

WRRC

WEST REGIONAL ROWING COUNCIL



ARA Level 2 Certificate in Coaching Rowing

The Amateur Rowing Association, in conjunction with the West Regional Rowing Council, notifies all member clubs and associations of an upcoming ARA Level 2 Coaching Course.

Course Dates:

Sat April 4th 2009	9.30am-8pm	Exeter Rowing Club
Sun April 5th 2009	9.30am-5.30pm	Exeter Rowing Club
Wed April 15th 2009	6.30pm-9.30pm	Exeter Rowing Club
Sat April 18th 2009	9.30am-6.30pm	Exeter Rowing Club
Sun April 19th 2009	9.30am-5.30pm	Exeter Rowing Club

Assessment Dates: Following the main course dates above, candidates will be required to undertake a practical coaching assessment on *one* of the following dates: 30th June, 2nd/7th/9th/14th/16th/21st/23rd/28th/30th July. Applicants will be allocated with a date prior to the start of the course.

Course Fees:

£350 (payable to West Regional Rowing Council)

*Please note that all course applications must include evidence of ARA membership. This can be obtained at www.ara-rowing.org/membership. Those not wishing to become ARA members must provide evidence of individual third party insurance for water based activities, and also register as an ARA 'RowHow' subscriber to access the course resources.

Further details about the content of the course, application details and forms can be found at - www.ara-rowing.org/coaching/level2

Completed application forms and the course fee must be returned to; **Room Lower East 18, Seale-Hayne Campus, University of Plymouth, Newton Abbot, Devon, TQ12 6NQ**, by the deadline date outlined below (late applications or those without course fee will not be accepted). Enquiries to; Tom Pattichis – ARA Coaching and Development Officer
Office: 01626333020 Mobile: 07879070873 E-mail: tom.pattichis@ara-rowing.org

Application Deadline: Friday February 13th 2009

(Strictly no late applications. Application forms and course fees received after this date unfortunately cannot be accepted)