

Return to Coaching – Plan

How can I ensure that people label their drinks bottles and packed lunches properly?

Will I provide hand sanitiser or will I require the children to bring their own?

Have I thought about a revised parents' code of conduct?

Can I ensure that children will apply their own suncream and embed this instruction into the parents' communications?

Have I included a section on Covid-19 and the treatment of injuries?



Have I included the expectations about drop off and pick up, and a site map of how I am setting up social distancing with visual cues?

Am I able to ensure there is no physical contact between myself and the participants (eg handshakes, high fives)?

Have I included a section on Covid-19 and managing a young person who becomes ill during the camp?

What additional or existing safeguarding measures will I adopt?

Can I embed great hygienic practice into the session and beyond?

Return to Coaching – Plan

Can I help to lay out the car park to help with this process?

Will I need to increase my staffing to manage the three 'activities' of arrival, greeting and managing the group?

Can I use waiting zones for early arrivers?

Can I RAG rate areas (red = no go, amber = be alert, green = good) with social distancing?

Can I stagger drop off and pick up times with parents and guardians?



Have I got an equipment cleanliness strategy? Will I ask children to bring their own equipment if they can (eg tennis racquets, hockey sticks, cricket bats)?

Have I considered how people will enter and exit the facility safely?

Am I able to have a separate 'in' door and 'out' door?

Can I ensure that there are demarcated spaces for each of the participants so they can enjoy refreshments safely?

Return to Coaching – Do

Have I considered the children's mental well-being?

How will I cope if the children do not feel confident when leaving their parents at the drop off point?

Due to staggered drop off times, can I ensure that the children can get involved in activities quickly with minimal instruction?

How will I address any adaptations I make to delivery from outside activities to indoor activities if the weather is poor, or I only have access to an indoor facility?



How can I modify games that positively use social distancing as a rule or constraint?

Are bibs necessary?
Could children dress in certain team colours on different days?

Could I run my sessions virtually?

Return to Coaching – Review

Did I reconnect
well with my
participants?

Did I ask for feedback
during the session?

What would I
change next time?

How many
times did I need
to change my
plans?



Could I run my
sessions virtually?

What did I learn
today?

How did I feel
during the session?