



GB ROWING TEAM - ADVANCE NOTICE

2021 SEASON STRATEGIC PRIORITIES and ASSESSMENT & TRIALS PROCESS FOR PARA ROWING EVENTS

2021 STRATEGIC PRIORITIES

Given the quite unique and extraordinary global situation we find ourselves in, there will be two Strategic Priorities for the 2021 season:

1. Delivery of the Tokyo 2020 Paralympic Team for the Paralympic Games to be held in August 2021
2. Starting the Paris Paralympiad and ensuring that Year 1 of the 4-year cycle is optimal against our Paralympic Programme principles for rowers and coaches that can impact on Paris in 2024

2021 SEASON EVENTS

The Assessment & Trials process will apply to rowers wishing to try for GB selection for the events listed below. Please note that until our funding for the Paris cycle is confirmed we are not yet able to commit funds to all events but will, where possible, provide as many racing opportunities as possible.

- **Paralympic Games Regatta**, Tokyo, JPN (Event: 27 – 29 August 2021)
- **World Rowing Championships**, Shanghai, CHN (Event: 17 – 24 Oct 2021)
- **European Rowing Championships**, Varese, ITA (Event: 9 – 11 Apr 2021)
- **Gavirate International Regatta**, Gavirate, ITA (Event: 7 – 9 May 2021)
- **World Rowing Cup III**, Sabaudia, ITA (Event: 4 – 6 Jun 2021)

Rowers will need to meet the performance standards required to gain selection.

2021 SEASON ASSESSMENT & TRIALS PROCESS

Given the current situation, our intended strategy and the uncertainty of what we may/may not be able to deliver in the months ahead, our Assessment & Trials process will look different for the 2021 Season and may have to be adapted at short notice to fit the latest Government advice. We will value everyone's support in being ready, flexible and adaptable to any required change whilst uncertainty remains with us.

The provisional overview of the planned Assessment & Trials process for the 2021 Season is detailed below.

1. Paralympic Team Candidates (Events: Paralympic Games, ERC, Gavirate International, WRC III)

Following the positive results of the Paralympic Class Boats at the 2019 World Rowing Championships and the progression of the rowers from these boats in the curtailed 2020 Paralympic campaign we will aim to stabilise the training and environment for those rowers without the pressure of external challenge to seats.

These rowers will be expected to show continued individual and crew progression through internal training/testing and international competitions to demonstrate the selection standard.

2. Non-Paralympic Team Candidates (Events: WRC, Gavirate International, WRC III)

For rowers not under consideration for the Paralympic Team but aiming to transition into the National Training Centre from November 2021 the 2021 World Rowing Championships will be the priority event. We will not hold the traditional October/November Assessment in 2020 to allow rowers to stabilise their own training and environments without the undue pressure of preparing for a water-based Assessment.

The Assessments listed below will be used to track individual progression and identify crews capable of meeting the selection standard.

2021 SEASON ASSESSMENT & TRIALS DATES

EVENT	DATE	LOCATION	FORMAT	REQUIREMENT / ATTENDANCE
5km Ergo	By Sat 21 Nov 2020	-	5km Ergo (Rate 22 – PR3, Rate 24 – PR2/PR1)	ALL
British Rowing Indoor Championships	Sat 5 Dec 2020	TBC	2km Ergo Race	ALL
Water Assessment	Mon 14 – Mon 21 Dec 2020	Caversham	TBC	Paralympic Team Candidates
Water Assessment	Sat 16 – Sun 17 Jan 2021	Caversham	TBC	Non-Paralympic Team Candidates
5km Ergo	By Sat 27 Feb 2021	-	5km Ergo (Rate 22 – PR3, Rate 24 – PR2/PR1)	ALL
Water Assessment	Sat 6 – Sun 7 Mar 2021	Caversham	TBC	Non-Paralympic Team Candidates
2km Ergo	Sat 13 Mar 2021	TBC	2km Ergo Test (Free rate)	ALL
Olympic & Paralympic Team Speed Test	Fri 26 – Sat 27 Mar 2021	Caversham	TBC	Paralympic Team Candidates
5km Ergo	By Sat 19 Jun 2021	-	5km Ergo (Rate 22 – PR3, Rate 24 – PR2/PR1)	ALL
GBRT Non-Paralympic Trials	Sat 3 – Sun 4 July 2021	Caversham	TBC	Non-Paralympic Team Candidates

2021 REGISTRATION PROCESS

Rowers and coaches seeking selection in 2021 will need to officially Register with GBRT.

Planning is currently underway to provide a simple process to Register with GBRT, which will be communicated in due course.