



BRITISHROWING

2021 Rules of Racing

Summary of changes from 2020 Rules of Racing

TEAMWORK | OPEN TO ALL | COMMITMENT

Rules of Racing 2020	Rules of Racing 2021	Notes
1-4 Scope	1-4 Scope	
<p>c. No member of a club affiliated to British Rowing may compete in any rowing competition other than one that is subject to the British Rowing Rules of Racing or those of a body recognised by British Rowing or FISA unless participation has been approved by the Sport Committee in advance.</p>	<p>c. No member of a club affiliated to British Rowing shall compete in any rowing competition other than one that is subject to the British Rowing Rules of Racing or those of a body recognised by British Rowing or World Rowing unless participation has been approved by the Sport Committee in advance.</p>	<p>Consistency about the use of shall”, “can”, “may”, “must” etc. Decision by FISA Extraordinary Congress to be known as World Rowing</p>
1-5 Situations not Covered	1-5 Situations not Covered	
<p>In situations not covered by these rules, umpires (as defined in Rule 6-1-4) are empowered to make such decisions and to give such instructions as are necessary to carry out their responsibilities, and to effect the purposes described in Rule 1-2. Such situations and decisions shall be reported to the National Competition Committee, within five days.</p>	<p>In situations not covered by these rules, umpires and other officials (as defined in Rule 6-1-4) are empowered to make such decisions and to give such instructions as are necessary to carry out their responsibilities, and to effect the purposes described in Rule 1-2. Such situations and decisions shall be reported to the National Competition Committee, within five days.</p>	<p>and Other officials added</p>
1-6 International Competitions and Competitions of other Associations	1-6 International Competitions and Competitions of other Associations	
<p>a. Any club proposing to enter a crew for an ‘International’ competition (<i>i.e. one included on the FISA calendar</i>), other than for Masters, shall apply in the first instance to British Rowing.</p>	<p>a. Any club proposing to enter a crew for an ‘International’ competition (<i>i.e. one included on the World Rowing calendar</i>), other than for Masters, shall apply in the first instance to British Rowing.</p>	<p>Decision by FISA Extraordinary Congress to be known as World Rowing</p>
1-9 Sponsorship	1-9 Sponsorship	
<p>No advertising material is permitted that is inappropriate or which is harmful to the image of rowing. (<i>For further guidance see British Rowing’s Advertising Guidance or seek advice from British Rowing</i>).</p>	<p>No advertising material is permitted that is inappropriate or which is harmful to the image of rowing. (<i>For further guidance see British Rowing’s “Guidance on Sponsorship” at https://www.britishrowing.org/wp-content/uploads/2020/06/BR-Guidance-on-Sponsorship_June2020.pdf</i></p>	<p>Renaming of the actual guidance and location</p>
2-1-1 British Rowing Standing	2-1-1 British Rowing Standing	
<p>a. Except as covered elsewhere in these rules, only those competitors who are registered members of British Rowing with Race membership and who are members of, and are representing, an affiliated rowing club, or who represent a club affiliated to another association recognised by British Rowing or FISA, may compete in competitions held under these rules.</p>	<p>a. Except as covered elsewhere in these rules, only those competitors who are registered members of British Rowing with Race membership and who are members of, and are representing, an affiliated rowing club, or who represent a club affiliated to another association recognised by British Rowing or World Rowing, shall compete in competitions held under these rules.</p>	<p>Decision by FISA Extraordinary Congress to be known as World Rowing</p> <p>Consistency about the use of shall”, “can”, “may”, “must” etc</p>

2-2-1 Lightweights	2-2-1 Lightweights	
c. The average weight of a Lightweight crew (excluding cox) may not exceed 70 kg (Open) or 57 kg (Women) during the summer period. There will be no average weight requirement during the winter period.	c. The average weight of a Lightweight crew (excluding cox) shall not exceed 70 kg (Open) or 57 kg (Women) during the summer period. There will be no average weight requirement during the winter period.	Clarification that these rules apply to everyone competing
2-4 Masters Classification	2-4 Masters Classification	
b. Events for Masters can be held in categories depending on the average age of the crew (see 4-4a).	b. Events for Masters may be held in categories depending on the average age of the crew (see 4-4a).	Consistency about the use of shall”, “can”, “may”, “must” etc
4-5 Combination of Classes	4-5 Combination of Classes	
b. Competitions may also offer events within one of the major classifications, which have additional restrictions; e.g. College 4+. <i>This would, if not otherwise designated, imply an event with no restriction on ranking points but with a restriction that all competitors should be pupils at a school or college of higher education. Ranking points would be awarded to rowers in such events.</i>	b. Competitions may also offer events within one of the major classifications, which have additional restrictions; e.g. College 4+. <i>This would, if not otherwise designated, imply an event with no restriction on ranking points but with a restriction that all competitors must be pupils at a school or college of higher education. Ranking points would be awarded to rowers in such events.</i>	Consistency about the use of shall”, “can”, “may”, “must” etc
5-4-2 Suitable Courses for Processional Competitions	5-4-2 Suitable Courses for Processional Competitions	
c. The starting area shall have ample room above the start line and be clear of all locks and weirs so that all crews in an event or division of an event, can be marshalled safely and turn, without interfering with the start or other water users.	c. The starting area shall have ample room above the start line and be clear of all locks and weirs so that all crews in an event or division of an event, can be marshalled safely and turn, without interfering with the start or other water users. <i>The method of noting the start shall be listed in the instructions to competitors.</i>	Puts the onus on competitions to let crews know how the start is to be given.
5-5-1 Notice of the Competition	5-5-1 Notice of Competition	For consistency
5-5-6 Returns to British Rowing after the Competition	5-5-6 Returns to British Rowing after the Competition	
a. The competition shall return the results from the competition through BROE to arrive not more than five days after the competition to update competitors’ ranking points and for inclusion in the British Rowing Almanack:	a. The competition shall return the results from the competition through BROE to arrive not more than five days after the competition to update competitors’ ranking points and for inclusion in the British Rowing Almanack:	
- The placing, race time (if available) and winning distance (if available) of every crew in each event. The information is also required for processional races to facilitate the establishment of Personal Ranking for competitors.	- The placing, elapsed time (if available) and winning distance (if available) of every crew in each event. The information is also required for processional races to facilitate the establishment of Personal Ranking for competitors.	To remove the confusion about race time and elapsed time

6-1-4 Umpires	6-1-4 Umpires	
c. Starter. The Starter shall start the Race and shall be responsible for the fairness of the Start (see 7-3).	c. Starter. The Starter shall start the Race and shall be responsible for the fairness of the Start (see 7-3). <i>It is recognised that at some professional races the Starter, who will oversee the start area and approve the start of the competition and separate divisions within it, might delegate calling the start (as defined at Rule 7-4c) for individual crews to another member of the start team (who need not be an umpire) as part of the marshalling procedures.</i>	Requires an umpire to be present in the start area in Heads but not actually to be the Starter.
6-1-5 Additional Officials	6-1-5 Additional Officials	
The Race Committee Chair shall also appoint or approve the following additional officials as required:	The Race Committee Chair shall also appoint or approve the following additional officials as required. <i>It is recommended that these additional officials should be umpires, or have sufficient knowledge and experience to fulfil the role</i>	Makes it clear that those non-umpires must be sufficiently experienced to fulfill the roles safely
7-1-1 Suspending Racing	7-1-1 Suspending Racing	
Any umpire associated with a particular race, may and should halt racing if safety or fairness is compromised, and should involve the Safety Adviser and the Race Committee Chair as soon as possible.	Any umpire associated with a particular race, should halt the race if safety or fairness is compromised, and should involve the Safety Adviser and the Race Committee Chair as soon as possible.	To avoid confusion about whether an umpire can halt racing in its entirety or just a specific race
7-1-3 Violation of Safety Rules	7-1-3 Violation of Safety Rules	
Any crew that violates the declared circulation pattern, or which violates Rule 7-1-2 above, or which is observed executing a dangerous manoeuvre may be awarded an ‘Official Warning’ (see Appendix A, v).	Any crew that violates the declared circulation pattern, or which violates Rule 7-1-2 above, or which is observed executing a dangerous manoeuvre may be awarded an ‘Official Warning’ (see Appendix A, 9v).	Addition of rule number
7-2-1 Control Commission Composition	7-2-1 Control Commission Composition	
The Organising Committee shall appoint a Control Commission consisting of one or more suitably experienced persons, the senior member of which on duty at any time shall be an umpire.	The Organising Committee shall appoint a Control Commission consisting of one or more suitably experienced persons, the senior member of which (the Head of Control Commission) on duty at any time shall be an umpire.	For consistency
7-2-4 Crew Composition	7-2-4 Crew Composition	
e. Further substitutions will only be permitted on the basis of medical evidence produced by the crew or its club. In the absence of a medical certificate the decision of the Race Committee Chair will be final. A rower substituted on medical grounds may not reclaim their original place in the crew and may not race in any other crew at the competition.	e. Further substitutions will only be permitted on the basis of medical evidence produced by the crew or its club. In the absence of a medical certificate the decision of the Race Committee Chair will be final. A rower substituted on medical grounds shall not reclaim their original place in the crew and shall not race in any other crew at the competition.	Consistency about the use of shall”, “can”, “may”, “must” etc

7-2-7 Coxes	7-2-7 Coxes	
e. The competition must confirm arrangements for the issue of weight certificates and confirmation of any dead-weight requirement and the way in which both will be checked	e. The competition must confirm arrangements for the issue of weight certificates and confirmation of any dead-weight requirement and the way in which both will be checked.	Missing full stop
7-2-8 Equipment Check	7-2-8 Equipment Check	
a. It is the responsibility of competitors to ensure that their boats are safe and are prepared in accordance with the guidance in RowSafe and are suitable for the crew and conditions in which they are to be used.	a. It is the responsibility of competitors to ensure that their boats are safe and are prepared in accordance with the guidance in RowSafe and are suitable for the crew and conditions in which they are to be used.	Redrafted throughout to provide consistency between bullets and dashes and to remove the confusion between what should be a rule and what should be guidance
b. Control Commission may undertake spot check inspections of the boats prepared by the competitors and shall exclude any boat that fails to meet the standards.	b. Control Commission may undertake spot check inspections of the boats prepared by the competitors and shall exclude any boat that fails to meet the standards. <i>Control Commission should pay particular attention to:</i>	Makes it clear that what Control Commission should pay attention to is guidance/advice
c. Control Commission should pay particular attention to:	<ul style="list-style-type: none"> • condition and general maintenance of the boat, including the integrity of any buoyancy compartments <i>Note: If a compartment is fitted with a method of closing, that compartment then the fitment must be in place and intact.</i> 	
	<ul style="list-style-type: none"> • bow-balls (see Rule 7-2-9a) 	
	<ul style="list-style-type: none"> • foot release / heel restraints (see Rule 7-2-9b) 	
	<ul style="list-style-type: none"> • coxes' ability to escape from front-loader boats 	
	<ul style="list-style-type: none"> • forward riggers (see Rule 7-2-9c) 	
	<ul style="list-style-type: none"> • adaptive boats: <ul style="list-style-type: none"> - <i>foot stretcher and strapping in the AR1 and AR2 boats</i> - <i>correct fixing of pontoons on AR1 boats</i> - <i>safety of body strapping of rowers in AR1 and AR2 boats</i> - <i>fixed seats in AR2 1x and 2x together with optional stabilising pontoons</i> - <i>fixed seat and largely upright seat back in AR1 1x with mandatory stabilising pontoons that must both be in contact with the water when the boat is level</i> 	

	<ul style="list-style-type: none"> • compliance with the standard Para-Rowing boats specifications including: <ul style="list-style-type: none"> - safety measures in standard Para-Rowing PR2 1x/2x boats including fixed seat(s), foot stretcher and strapping with optional stabilisers - safety measures in standard Para-Rowing PR1 1x/2x boats including fixed seat(s) with upright back rest, foot stretcher, strapping, and correct fixing of pontoons on PR1 1x boats. - correct body strapping of rowers in PR1 and PR2 sport classes. 	
<ul style="list-style-type: none"> • Bow-balls. The bows of racing boats shall be properly protected. A solid ball, of not less than 4 cm diameter, made of rubber or material of similar resilience, must be firmly attached to the bows and the fixing must not itself present a hazard. Where the construction of the boat, or its composition, is such that the bow is properly protected, or its shape does not present a hazard in the event of a collision, this requirement need not apply. 		Rule redrafted (See above and below)
<i>It is recommended that the bow ball be white as, in most circumstances, this is the most satisfactory colour with regard to judging the finish of a race.</i>		
<ul style="list-style-type: none"> • Foot Release. In all boats the foot stretchers, shoes or other devices holding the feet of the rowers shall be a type which allows the rowers to get clear of the boat with no delay in an emergency. 		
<ul style="list-style-type: none"> • Where shoes or other devices holding the feet will remain in the boat, each shoe or device shall be independently restrained such that when the heel reaches the horizontal position the foot will be released from the shoe. 		
<ul style="list-style-type: none"> • Where shoes or other devices holding the feet will not remain in the boat, each shoe or device must be able to be released by the rower without using their hands or with a single quick hand action of pulling on one easily accessible strap or release device. 		

· In addition, where laces, Velcro or similar materials must be opened before the rower can remove their feet from the shoes or other device, all such materials must be able to be released immediately by the rower with a single quick hand action of pulling on one easily accessible strap.		
· Compliance of all boats in Adaptive events including:		
- Foot stretcher and strapping in the AR1 and AR2 boats.		
- Correct fixing of pontoons on AR1 boats.		
- Safety of body strapping of rowers in AR1 and AR2 boats.		
· Fixed seats in AR2 1x and 2x together with optional stabilising pontoons.		
· Fixed seat and largely upright seat back in AR1 1x with mandatory stabilising pontoons that must both be in contact with the water when the boat is level.		
· Compliance of all boats with the standard Para-Rowing boats specifications including:		
- Safety measures in standard Para-Rowing PR2 1x/2x boats including fixed seat(s), foot stretcher and strapping with optional stabilisers.		
- Safety measures in standard Para-Rowing PR1 1x/2x boats including fixed seat(s) with upright back rest, foot stretcher, strapping, and correct fixing of pontoons on PR1 1x boats.		
- Correct body strapping of rowers in PR1 and PR2 sport classes.		
· <i>Coxes' ability to escape from front-loader boats.</i>		
• <i>The forward port and starboard rigger on all boats, other than single sculls, should be protected by a backstay.</i>		
· <i>Condition and general maintenance of the boat, including the integrity of any buoyancy compartments. Note: If a compartment is fitted with a method of closing that compartment then the fitment must be in place and intact.</i>		

d.	Adaptive boats shall comply with the requirements of Rule 4-2-2b and 4-2-2c.		
e.	Para-Rowing boats shall comply with the requirements of Rule 4-2-3b and 4-2-3c.		
f.	All boats being used for racing shall be identifiable by a three-letter code, as determined by British Rowing together with a three-digit fleet number determined by the club.		
g.	No boat shall make use of any substance capable of modifying the natural properties of water to improve performance.		
h.	No competitor shall make use of a boat with a sliding or swinging rigger mechanism.		
i.	There shall be no restriction on the design of boats or equipment other than as described above.		
	7-2-9 Boat Design		New rule which defines the safety aspects of boats consistent with RowSafe
	<p>a. Bow-balls. The bows of racing boats shall be properly protected. A solid ball, of not less than 4 cm diameter, made of rubber or material of similar resilience, must be firmly attached to the bows and the fixing must not itself present a hazard. Where the construction of the boat, or its composition, is such that the bow is properly protected, or its shape does not present a hazard in the event of a collision, this requirement need not apply.</p> <p><i>It is recommended that the bow ball be white as, in most circumstances, this is the most satisfactory colour with regard to judging the finish of a race.</i></p>		

	<p>b. Foot Release. In all boats, the foot stretchers, shoes or other devices holding the feet of the rowers shall be a type which allows the rowers to get clear of the boat with no delay in an emergency.</p> <ul style="list-style-type: none"> • Where shoes or other devices holding the feet will remain in the boat, each shoe or device shall be independently restrained such that when the heel reaches the horizontal position the foot will be released from the shoe. • Where shoes or other devices holding the feet will not remain in the boat, each shoe or device must be able to be released by the rower without using their hands or with a single quick hand action of pulling on one easily accessible strap or release device. • In addition, where laces, Velcro or similar materials must be opened before the rower can remove their feet from the shoes or other device, all such materials must be able to be released immediately by the rower with a single quick hand action of pulling on one easily accessible strap 	
	c. The forward port and starboard rigger on all boats, other than single sculls, should be protected by a backstay	
	d. Adaptive boats shall comply with the requirements of Rule 4-2-2b and 4-2-2c.	
	e. Para-Rowing boats shall comply with the requirements of Rule 4-2-3b and 4-2-3c.	
	f. All boats being used for racing shall be identifiable by a three-letter code, as determined by British Rowing together with a three-digit fleet number determined by the club.	
	g. No boat shall make use of any substance capable of modifying the natural properties of water to improve performance.	
	h. No competitor shall make use of a boat with a sliding or swinging rigger mechanism.	

	i. There shall be no restriction on the design of boats or equipment other than as described above.	
7-3-4 Start Procedure	7-3-4 Start Procedure	
<i>If there are two different handicaps in the race there will be two separate countdowns, for example “Go-5-4-3-2-1-Go-4-3-2-1-Go” for a 6 seconds and 5 seconds handicap.</i>	<i>If there are entries from 3 age categories in a race there will be two separate countdowns, for example Go-5-4-3-2-1-Go-4-3-2-1-Go for a six second handicap between crews A and B followed by a 5 second handicap between crews B and C.”</i>	To clarify the procedure
7-4 The Start (Processional Races)	7-4 The Start (Processional Races)	
c. The Starter will start each crew with the words: ‘Number XY’ ... ‘Go’, the ‘Go’ being given as or before the crew passes the line of the Start.	c. Each crew shall be started with the words: ‘Number XY’ ... ‘Go’, the ‘Go’ being given as or before the crew passes the line of the Start.	Allows the starter not to be an umpire
e. Should the crews present themselves to the Starter out of order, the Starter shall take them in the order in which they come.	e. Should the crews present themselves to the start out of order, the start team may take them in the order in which they come.	Allows the start team to insist that crews start in the correct order for reasons of fairness etc
<i>Should two crews present themselves to the Starter together, the Start Marshal may attempt to hold one back, if they fail the Starter may start both crews together.</i>	<i>Should two crews present themselves at the Start together, the Start Marshal may attempt to hold one back, if they fail both crews may be started together.</i>	Reflects the fact that the person doing the start may not be the “Starter” (an umpiring position)
7-6-3 Duties of the Judges (Side by Side Racing)	7-6-3 Duties of the Judges (Side by Side Racing)	
a. The judges must take no account of anything that may have happened before the boats pass the finish, such matters being the responsibility of the Race Umpire and others.	a. The judges shall take no account of anything that may have happened before the boats pass the finish, such matters being the responsibility of the Race Umpire and others.	Consistency about the use of shall”, “can”, “may”, “must” etc
8-4 Misrepresentation	8-4 Misrepresentation	
c. All instances of Misrepresentation must be reported to the National Competition Committee which may take further action under 8-6d.	c. All instances of Misrepresentation shall be reported to the National Competition Committee which may take further action under 8-6d.	Consistency about the use of shall”, “can”, “may”, “must” etc
8-6 Disciplinary Measures	8-6 Disciplinary Measures	
b. The Race Committee or its Chair may:	b. The Race Committee or its Chair may:	
- disqualify an individual competitor, crew or club from all races at the competition. (Any prizes already won must be returned and may be re-awarded to the crew finishing second; no entry moneys are refundable).	- disqualify an individual competitor, crew or club from all races at the competition. (Any prizes already won must be returned and may be re-awarded to the crew finishing second; no entry monies are refundable).	Correction of typo
c. The Race Committee may:	c. The Race Committee may:	

<p>The Race Committee Chair shall conduct an investigation of the incident that day, and prepare a short written summary and conclusion, before leaving the site of the competition. The individual competitor, crew or club shall be told of the investigation, and the procedure explained, they must be given the opportunity of providing a written rebuttal of the statement, and the opportunity to take a copy of the Chair’s summary. The statement shall be sent to the Chair of the National Competition Committee or their representative within two days. Copies shall be sent to the Chairs of the relevant Regional Umpiring Committees.</p>	<p>The Race Committee Chair shall conduct an investigation of the incident that day, and prepare a short written summary and conclusion, before leaving the site of the competition. The individual competitor, crew or club shall be told of the investigation, and the procedure explained, they shall be given the opportunity of providing a written rebuttal of the statement, and the opportunity to take a copy of the Chair’s summary. The statement shall be sent to the Chair of the National Competition Committee or their representative within two days. Copies shall be sent to the Chairs of the relevant Regional Umpiring Committees.</p>	<p>Consistency about the use of shall”, “can”, “may”, “must” etc</p>
<p>9 APPENDIX A: GLOSSARY</p>	<p>9 APPENDIX A: GLOSSARY</p>	
<p>Glossary</p>	<p>Glossary</p>	
<p>The following definitions shall apply throughout these rules:</p>	<p>The following definitions shall apply throughout these rules:</p>	
<p>r. FISA: shall mean the ‘Fédération Internationale des Sociétés d’Aviron’.</p>	<p>r. FISA: shall mean the ‘Fédération Internationale des Sociétés d’Aviron’, which operates under the name ‘World Rowing’.</p>	<p>Decision by FISA Extraordinary Congress to be known as World Rowing</p>
<p>bb. Private Match: A competition arranged solely between the clubs or competitors concerned. There shall be no advertising for entries and no more than four clubs shall compete unless specific permission has been granted by the National Competition Committee. Organising club(s) should note that the competition requirements of section 5.2 of the Rules of Racing still apply and appropriate insurance cover is required.</p>	<p>bb. Private Match: A competition arranged solely between the clubs or competitors concerned. There shall be no advertising for entries and no more than four clubs shall compete unless specific permission has been granted by the National Competition Committee. Organising club(s) should note that the competition requirements of section 5-2 of the Rules of Racing still apply and appropriate insurance cover is required.</p>	<p>Correction of typo</p>
<p>cc. Programme or Race Controller: An official appointed by a competition Organising Committee to control and adjust the programme of races on the day of the event.</p>	<p>cc. Programme Controller: An official appointed by a competition Organising Committee to control and adjust the programme of races on the day of the event. <i>This role may be undertaken with other duties.</i></p>	<p>For consistency</p>
<p>nn. Umpire: One who is qualified by examination as approved by British Rowing, Scottish Rowing, Welsh Rowing or FISA and is licensed to umpire at British Rowing affiliated competitions. In addition, national umpires from other FISA federations who are demonstrably working towards FISA qualification may be invited to officiate under the jurisdiction and supervision of a GBR FISA umpire and/or the Race Committee Chair (or their delegated nominee) and with the authorisation of the Chair of the Multi-Lane Umpiring Panel.</p>	<p>nn. Umpire: One who is qualified by examination as approved by British Rowing, Scottish Rowing, Welsh Rowing or World Rowing and is licensed to umpire at British Rowing affiliated competitions. In addition, national umpires from other World Rowing federations who are demonstrably working towards World Rowing qualification may be invited to officiate under the jurisdiction and supervision of a GBR World Rowing umpire and/or the Race Committee Chair (or their delegated nominee) and with the authorisation of the Chair of the Multi-Lane Umpiring Panel.</p>	<p>Decision by FISA Extraordinary Congress to be known as World Rowing</p>

10 APPENDIX B: ESSENTIAL EQUIPMENT FOR OFFICIALS	10 APPENDIX B: ESSENTIAL EQUIPMENT FOR OFFICIALS	
<i>Where an official combines two or more functions, their equipment should contain all that is essential for them to perform all the duties they is allotted.</i>	<i>Where an official combines two or more functions, their equipment should contain all that is essential for them to perform all the duties they are allotted.</i>	Correction of typo
Head of Control Commission:	Head of Control Commission:	
· communication facilities with the Starter and with Race Control.	· communication facilities with the Starter and with the Programme Controller.	For consistency
Starter:	Starter:	
· some means of communication with Race Control to ensure that they are aware of changes to the race programme and of any penalties (e.g. official warnings) that have been awarded.	· some means of communication with the Programme Controller to ensure that they are aware of changes to the race programme and of any penalties (e.g. official warnings) that have been awarded.	For consistency
12Appendix D: ADDITIONAL PARA-ROWING AND ADAPTIVE REQUIREMENTS	12Appendix D: ADDITIONAL PARA-ROWING AND ADAPTIVE REQUIREMENTS	
General Strapping requirements for Adaptive and Para-Rowing events	General Strapping requirements for Adaptive and Para-Rowing events	
· All straps shall be min 50mm wide, be of non-elastic material which will not induce pressure marking or chaffing and manufactured without mechanical buckles and shall be able to be released immediately by the rower with a single quick hand action of pulling on the free end of the strap.	· All straps shall be minimum 50mm wide, be of non-elastic material which will not induce pressure marking or chaffing and manufactured without mechanical buckles and shall be able to be released immediately by the rower with a single quick hand action of pulling on the free end of the strap.	Minimum in full
General requirements of Adaptive Boats	General requirements of Adaptive Boats	
· AR3/PR3 boats shall comply generally with 7-2-8	· AR3/PR3 boats shall comply generally with 7-2-8 and 7-2-9	Addition of cross reference to new rule 7-2-9
General Requirements of Para-Rowing boats	General Requirements of Para-Rowing boats	
· AR3 PD4+ boats shall comply with 7-2-8	· AR3 PD4+ boats shall comply with 7-2-8 and 7-2-9	Addition of cross reference to new rule 7-2-9
· PR3 1x, 2x, 2-, 4x shall comply with 7-2-8	· PR3 1x, 2x, 2-, 4x shall comply with 7-2-8 and 7-2-9	Addition of cross reference to new rule 7-2-9

14-9 Number of Lanes	14-9 Number of Lanes	
Offshore rowing regattas shall normally be raced without limit to the number of crews in each race. This will be subject to the dimensions of the start line, the length of the course and all safety considerations, including weather conditions and provision of safety boats. There shall be no delineated lanes. Where there is a limit on the width of the start line, the Organising Committee shall indicate in the Notice of Regatta and in the information to crews the maximum number of boats which can be accommodated on the start line at one time in any category.	Offshore rowing regattas shall normally be raced without limit to the number of crews in each race. This will be subject to the dimensions of the start line, the length of the course and all safety considerations, including weather conditions and provision of safety boats. There shall be no delineated lanes. Where there is a limit on the width of the start line, the Organising Committee shall indicate in the Notice of Competition and in the information to crews the maximum number of boats which can be accommodated on the start line at one time in any category.	For consistency with 5-5-1 and 14-7a
14-11-1 General Rules with other water users	14-11-1 General Rules with other water users	
a. All crews and volunteers on the water must familiarise and follow the relevant parts of the International Rules for the Prevention of Collision at Sea (COLREGS) and any local marine traffic rules. See https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/281965/msn1781.pdf for the COLREGS.	All crews and volunteers on the water shall familiarise and follow the relevant parts of the International Rules for the Prevention of Collision at Sea (COLREGS) and any local marine traffic rules. See https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/281965/msn1781.pdf for the COLREGS.	Consistency about the use of shall”, “can”, “may”, “must” etc
b. Safety measures and local rules must be vigorously applied by all umpires and additional officials and must be strictly observed by the crews.	Safety measures and local rules shall be rigorously applied by all umpires and additional officials and must be strictly observed by the crews.	Consistency about the use of shall”, “can”, “may”, “must” etc. Change vigorously to rigorously
14-22-1 Required Umpire Positions	14-22-1 Required Umpire Positions	
a. Starter & Judge at the Start - The Starter and the Judge at the Start shall ensure that the correct starting procedure is followed by the crews.	Starter & Judge at the Start - The Starter and the Judge at the Start shall ensure that the correct starting procedure is followed by the crews.	
For a floating start, the Judge at the Start shall not be required to give instructions to any crew on their alignment at the Start. It is wholly the responsibility of the crews not to be on the course side of the start line at the time the start signal is given.	For a floating start, the Judge at the Start shall not be required to give instructions to any crew on their alignment at the Start. It is wholly the responsibility of the crews not to be on the course side of the start line at the time the start signal is given.	Correction of typo
14-22-2 Other Positions	14-22-2 Other Positions	
a. The following functions do not need to be umpires	The following functions do not need to be umpires	Redrafted for consistency with 14-22-1
b. Race Control - assists the Chair of the Race Committee in monitoring and recording all radio messages and help the Safety Advisor in communication safety information to the officials.	Race Control - assists the Chair of the Race Committee in monitoring and recording all radio messages and helps the Safety Advisor in communication of safety information to the officials.	Redrafted for consistency with 14-22-1 and correction of typos

c. Turning Mark Monitors - record the number of crews passing turning points during the race and communicating this to Race Control. Reports if any crew miss the turning mark.	Turning Mark Monitors - record the number of crews passing turning points during the race and communicating this to Race Control. Reports if any crew miss the turning mark.	Redrafted for consistency with 14-22-1
d. Control Commission - oversee the signing in and out of crews during racing including checking that the boat ID and crew ID are correctly displayed and recorded.	Control Commission - oversee the signing in and out of crews during racing including checking that the boat ID and crew ID are correctly displayed and recorded.	Redrafted for consistency with 14-22-1
16 APPENDIX G: MASTERS HANDICAP SYSTEM	16 APPENDIX G: MASTERS HANDICAP SYSTEM	
Operating Notes	Operating Notes	
Head Races	Head Races	
· The handicaps times are then deducted from the actual finishing times of each crew to determine the winners of each event.	· The handicaps times are then deducted from the actual elapsed times of each crew to determine the winners of each event.	To remove the confusion about elapsed time and finishing time