

Race Draw Layout

	BLUE Race Floor	RED Race Floor
Wave: 1 09:00	RACE001 E20 Masters 55-59 Men 2000m (30) E28 Masters 65-69 Men 2000m (10)	RACE002 E17 Masters 50-54 Women 2000m (12) E21 Masters 55-59 Women 2000m (7) E25 Masters 60-64 Women 2000m (9) E29 Masters 65-69 Women 2000m (1) E33 Masters 70-74 Women 2000m (2) E41 Masters 80-84 Women 2000m (1)
Wave: 2 09:15	RACE003 E24 Masters 60-64 Men 2000m (13) E32 Masters 70-74 Men 2000m (9) E40 Masters 80-84 Men 2000m (4) E16 Masters 50-54 Men 2000m-subgroup i (11)	RACE004 E8 Masters 30-39 Men 2000m-subgroup i (24)
Wave: 3 09:30	RACE005 E16 Masters 50-54 Men 2000m (40)	RACE006 E8 Masters 30-39 Men 2000m (40)
Wave: 4 09:45	RACE007 E12 Masters 40-49 Men 2000m-subgroup ii (19) E130 Sixth Form Boys 2000m-subgroup ii (12)	RACE008 E9 Masters 30-39 Women 2000m (28)
Wave: 5 10:00	RACE009 E12 Masters 40-49 Men 2000m-subgroup i (40)	RACE010 E130 Sixth Form Boys 2000m-subgroup i (36) E211 Sixth Form Boys (PR3) 2000m (1)
Wave: 6 10:15	RACE011 E12 Masters 40-49 Men 2000m (40)	RACE012 E130 Sixth Form Boys 2000m (40)
Wave: 7 10:30	RACE013 E13 Masters 40-49 Women 2000m (25) E131 Sixth Form Girls 2000m-subgroup i (13) E225 Sixth Form Girls (PR3) 2000m (1)	RACE014 E128 Year 11 Boys 6mins-subgroup i (38) E207 Year 11 Boys (PR2) 6mins (1) E222 Year 11 Boys (PR3) 6mins (1)
Wave: 8 10:45	RACE015 E131 Sixth Form Girls 2000m (40)	RACE016 E128 Year 11 Boys 6mins (40)
Wave: 9 11:05	RACE017 E129 Year 11 Girls 6mins-subgroup i (20)	RACE018 E126 Year 10 Boys 5mins-subgroup i (22) E209 Year 10 Boys (AR3-Open) 5mins (1)
Wave: 10 11:17	RACE019 E129 Year 11 Girls 6mins (32)	RACE020 E126 Year 10 Boys 5mins (40)
Wave: 11 11:30	RACE021 E127 Year 10 Girls 5mins-subgroup i (28)	RACE022 E124 Year 9 Boys 4mins-subgroup ii (20) E210 Sixth Form Boys (PR3) 4 mins (1) E224 Sixth Form Girls (PR3) 4 mins (1) E223 Year 11 Boys (PR3) 4 mins (1) E208 Year 10 Boys (AR3-Open) 4 mins (1)

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Wave: 12 11:40	RACE023 E127 Year 10 Girls 5mins (40)	RACE024 E124 Year 9 Boys 4mins-subgroup i (40)
Wave: 13 11:50	RACE025 E125 Year 9 Girls 4mins-subgroup i (37)	RACE026 E124 Year 9 Boys 4mins (40)
Wave: 14 12:00	RACE027 E125 Year 9 Girls 4mins (40)	RACE028 E122 Year 8 Boys 3mins (33) E123 Year 8 Girls 3mins-subgroup i (7)
Wave: 15 12:10	RACE029 E121 Year 7 Girls 2mins (21)	RACE030 E123 Year 8 Girls 3mins (38)
Wave: 16 12:20	RACE031 E26 Masters 60-64 LWT Men 2000m (14) E30 Masters 65-69 LWT Men 2000m (4) E36 Masters 75-79 Men 2000m (3)	RACE032 E120 Year 7 Boys 2mins (26)
Wave: 17 12:35	RACE033 E18 Masters 50-54 LWT Men 2000m (18) E22 Masters 55-59 LWT Men 2000m (13)	RACE034 E11 Masters 30-39 LWT Women 2000m (11) E15 Masters 40-49 LWT Women 2000m (9) E19 Masters 50-54 LWT Women 2000m (6) E23 Masters 55-59 LWT Women 2000m (3) E27 Masters 60-64 LWT Women 2000m (5) E31 Masters 65-69 LWT Women 2000m (2) E35 Masters 70-74 LWT Women 2000m (1) E39 Masters 75-79 LWT Women 2000m (1)
Wave: 18 12:50	RACE035 E10 Masters 30-39 LWT Men 2000m (12) E14 Masters 40-49 LWT Men 2000m (18) E34 Masters 70-74 LWT Men 2000m (7) E38 Masters 75-79 LWT Men 2000m (3)	RACE036 E1 Open LWT Men 2000m (10) E6 Under 23 LWT Men 2000m (5) E0 Open Men 2000m-subgroup ii (8)
Wave: 19 13:05	RACE037 E0 Open Men 2000m-subgroup i (40)	RACE038 E3 Open LWT Women 2000m (5) E7 Under 23 LWT Women 2000m (11) E5 Under 23 Women 2000m (20)
Wave: 20 13:20	RACE039 E0 Open Men 2000m (40)	RACE040 E4 Under 23 Men 2000m (32)

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Wave: 21 13:40	RACE041 E144 (PR1) Men 2000m (3) E146 (PR2) Men 2000m (1) E214 (PR3-PD & IV) Men 2000m (13) E156 (AR3-Open) Men 2000m (2) E154 (AR3-PD) Men 2000m (1) E145 (PR1) Women 2000m (1) E147 (PR2) Women 2000m (2) E216 (PR3-PD & IV) Women 2000m (6)	RACE042 E2 Open Women 2000m (17)
Wave: 22 14:00	RACE043 E76 Masters 50-54 Men 500m (18) E80 Masters 55-59 Men 500m (14) E84 Masters 60-64 Men 500m (7)	RACE044 E72 Masters 40-49 Men 500m (34)
Wave: 23 14:10	RACE045 E68 Masters 30-39 Men 500m (28) E92 Masters 70-74 Men 500m (9)	RACE046 E88 Masters 65-69 Men 500m (6) E73 Masters 40-49 Women 500m (14) E77 Masters 50-54 Women 500m (7) E81 Masters 55-59 Women 500m (10)
Wave: 24 14:20	RACE047 E69 Masters 30-39 Women 500m (19) E143 Sixth Form Boys 500m-subgroup i (17)	RACE048 E142 Sixth Form Girls 500m (32)
Wave: 25 14:30	RACE049 E143 Sixth Form Boys 500m (40)	RACE050 E70 Masters 30-39 LWT Men 500m (7) E74 Masters 40-49 LWT Men 500m (9) E78 Masters 50-54 LWT Men 500m (7) E82 Masters 55-59 LWT Men 500m (9)
Wave: 26 14:40	RACE051 E71 Masters 30-39 LWT Women 500m (3) E75 Masters 40-49 LWT Women 500m (7) E79 Masters 50-54 LWT Women 500m (3) E83 Masters 55-59 LWT Women 500m (1) E85 Masters 60-64 Women 500m (4) E87 Masters 60-64 LWT Women 500m (4) E89 Masters 65-69 Women 500m (1) E91 Masters 65-69 LWT Women 500m (2) E93 Masters 70-74 Women 500m (3) E95 Masters 70-74 LWT Women 500m (1)	RACE052 E86 Masters 60-64 LWT Men 500m (5) E90 Masters 65-69 LWT Men 500m (4) E94 Masters 70-74 LWT Men 500m (3) E98 Masters 75-79 LWT Men 500m (2) E100 Masters 80-84 Men 500m (2) E106 Masters 85-89 LWT Men 500m (1)

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Wave: 27 14:55	RACE053 E160 (PR2) Men 4 mins (1) E166 (AR2) Men 4 mins (1) E170 (AR3-Open) Men 4 mins (10) E168 (AR3-PD) Men 4 mins (2) E217 (PR3-PD & IV) Men 4 mins (4) E167 (AR2) Women 4 mins (2) E169 (AR3-PD) Women 4 mins (1) E171 (AR3-Open) Women 4 mins (3) E215 (PR3-PD & IV) Women 4 mins (3) E189 (IR3) Women 4 mins (1)	RACE054 E133 Year 7 Boys 500m (19) E132 Year 7 Girls 500m (13)
Wave: 28 15:10	RACE055 E140 Year 11 Girls 500m (34) E138 Year 10 Girls 500m-subgroup i (6)	RACE056 E139 Year 10 Boys 500m-subgroup i (14)
Wave: 29 15:20	RACE057 E138 Year 10 Girls 500m (40)	RACE058 E139 Year 10 Boys 500m (27)
Wave: 30 15:30	RACE059 E134 Year 8 Girls 500m (27) E136 Year 9 Girls 500m-subgroup i (13)	RACE060 E135 Year 8 Boys 500m (28) E137 Year 9 Boys 500m-subgroup i (12)
Wave: 31 15:40	RACE061 E136 Year 9 Girls 500m (35)	RACE062 E137 Year 9 Boys 500m (39)
Wave: 32 15:50	RACE063 E64 Under 23 Men 500m (9) E65 Under 23 Women 500m (13) E66 Under 23 LWT Men 500m (3) E67 Under 23 LWT Women 500m (5)	RACE064 E141 Year 11 Boys 500m-subgroup i (14)
Wave: 33 16:00	RACE065 E141 Year 11 Boys 500m (37)	RACE066 E60 Open Men 500m (30) E61 Open LWT Men 500m (6)
Wave: 34 16:10	RACE067 E174 (PR2) Men 1 min (1) E180 (AR2) Men 1 min (1) E182 (AR3-PD) Men 1 min (3) E184 (AR3-Open) Men 1 min (10) E213 (PR3-PD & IV) Men 1 min (5) E206 Year 11 Boys (PR2) 1 min (1) E181 (AR2) Women 1 min (2) E185 (AR3-Open) Women 1 min (3) E193 (IR3) Women 1 min (1) E218 (PR3-PD & IV) Women 1 min (2)	RACE068 E62 Open Women 500m (16) E63 Open LWT Women 500m (2)

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Wave: 35 16:25	RACE069 E198 Junior Boys Relay 8mins (20)	RACE070 E199 Junior Girls Relay 8mins (20)
Wave: 36 16:45	RACE071 E194 Men Relay 4km-subgroup i (10)	RACE072 E199 Junior Girls Relay 8mins-subgroup i (6) E198 Junior Boys Relay 8mins-subgroup i (7)
Wave: 37 17:05	RACE073 E194 Men Relay 4km (11)	RACE074 E195 Women Relay 4km (13)
Wave: 38 17:25	RACE075 E203 Mixed Adaptive Relay (4)	RACE076 E200 Mixed Junior Relay 8mins (11)
Wave: 39 17:45	RACE077 E196 Mixed Relay 4km (16)	