

2021 British Rowing Beach Sprints



Safety Plan

Version correct as of 7 July 2021

Contents

- **Event overview and race courses**
- **Craft allowed**
- **General safety provisions**
- **Safety Boat**
- **Safety on the beach**
- **Coordination and communication**
- **Casualty recovery location**
- **Tide times**
- **COVID risk management**
- **Event schedule**
- **Contact details**

Event overview

Event format

The British Rowing Beach Sprints will take place on Sunday 18th July 2021 at Exmouth Rowing Club, Queen's Dr, Exmouth EX8 2AZ

All races will be in FISA Class Coastal boats and follow the British Rowing Rules of Racing for Beach Sprints which is available on the British Rowing Website (www.britishrowing.org).

The race starts with a sprint on the beach of between 10 and 50 m for the rower or one of the rowers. They then enter the boat and the boat slaloms around three buoys over a 250m course, and, for this event, will row straight back to the beach before one of the rowers exits the boat and runs to the finish line.

The following Open (O) and Women's (W) and mixed (Mx) events are offered in FISA Class coastal boats:

Men's Categories	Women's Categories	Mixed Boat
Coastal 1x (OC1x)	Coastal 1x (WC1x)	Coastal Mixed (MixC2x) (1 man and 1 woman)

2021 British Rowing Beach Sprints

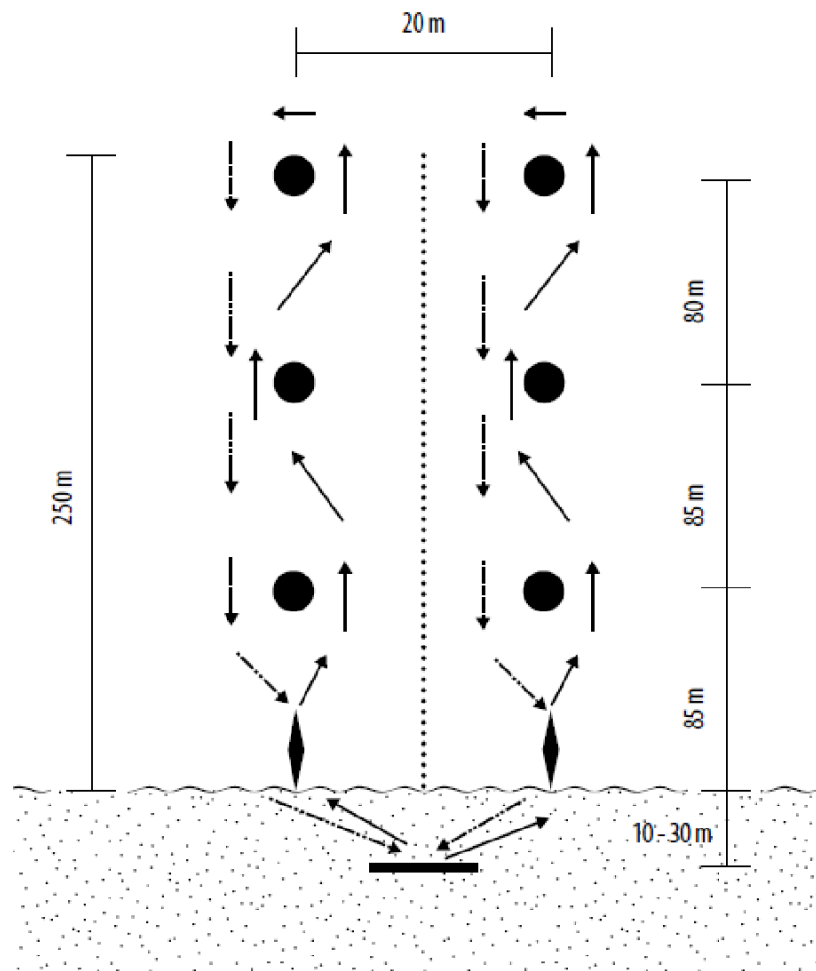


Safety Plan

Version correct as of 7 July 2021

Course:

The distance between courses will be 30 mtrs (not 20mtrs)



2021 British Rowing Beach Sprints



Safety Plan

Version correct as of 7 July 2021



Approximate intended beach location – to the right (as you're looking out to sea) of the Exmouth RNLI Station

Craft allowed

Only craft meeting the FISA coastal design regulations are eligible to race. The FISA Class Coastal boats.

These rowing boats are much wider and more robust than 'fine' racing boats and UK coastal craft, with the shape designed specifically for dealing with waves and manoeuvrability in rougher water. The design greatly reduces the likelihood of capsizing or sinking.

2021 British Rowing Beach Sprints



Safety Plan

Version correct as of 7 July 2021

All racing craft will be provided and inspected prior to racing.
The boat supplier will provide the boats in good working order.

General Safety provisions

All crews are expected to adhere to the British Rowing Rules of Racing for Beach Sprints which is available on the British Rowing Website. All teams shall:

- Be aware of how to safely unload boats using spotters for hazards
- Attend the Team briefing
- Assess the experience of the crew and their ability to cope with the conditions
- Be aware of other water users, groynes and slalom buoys
- Sign out before they go afloat for training
- Carry the minimum safety equipment required onboard
- Follow the instructions of the marshals and umpires
- Sign in when they come ashore from training

There may be times when crews need to navigate with other water users, it is expected that crews will follow the relevant COLREGs and local navigation rules.

It is not permitted to warm up or cool down on the water during racing, or row in the dark.

The Event Organisers shall:

- Ensure competitors are vetted for sea-rowing experience
- Employ a professional ambulance service with at least two ambulance technicians
- Ensure life-guard and beach safety team have received training
- Ensure that access routes for emergency services are clearly marked and checked at regular intervals
- Ensure that the tents are correctly erected and checked periodically
- Ensure that turns are put out and retrieved safely
- Conduct boat inspections prior to boats going afloat
- Conduct a beach inspection to check for sharp debris / stones
- Conduct a site inspection periodically checking toilet facilities for hygiene, and also for hazards such as tripping hazards from wires.
- Ensure there is a welfare officer present and contactable, and that there is a meeting place for missing children that is well publicised
- Ensure that drinking water is available.
- Ensure that COVID Guidelines are followed and applied to the event.

2021 British Rowing Beach Sprints



Safety Plan

Version correct as of 7 July 2021

Safety Boat

The safety boat driver will be qualified to at least RYA Level 2 Powerboat with experience of driving at sea and aware of how to pull people from the water.

All support craft will adhere to the local maritime rules of not exceeding 10 knots within the Harbour, unless there is an emergency situation. (see diagram below for harbour limit)



During Racing

One safety boat will be on the water during races.

During Training

A safety boat will patrol a specified training zone during scheduled training times. Crews training outside of this zone or outside of these times are responsible for their own safety in line with their club's own rules.

2021 British Rowing Beach Sprints



Safety Plan

Version correct as of 7 July 2021

Safety on the Beach

A lifeguard and beach pit crew will oversee the shoreline during the beach sprint starts and finishes. Boat zones and spectator spaces shall be clearly marked out on beach using crowd barriers, tape and signage to mark out areas. Marshals will be present to alert spectators that move too close to potential areas of risk.

Coordination and Communication

Race Control and Event Safety Adviser will be situated on the beach, at Race Control located close to the finish line. Race Control will monitor all radio VHF and coordinate all race UHF traffic.

At the beginning of each day, Race Control shall carry out two-way radio checks with all stations as described in RowSafe Section 2.3.

The Event Safety Adviser will act as coordination point for any incident on the water. Any water-based incident which is part of a bigger overall emergency, will be coordinated by HM Coastguard.

Whilst the Race Director or the Safety Adviser will coordinate actions as far as possible, safety crews should take actions under their own initiative as appropriate.

During racing the Race Director (RCC) will be on the beach, and available on UHF radio, VHF radio and mobile phone (for non-emergency and confidential matters). Prior to the first race of the day the Race Director will make a course inspection

Head of Communications and Marketing for British Rowing will coordinate any external communications on behalf of British Rowing throughout the event.

A full schedule of available communications, including mobile phone numbers for all concerned, will be produced in the week before the event and circulated widely (and placed on the event web site).

Information

The following information will be displayed on notice boards

- The circulation pattern for the races
- Traffic patterns for beach start and finish
- Race schedule
- Draws
- No-Go zones
- Emergency numbers

2021 British Rowing Beach Sprints



Safety Plan

Version correct as of 7 July 2021

Please see also the supporting documents:

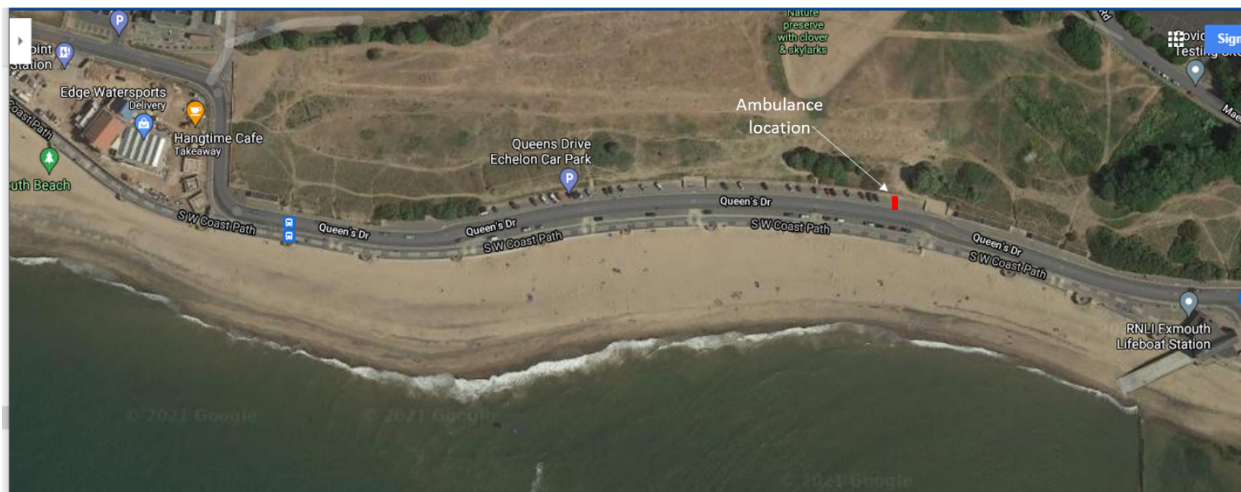
- Emergency Plan
- Briefing for Captains and Officials
- Information for Participants and Officials Prior to the Event

Record of participating boats

During training and racing all Participants/crews will sign in and out with Control Commission as they go onto the water and as they return. Race Umpires and race officials shall have event start list and be notified live of any withdrawals.

Casualty recovery locations

The medical facilities will be situated in a parking bay to the rear of the race beach – see diagram below. Casualties coming ashore by safety boat should be landed on the beach.



Name	Postcode	Contact
Devon EMS Ambulance & First Aid Services	TQ2 7DS	Jim Clarke 01803 315251 Duty Officer 07779774983

If evacuation to hospital is necessary, the onsite Ambulance will transfer to Exmouth Hospital A & E 01395 279684 - Claremont Grove, Exmouth, EX8 2JN

2021 British Rowing Beach Sprints



Safety Plan

Version correct as of 7 July 2021

Tide Times / Sunrise & Sunset Times

All times below are shown in local British Summer Time

<i>18 July</i>	
<i>LW 06:52</i>	<i>0.7 m</i>
<i>HW 13:10</i>	<i>3.2 m</i>
<i>LW 19:17</i>	<i>1.0 m</i>

	<i>18 July</i>
<i>Sunrise</i>	<i>5.21</i>
<i>Sunset</i>	<i>21.17</i>

COVID Risk Management

The event has appointed a COVID Officer responsible for ensuring that the event is organised subject to risk assessment, and in accordance with the latest UK Gov rules, local venue/location rules and the British Rowing Managing COVID-19 Guidance v12.1.

The event takes place on a beach which allows for excellent fresh air flow rates. There is sufficient space to ensure social distancing in and around the event site. There will be sufficient supplies of sanitizing wipes and gels for any shared items.

There is limited availability of clubhouse facilities; for use in emergency instances.

Competitors are required to undertake a risk assessment of their activity to ensure they have designed ways to mitigate the risks associated with COVID transmission.

All competitors, coaches and volunteers are required to complete the Health Declaration Form before travelling and to do a LFT home-test and travel if it is negative.

All event personnel are reminded to notify the COVID Officer should they become symptomatic during or after the event, and to notify the COVID Officer if they test positive (PCR) after the event.

2021 British Rowing Beach Sprints



Safety Plan

Version correct as of 7 July 2021

Event schedule outline:

Time	Event	Round
09:45	<i>Registration closes</i>	
	<i>Beach Orientation - All crews to attend</i>	
11:00	MxC 2x	Time Trials
11:45	WC 1x	Time Trials
12:40	OC 1x	Time Trials
14:10	MxC 2x	Knockout
15:15	WC 1x	Knockout
16:20	OC 1x	Knockout
17:30	<i>End of Racing</i>	

2021 British Rowing Beach Sprints



Safety Plan

Version correct as of 7 July 2021

Officials and Safety launches and radio availability

Name	Supplied by	Crew	Comms
Safety launch	Exmouth RC	2	Mobile Phone & UHF & VHF 8

*mobile phones only to be used for non-emergency and confidential matters.

ALL LAUNCHES WILL BE EQUIPPED WITH VHF (and supplied with UHF) RADIOS

Event control on the day

Location	Function	Name	Mobile phone
Start & Finish Beach	Race Control	Race Control	07831 125250
Start & Finish Beach	Safety Adviser	Jo Johnston	07454 339863
Start & Finish Beach	Race Director	Guin Batten	07710 457442
Start & Finish Beach	Race Comm Chair	Richard Dennis	07831 125250
Start & Finish Beach	Event Manager (Beach)	Barbara Wilson	07836 774603

Event committee and key function leads on the day

Location	Function	Name	Mobile phone
Start & Finish Beach	OC Chairman	Barbara Wilson	07836 774603
Start & Finish Beach	Race Committee Chairman	Richard Dennis	07831 125250
Start & Finish Beach	Race Director	Guin Batten	07710 457442
Start & Finish Beach	Event Safety Adviser	Jo Johnston	07454 339863
Start & Finish Beach	Event Secretary	Sarah Gregory	07841407414
Start & Finish Beach	Local Coordinator and Advisor	Morag Van-Niekerk	07584 298 725
Start & Finish Beach	Welfare Coordinator	Sarah Harris	07818 576149
Start & Finish Beach	Timing & Results	Si Rose	
Start & Finish Beach	Volunteer Coordinator	Vicky Parry	07913284716
Start & Finish Beach	Boat Hire	Roy Prosser	07793 018633
Start & Finish Beach	Entries Secretary	Barbara Wilson	07836 774603

2021 British Rowing Beach Sprints



Safety Plan

Version correct as of 7 July 2021

Start & Finish Beach	Life Guard	Exmouth Beach Rescue Club - Nigel	07974439075
Start & Finish Beach	Head of Communications and Marketing		

Other Key contacts

Organisation	Contact	Phone / VHF	Postcode
Exmouth Harbour Master	Grahame Forshaw grahame.forshaw@exeter.gov.uk	?	?
Coastguard (Solant)		02392552100 or 999 VHF Channel 16	
RNLI Exmouth (To be contacted by Coastguard)	Lifeboat Station	01395 274890	Queen's Dr, Exmouth EX8 2AY
British Rowing on duty	On duty officer		
Devon EMS Ambulance & First Aid Services	Jim Clarke Duty Officer	01803 315251 07779774983	TQ2 7DS