

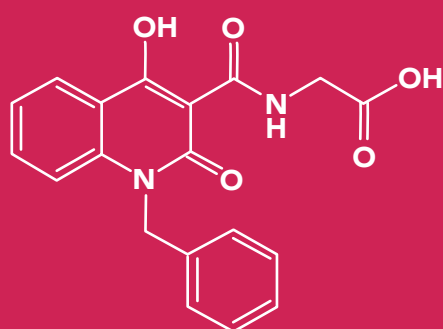
WADA 2021 PROHIBITED LIST: MAJOR CHANGES

(Comes into effect from 1 January 2021)

Prohibited Substances

S2 – Peptide Hormones, Growth Factors, Related Substances, and Mimetics

- IOX2 – Added as an example of a hypoxia-inducible factor (HIF) activating agent



S3 – Beta-2 Agonists

- Inhaled vilanterol – now permitted when a max of 25 micrograms (mcg) is inhaled over a 24-hour period. Inhaled use exceeding this remains prohibited

Max 25 mcg in 24 hours



- Arformoterol & levosalbutamol – added as examples

S9 – Glucocorticoids

- Beclometasone, ciclesonide, flucortolone, flunisolide and mometasone added as examples



NB: Glucocorticoids are prohibited in-competition when administered by intramuscular, intravenous, oral, or rectal routes. Other routes of administration are permitted

Prohibited Substances in Particular Sports

P1 – Beta-blockers

- Nebivolol – Added as an example



New List design

- Improved navigation and usability for athletes



Substances of Abuse

Following the 2021 World Anti-Doping Code changes, four substances on the List have been recognised as Substances of Abuse:

1. Cocaine
2. Diamorphine (heroin)
3. Methylenedioxymethamphetamine (MDMA/"ecstasy")
4. Tetrahydrocannabinol (THC)



For more info on the 2021 Code, visit ukad.org.uk/2021Code