



## 2018 British Rowing Offshore Championships 2018 Commonwealth Beach Sprint Rowing Championships Race Programme **[AMENDED]**

*Version: 12 Aug. 2018 - 2.1*

Sunrise 05:55

Sunset 20:20

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		SUNDAY		
15-Aug	16-Aug	17-Aug Commonwealth	18-Aug Commonwealth      Offshore		19-Aug Offshore		
		09:00 Team Managers Briefing	08:00 Team Managers Briefing				
				FINAL 8			
			09:00 CW1x	9:00 - 13:30 Independent Training* Registration 9:00-12:00 13:00 Captains Briefing	FINAL 8		
8:00 - 16:00 Commonwealth Beach Sprint Training Camp	8:00 - 16:00 Commonwealth Beach Sprint Training Camp	TIME TRIALS					
		10:00 CMix4x	10:00 CM1x			10:00 C2x	
		10:30 Team Relay				10:10 CW1x	
		11:00 CM1x	11:00 CW2x				
		11:30 CW1x				11:00 CW4x+	
		12:00 CM2x	12:00 CM2x			11:10 C1x	
		12:30 CW2x					
						12:30 Medal ceremonies	12:00 C4x+
					13:00-17:00 Team training in booked slots	14:00	HEATS
				14:05		H1 - C4x+	
		14:10	H1 - C1x	13:00 Medal ceremonies			
			Dev Race - C2x				
			15:15	H2 - C4x+			
			15:20	H2 - C1x			
		FINAL 8					
		17:30 CMix4x	16:30	H1 - C2x			
		Medal ceremony	16:35	Dev Race - C1x			
		FINAL 8	17:15	H2 - C2x			
		18:30 Team Relay	17:25	Dev Race -			
		Medal ceremony					

\* Offshore Crews are permitted to do independent training - there will be limited safety cover so crews should follow their own club safety rules & procedures