



# KINGSTON GRAMMAR SCHOOL

FOUNDED 1561

## SENIOR ROWING COACH Job Description

A Rowing Coach is required at Kingston Grammar School, a large co-educational school in SW London with a strong tradition in Rowing. We have an impressive fleet of boats and a long history of success at both boys' and girls' levels as well as producing top internationals.

KGS is looking for a rowing coach to join the senior squad coaching team led by the Director of Rowing. The senior squad is growing and has athletes with a wide range of abilities including potential GB Junior standard. The candidate will have the ability to work in a team with the other senior squad coaches and be willing to coach any senior squad crew as required by the Director of Rowing. The ideal candidate will have previous experience of coaching medal standard crews at national events such as the National Schools Regatta and will have experience of coaching athletes who have reached junior international standard. The role may require the coach to work with any of the lead boys' or girls' crews (1st and 2nd crews, boys and girls) and will require the candidate to work with the other senior coaches to achieve the best results for their crew and for the squad. It will also require the coach to support the J14 and J15 squads throughout the year as required, including working through school holidays and at weekends.

The candidate will be expected to contribute to the training programme and selection decisions through discussion and regular meetings with the Director of Rowing and the other senior squad coaches.

### Requirements

UKCC Level 2 rowing coach certificate or equivalent  
Experience of coaching junior rowers at all levels from J14-J18  
Proven track record of success at National Level J16-J18 level  
Experience of success within the GB trials process  
Must be willing to work at weekends and through school holidays  
Must be willing to coach boy and girl students of all ages and abilities  
Ability to work as part of team

### Desirable

D1 license and experience of towing  
UKCC Level 3 in coaching rowing  
UKCC Level 2 in S&C  
Experience of the GB Junior system  
RYA Level 2 power boat certificate  
Life Saving Certificate

### Responsibilities

- Coach to KGS Senior squad
- To attend all training sessions of the senior squad as agreed by the Director of Rowing
- To work with the current senior squad coaches to ensure all KGS senior rowers achieve their full potential
- To assist the Director of Rowing with J14 and J15 rowing including attending races with these groups if, and where the senior programme allows

### Kingston Grammar School

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- To work alongside the current senior squad coaches under the Director of Rowing to coach, train and select crews for events
- To attend training camps for seniors and if the programme allows for J15s
- To have an input into the training programme through regular discussion and meetings with other senior squad coaches and the Director of Rowing
- To attend GB Trials, including overnights, with senior athletes as required by the Director of Rowing
- To work alongside the School Boatman to ensure that boats are properly rigged, and that routine and preventative maintenance tasks are undertaken to ensure boats are available for student use.
- To demonstrate commitment, passion, patience, persistence, and a sense of humour

**HOURS:** This role is for 30 hours per week, term time only plus four weeks. The timetable will be by agreement with the Director of Rowing. A likely template is drawn up below:

**Term Time**

Monday	2:00pm - 6:30pm
Tuesday	1:30pm - 5:30pm
Wednesday	1:30pm - 4:30pm
Thursday	7:00am - 6:00pm
Saturday	7:00am- 12:30pm

You will also need to be available to work at the following times out of term time:

Autumn half term 1 week

Christmas holidays 1 week

Easter half term ½ a week

Easter holidays - 2 weeks

Summer half term ½ a week

Summer holidays 3 weeks- more if coaching a KGS athlete in a GB crew

*Kingston Grammar School is committed to safeguarding and promoting the welfare of children and applicants must be willing to undergo protection screening appropriate to the post, including checks with past employers and the Criminal Records Bureau.*