

### Devon Adaptive Rowing Project

The ARA have recently appointed a new staff member to be based in the West Region. Paul Johnson will be joining the Regional Coaching and Development team as a Community Coach, working on the Devon Schools Adaptive Rowing Project. The project, launched in April, will see the development of rowing for pupils with disabilities in a number of schools across Devon.

### World Coastal Rowing Championships

October 23rd-25th 2009 will see the FISA World Coastal Rowing Championships take place in Plymouth, the first time the event has been hosted on the UK mainland. Competitors from countries across the globe will travel to Plymouth to take part in the event, which is being run by Mayflower Offshore Rowing Club, with the support of the Plymouth Rowing Forum and the Amateur Rowing Association.

The event organisers are hosting a fundraising dinner on June 13th to help support the costs of running the event. Guest speaker at the dinner will be Sir Stephen Redgrave, who is the Patron of the championships.

For further details visit:  
[www.worldoffshorerowingchampionships2009.com](http://www.worldoffshorerowingchampionships2009.com)

### Other News

**Coach Education** - The region has run three Level 2 coaching courses since November, including for the first running of the fixed seat version of the award. A calendar of further courses, workshops and other events for 2009-10 will be circulated towards the end of the summer 2009.

### Go Race Indoors -

The Plymouth Rowing Forum once again hosted a hugely successful Regional Schools Indoor Rowing Championships in



March. An event report can be found at [www.ara-rowing.org/news/400-pupils-compete-indoor-rowing-south-west-regional-indoor-rowing-championships](http://www.ara-rowing.org/news/400-pupils-compete-indoor-rowing-south-west-regional-indoor-rowing-championships). In addition the region was well represented at the National Junior Indoor Championships in London, picking up a number of medals. A full report can be found at [www.ara-rowing.org/news/western-region-well-represented-njirc](http://www.ara-rowing.org/news/western-region-well-represented-njirc)

**Junior Inter Regional Regatta** - The West Region won only its second ever medal at the JIRR in April, with Tooley and Lovering of Dart Totnes picking up a bronze in the J16 2x. A full report of the event can be found at [www.ara-rowing.org/](http://www.ara-rowing.org/)

### 2009 Season Preview

**West of England ARA** - The WEARA championships see clubs compete at 10 regattas over the summer season. The season culminates in the *South Coast Championships*, this year held in Folkstone on 5th September, which sees selected crews representing WEARA against clubs from the other South Coast associations. [www.weara.co.uk/](http://www.weara.co.uk/)

**Cornish Pilot Gig Association** - The CPGA run a series of regattas over the course of the summer. Points are accrued at selected events, contributing towards the 'Tribute Challenge Series'. The season culminates in the *County Championships*, at Newquay in September. [www.cpga.co.uk/](http://www.cpga.co.uk/)

**UK Surf Rowing League** - The UKSRL runs six events across the North Cornwall and Devon coast. This increasingly popular form of the sport is growing year on year, and culminates with the *Open Championships*, held at Saunton Sands, Devon on August 1st. [www.uksrl.co.uk](http://www.uksrl.co.uk)

**Cornish Rowing Association** - The CRA run a series of regattas around the Cornish coast, with events including Four Oar, Cornish Randan, Pair of Paddles, and Oar Match raced in flashboats and skiffs.

**Seine Boats** - The *Seine Boat Series*, organised by River Teign RC, comprises of ten races over the summer months. Points accrued at these events contribute to overall championships. [www.rtrc.co.uk/](http://www.rtrc.co.uk/)

**Offshore** - Sea rowing in the FISA standard coastal boats is increasing in popularity across the region, with a number of events now catering for this boat class, including Plymouth's *Breakwater Bash* (16th May) *Eddystone Challenge* (15th Aug), and the *Exe Regatta* (Exmouth - 28th June). The region will also be hosting the World Coastal Rowing Championships in Plymouth in October 2009.