

**BOOK NOW!**

**GB ROWING TEAM**



# JUNIOR COACHES' CONFERENCE

SATURDAY 28 & SUNDAY 29 SEPTEMBER 2013

@ THE CROWNE PLAZA HOTEL, CAVERSHAM BRIDGE, READING

CONFIRMED SPEAKERS SO FAR, MORE TO COME!

STEVE GUNN

 **GB Rowing Team Start Manager**

Searle Brothers' Coach, 1992 Olympic Gold Medal M2+; Chief Coach, New Zealand; GB Junior Coach; 1st VIII Coach, Hampton School

PETER SHEPPARD

 **GB Rowing Team Chief Coach Juniors & U23s**

GB Olympic Coach 2008; 1st VIII Coach & Master i/c Rowing Kingston Grammar School 1984-1998

JAMES HARRIS

 **GB Rowing Team Start Coach - Tees RC**

U23 Gold LW1x 2011 - Kat Copeland  
U23 Silver LM2x 2010

DARREN WHITER

 **GB Rowing Team Lead Coach Senior Lwt Men**

(incl. 2012 Olympic Silver Medal LM2x & LM4-, 2008 Olympic Gold Medal LM2x, 2010 & 2011 World Gold Medal LM2x); GB U23 Coach 1999-2008; GB Junior Coach (incl. World Gold Medal JM2x 1997)

ANDY TRIGGS HODGE

 **GB Rowing Team Rower - Molesey BC**

Double Olympic Champion 2012 & 2008, M4-

PAUL STANNARD

 **GB Rowing Team Performance Coach**

U23 Bronze M4- 2012, U23 Gold M2- 2011.  
5 graduates of Start Prog. in Bath selected for London 2012, including Helen Glover & Heather Stanning

DR ANN REDGRAVE

 **GB Rowing Team Chief Medical Officer**

MARK HOMER

 **GB Rowing Team Physiologist**

NICOLE CHASE

 **EIS Strength & Conditioning Coach for GBRT Juniors**

SEAN BORET

 **Hampton School Strength & Conditioning Coach**

ANNAMARIE PHELPS

 **British Rowing Chairman**

ALEX HENSHILWOOD (AFTER DINNER SPEAKER)

 **Melbourne University Head Coach (2010 - 2013)**

Formerly 1st VIII Coach, Eton College (2005-2010)

The Conference is aimed at "Back to Basics" for Coaches of Juniors of all ages and abilities, especially the younger age groups, but there will be something for everyone! The weekend will also provide plenty of opportunities for more informal exchanges of information and ideas amongst those attending.

## COST

£155 PP (TWIN) / £180 PP (SINGLE) / £115 PP (NO ACCOM.)

Cost incl. all meals, tea & coffee, Conference Dinner

'The Scullery' / Oarsport Junior Scullers' Head have kindly agreed to subsidise the cost of a 2nd and 3rd attending coach from a single School/Club (£50 reduction for each), especially if they are coaches of younger age groups - details available from:

Richard Boulton, GB Rowing Team Lead Coach, Juniors: [richard.boulton@gbrowingteam.org.uk](mailto:richard.boulton@gbrowingteam.org.uk)

## TIMINGS

START: 10:00 SATURDAY 28 SEPT

FINISH: 15:30 SUNDAY 29 SEPT

**RESERVE YOUR PLACE BY CLICKING ON THE EMAIL BELOW:**

**[laura.greenwood@gbrowingteam.org.uk](mailto:laura.greenwood@gbrowingteam.org.uk)**