



SUMMER ROWING COURSES

This information will be held in accordance with the 1992 Data Protection Act. If you do not wish for your address to be retained on our database, please tick the box.

Name:

Youth Club/School:

Address:

Telephone:

E-mail:

Please indicate which venue(s) and week(s) your group would like to attend.

VENUE	DATES	NO. attending	DATES	No attending	DATES	NO. attending
London Regatta Centre Newham E16 2QT	28th July-1 st August		4 th -8th August		11 th - 15th August	
Lea Rowing Club Hackney E5 9BL	28th July-1 st August		4 th -8th August		11 th - 15th August	
Barn Elms Boathouse Wandsworth SW15 ODG	No course this week		4 th -8th August		11 th - 15th August	

Special Needs: If you are bringing any young people with special needs please tick this box. We would like to speak to you to arrange the best possible week to book and to make coaching arrangements. Please enter a day time telephone number to call you on.

£15.00 per young person per week
Please return form with payment to:

Penny Cuthbert
Summer Rowing Course
LONDON YOUTH ROWING
London Regatta Centre, Dockside rd, E16 2QT
Tel: 0207 511 2211 Fax: 020 7474 3333 Mobile: 07736 619601
Email: pcuthbert@londonyouthrowing.com

To be returned by **Tuesday 1st JULY 2007** with full payment.

Please indicate how many of your young people have been on a rowing course on water before.	
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Please indicate how many of your young people have never been on a rowing course on the water.	
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Check list. Please read before sending this form off.

1. All Youth Leaders are to be involved in the course. They may be asked to run off-water sessions with young people after being shown what to do. This will involve young people from other clubs than their own.
2. On arrival at the centre, after registration, your young people will be split into different classes according to their ability. You will be responsible to encourage them to join these groups. They will get a much better experience by being in the right group.
3. There are opportunities throughout the week for groups to pick up points. Encourage your young members to try for these points as there will be a prize at the end of the week for the team with the most amounts of points.
4. The teams will consist of a maximum of 10 with a LYR staff member.
5. Bad language and bad behavior will not be tolerated and could mean dismissal from the course.
6. All young people must have the following every day: clothing for exercise, a spare set of clothing, a packed lunch, a water bottle, a sun hat & sun screen(wet weather gear if needed).
7. Only book places for young people who will definitely attend the whole course. Do not bring any more than you have booked for.

8. The course is designed to begin on Monday and build on knowledge each day. Do not bring different young people throughout the week. We will not be able to accommodate them.
9. Everyone will be invited back to their centre in September for a fun day to show family, friends and youth club the skills they learned on course and to book into the autumn seasons programme. There will be a BBQ and races on this day.
10. The booking is non refundable.