Upright seat
PR2	Use of trunk and arms only	Fixed seat
PR3	Use of legs, trunk and arms May have a physical or visual impairment	Sliding seat

#### Adaptive Rowing – Nationally recognised classifications

Classification	Details	Equipment
AR1	Use of arms and shoulders only	Upright seat
AR2	Use of trunk and arms only	Fixed seat
AR3 – PD & VI	Use of legs, trunk and arms May have a physical or visual impairment	Sliding seat (physical disability or visual impairment)
AR3 Open	Use of legs, trunk and arms May have physical impairment not comparable with AR1-AR3-PD & VI	Sliding seat

Competitors will be required to submit evidence to support their chosen classification, or complete a self-declaration form. This evidence can take the form of:



- A current classification letter
- Invictus categorisation confirmation
- Medical documents

Submission will be through a secure online form. A link to this form will be included in the entry confirmation email. This evidence must be submitted no later than 9.00am GMT on Monday 22 November, the closing date for entries to BRIC.

Your evidence will then be reviewed by a British Rowing Classifier and you will be notified of the class you are eligible to race in. If this is different from the classification you entered initially, we will make the change to your entry.

Competitors are advised to select the classification they feel best suits them but must be aware that this classification may change ahead of the event.

Any competitor that does not provide this evidence in advance of the deadline will be given the opportunity to race in the AR3-Open class only.