



## **BRITISH ROWING VIRTUAL CHAMPIONSHIPS (“BRVC”)**

### **Terms and Conditions of Entry**

# BRITISH ROWING VIRTUAL CHAMPIONSHIPS (“BRVC”) 27/ 28 June 2020

## TERMS AND CONDITIONS OF ENTRY

### General

1. By entering this competition, I agree to be bound by all Terms and Conditions of Entry. Further rules may apply and will be published on the event website prior to the event.
2. By entering and participating in the British Rowing Virtual Championships, I agree that I will abide by all British Rowing Regulations and policies including, but not limited to, British Rowing’s Codes of Conduct, Anti-Doping Rules (being the UK Anti-Doping Rules), Safeguarding and Protecting Children, and Adults at Risk policies. These can be found here: <https://www.britishrowing.org/about-us/policies-guidance>.
3. The British Rowing Virtual Championships (BRVC) is committed to clean sport and believes every rower has a right to take part in the BRVC knowing they and other competitors are competing clean. All athletes and athlete support personnel who take part in the BRVC must abide by the World Anti-Doping Agency Code, and British Rowing Anti-Doping Rules which are the UK Anti-Doping Rules. All participants are encouraged to report any information, or suspicions concerning a competitor in breach of the Anti-Doping Rules. To understand more about anti-doping, the rules, your responsibilities, and how to report doping please visit <https://www.britishrowing.org/about-us/governance/anti-doping>.
4. Any reference to ‘we’, ‘us’ or ‘our’ refers to British Rowing Limited, a Company Limited by Guarantee registered in England number 1706271.

### Racing

5. Racing will take place over 2,000m and 500m. Individual events are offered as follows: Men’s and Women’s, further subdivided into:
  - Under 23,
  - Open (open to anyone aged 18+)
  - Lightweight (A competitor is a Lightweight if their weight does not exceed 75 kg (Open), 61.5 kg (Women) and aged 18+ on the day of competition.)
  - Masters (aged 30+) age categories
6. Adaptive and Para and Open Adaptive (open to anyone 18+) events are offered and will race over 2,000m and 500m. (See point 34 for more information).
7. Junior categories offered will be raced as follows:
  - Year 7 / J12: 2 minutes
  - Year 8 / J13: 3 minutes
  - Year 9 / J14: 4 minutes
  - Year 10 / J15: 5 minutes

- Year 11 / J16: 6 minutes
- Sixth form /J17 & J18: 2,000m

8. Team Relays (Fours) will consist of one round of 4km (8 minutes for juniors and Adaptives), teams are to be made up of four people. The following relay categories will be offered; a. Junior Men's/Women's/Mixed - Junior teams can be made up of a mix of juniors from Year 7 to Sixth Form. b. Men's/Women's/Mixed - Adult teams can be made up of adults of any age / weight categories. c. Adaptive – Adaptive teams can be made up of any combination of adaptive athletes.

Note: A mixed team must be made up of two males and two females.

9. It is expected that racing will be scheduled in the following order:

- Masters Individual 2km Events
- Junior/Adaptive Timed Individual Events
- Open Individual 2km Events
- U23 Individual 2km Events
- Adaptive 2km Events
- Masters Individual 500m Events
- Junior/Adaptive 500m Individual Events
- Open Individual 500m Events
- U23 Individual 500m Events
- Adaptive 500m Events
- Relays
- 'better late than never' race

**Note:** We reserve the right to change the order of racing at any time.

10a. All events with more than 20 entries will run as Heats and Finals. Any event with less than 20 competitors will be a straight final.

i. **Straight Finals:** Each Competitor will race once, races will run on either 27 or 28 June subject to the event schedule.

-Medals will be awarded to winners only.

ii. **Heat and Finals Format:** Each Competitor will race twice - Heats will run on 27 June, Finals will run on 28 June.

- We will seed competitors in Heats. To enable this process, competitors are required to submit their expected finishing time or expected distance (Juniors Year 7 – 11) for each event when entering.
- All Finalists will be ranked on heat time/ heat finish position depending on the total number of entries (see progression document).
- Medals will be awarded to winners who race in the A Finals only.

10b. Medal winners from non UK postal addresses will be charged an additional fee to cover postage costs. If this applies to you, we will be in touch after the event to confirm whether you accept the additional or choose to waive the right to a medal.

11. If a competitor misses their race for whatever reason, they may contact (via emailing [virtualchamps@britishrowing.org](mailto:virtualchamps@britishrowing.org) with full name, and race information) to race in the 'Better Late Than Never' event at the conclusion of that day's racing (and will be granted a place if a place is available) but will not be eligible to win a medal or progress to a final if relevant.

12. No competitor will be allowed to change events on the day of racing. This includes lightweight competitors who do not make their weight (see point 33).

13. The racing schedule will be uploaded onto the BRVC event page after the closing date for entries. Any errors should be notified as soon as possible before race day (see point 21 and 22).

14. Only Concept2 Indoor Rowers may be used for this event. Competitors may use the resistance level of their choice, but this cannot be changed during the race.

15. In the event of anomalies detected in race results, data might be reviewed to determine the outcome. Further evidence of the row might be requested as part of the review (images or video). Any decisions made by British Rowing will be final.

## Entries

16. A 37.5% discount on the entry fee will apply for Adult (18+) British Rowing members entering individual events only.

For the discount to apply you must be a current British Rowing member on the date of purchasing the entry.

Juniors And Team relay entries are not eligible for discounted rates.

British Rowing membership information can be found here:

<https://www.britishrowing.org/join/>

17. BRVC is open to all with no qualification requirements. This is with the exception of adaptive competitors (see point 34).

18. Entries must be made through Active Network via the official BRVC website.

19. Competitors from outside the United Kingdom may enter, but see point [10b with regards to non UK winners].

20. Junior Entries (Under 18s) must be made by responsible adult and with the knowledge

and agreement of the Junior's parent/guardian/carer. Entries found not to comply with this term will be removed. A Junior entrant must be accompanied by a responsible adult at all times during their race(s).

21. Individual entries to BRVC will close at 07:00 BST on 22 June 2020. No entries will be accepted after this time.

22. It is the competitor's responsibility to ensure all entry details are correct, including checking the entry on the BRVC website. If an error is notified to us prior to entries closing, all reasonable efforts will be made by us to rectify this error, however this is not guaranteed. If an error is discovered on race day that renders the competitor ineligible to row in the category in which they had been entered, that competitor will not be able to race.

23. If British Rowing makes an error during the entry process we will make all reasonable efforts to rectify this error as soon as possible after we become aware of it..

24. All details specified on the entry form are required for a valid entry. To avoid any disappointment, and in order to allow us to clarify any entry details, please ensure you include a mobile contact number and valid email address. Incomplete entries will not be accepted..

25. Entry fees are non-refundable and non transferable.

26. We reserve the right to limit the size of entry into any given event, or for the competition as a whole.

27. British Rowing's decision in all matters relating to the BRVC is final. No correspondence will be entered into.

### **Junior Rowers**

28. All junior competitors must be between the age of 11 and 18 as of 01/09/2020

29. Further age banding is as follows:

School Year 7 / J12 = under 12 on 01/09/2020

School Year 8 / J13 = under 13 on 01/09/2020

School Year 9 / J14 = under 14 on 01/09/2020

School Year 10 / J15 = under 15 on 01/09/2020

School Year 11 / J16 = under 16 on 01/09/2020

Sixth Form / J17 and J18 = under 18 on 01/09/2020

### **Masters Rowers**

30. A competitor's age is the age of the competitor on the event day.

31. The Masters events will have the following age categories; 30-39, 40-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

### **Lightweight Rowers**

32. Lightweight events will be offered in the Under 23, Open and Masters Events only. Any competitors under the age of 18 may not enter lightweight events.

33. The Lightweight limit is not more than 75 kg for men and not more than 61.5 kg for women.

34a. Lightweight competitors will be required to submit a photo of their weigh-in on scales at home with weight reading visible along with a date (this could be by including a newspaper or the home screen of a phone showing the date) on the day of competition.

34b Lightweight competitors who do not make their weight or are unable to confirm weight as per point 34a will be able to race. Results will be listed but they will not be placed and not eligible for medals. Their time may be included in the Concept2 Ranking, as a heavyweight time.

### **Adaptive Rowers**

35. All competitors with a physical, visual or learning disability entering the Adaptive events must go through the appropriate process for their disability prior to entries closing at 23:59 on Sunday, 21 June 2020.

36. Open adaptive entries must submit a self-declaration form to be eligible to enter the Adaptive Open category

37. The Adaptive Open category is only for competitors who would like to compete in an Adaptive event but are not yet classified or not eligible for either a Para, Adaptive or Invictus Class. To enter this category and fill out a Self-Declaration form please contact [classification@britishrowing.org](mailto:classification@britishrowing.org)

38. IR/AR or PR Class entries;

Must confirm they have been through the British Rowing Classification system (<https://www.britishrowing.org/go-rowing/learn-to-row/adaptive-rowing/classification>). Any entry not matching British Rowing classification information will be moved into Adaptive Open Category.

## Photography / Videography / Live Streaming

39. Photographs and videos of the event may be used on British Rowing websites and social media channels including streamed live on the event day or shared with the media, press and British Rowing Partners. Any use of photography, video and live images involving juniors or vulnerable adults will be in accordance with the British Rowing Photography and Use of Imagery policy for which is accessible via clause 42. By entering, the competitors and those responsible for them consent to this.

40. Competitors and those responsible for them should be aware that it is possible that there may be unauthorised live streamed video during and post event over which British Rowing has no control and that unauthorised photographs or videos over which British Rowing has no control may be used in print, digital media or elsewhere.

41. Coaches, responsible adults and competitors agree that by entering competitors they have made the competitors and their parents/carer (where in loco parentis) aware of the above two paragraphs. However no images or use of webcams of competitors will be used for any public broadcast as part of the British Rowing Virtual Championships 2020.

42. More information can be found here:

<https://www.britishrowing.org/about-us/safeguarding/guidance-documents> (See Section 5).

## Equipment/ set-up

43. Competitors will need to provide all equipment needed to compete in this event. This will include, Concept 2 Rowing machine with updated PM3, PM4 or PM5 monitor (details on how can be found on the Concept 2 [website](#)) calibrated for use on the model connected to. A USB A to B cable, Compatible Windows or MacOS Laptop/ Computer with Chrome Browser installed. The ability to install/use a 3rd party communication system as backup in the event of failure of built in race system communication. A stable internet connection.

## Data

44. You hereby give permission to British Rowing, their partners, their representatives, employees, stakeholders and agents to use photographs, publicly display the name and race data of you or the competitor you are entering during the event. In addition, you give permission to the said entities for data to be collated, analysed and for the results of that analysis to be publicly displayed – whether that is data relating to you or the competitor you are entering. In signing the Conditions of Entry Waiver, you release any claim to such photographs, video footage and race data and agree that it may be used by British Rowing for promotional purposes and analysis, on the event day or in the future. More information can be found here:

<https://www.britishrowing.org/about-us/policies-guidance/privacy-policy-and-cookies-policy>.

## Important Medical Recommendation

If you feel unwell, have recently been suffering from a virus or are on medication for acute illness, we recommend that you do not take part in the virtual championships. The participation in virtual indoor rowing championships is at your own risk. Always consult your doctor before starting any exercise programme or challenge. British Rowing shall not be liable for any damages or injuries, however caused, occurring during or after taking part in the British Rowing Virtual Rowing Championships.

## Further Medical Guidance;

- If you do not feel well then do not exercise.
- If something is making you feel unwell then stop doing it.
- The NHS is busy at the moment as a result of Covid-19, take care not to add to their burdens.
- Social Distancing guidelines as issued by your Government should be adhered to at all times. If this is not possible, do not participate.
- In preparing for the championships, try to make progressive small improvements in performance rather than deliver a maximum effort.
- Exercise regularly and acclimatise yourself to physical activity.
- It is OK to control your workouts so that you can deliver peak performance for the competition but remember that good performances take time and they result from careful planning and training.

For further guidance, please consult the following:

[Safety alerts – Indoor Rowing](#)

[Adaptive Rowing](#)

[Rowing and Backs](#)

[Rowing and pregnancy](#)

## Waiver

Entry into any of the British Rowing Virtual Championships confirms that you understand that participation in the event involves risks of injury, as well as loss of or damage to property. Your decision to participate or to enter a Junior participant in the event is made in full recognition of these risks and is entirely voluntary.

In consideration of your acceptance of the entry form, you agree that neither British Rowing Ltd, its partners their respective directors, officers, employees, representatives, agent successors and assigns are not liable for any injury, loss, claim, or damage to the health, wellbeing or property of any participant or anyone else caused by or arising out of participation in the British Rowing Virtual Championships.

## Jurisdiction





These Terms and Conditions of Entry are governed by and construed in accordance with the laws of England and Wales and any disputes arising under them shall be subject to the exclusive jurisdiction of the courts of England and Wales.