



LEARN TO ROW



- Starts 4th September
- 10 x 2 hour sessions
- Qualified Coaches
- Includes 1 year membership of British Rowing
- Includes course booklet
- Safe, stable boats
- Learn sculling – 2 oars and rowing – 1 oar
- Covers coxing and steering
- British Rowing Approved

We offer:

No early mornings!

Flexible and regular outing times

Social events

Fun

Opportunities to tour UK and abroad

Lovely River Thames location

Tea and biscuits!

Improved fitness and flexibility

Choice of touring boats & racing boats

Ergo/rowing machine winter training



**Weyfarers
Rowing Club**

The UK's leading recreational rowing club

www.weyfarers.org.uk