



## Anti-Doping Rule Violations (ADRVs)

### Sanctions

- 1. Presence** of a prohibited substance in the athlete's sample **4 years**
- 2. Use** or attempted use of a prohibited substance or method **4 years**
- 3. Refusing or Evading** sample collection **4 years**  
*Evasion could also be used for deliberately misleading whereabouts information*
- 4. Whereabouts** Filing Failures or Missed Tests **1 – 2 years**  
*Any combination of 3 'strikes' in 12 months*
- 5. Tampering** with any part of the doping control process **4 years**  
*Increased sanction. Applies to ASP as well as athletes. Could be used for providing deliberately misleading Whereabouts information*
- 6. Possession** of a prohibited substance or prohibited method **4 years**  
*Applies to both Athletes and ASP*
- 7. Trafficking** or attempted trafficking of a prohibited substance or method **4 years**  
*Applies to both Athletes and ASP*
- 8. Administration** or attempted administration of a prohibited substance or method **4 years - life**  
*Applies to both Athletes and ASP*
- 9. Complicity:** Assisting, encouraging, aiding, abetting, conspiring, covering up an ADRV **2 – 4 years**  
*Applies to both Athletes and ASP*
- 10. Prohibited Association:** Associating with ASP serving a doping ban **1 – 2 years**  
*Athletes & ASP must not knowingly work with ASP, or agents or representatives currently serving a period of ineligibility under the Code or sanctioned for a similar criminal matter.*

To view the UKAD Anti-Doping Rules in full please click [here](#)