



## **U23/Development Coaching Roles – 2014 and 2015 Seasons**

The coaches will work to the Chief Coach (U23s/Juniors) and be expected to:

- 1) Have experience at Championship level. To have been a coach of a medal winning / Top 6 boat would be considered advantageous.
- 2) Have experience of developing and adding value to rowers in this age range/development stage to step up their performances and deliver podium standard performances.

Roles will include:

- Being present at, and leading (and running if required), training weekends or training periods for their specific discipline.
- Assisting the Chief Coach (U23s/Juniors) and providing leadership to their specific discipline during any trials and crew boat formation assessments.
- Being fully engaged in the performance profiles of the rowers in their specific discipline at the trials/assessments throughout the season and being able to use this information with direction from the Chief Coach (U23s/Juniors) to form crews when leading a training session.
- Providing ideas and suggestions that will optimise the performances of our U23 and FISU Teams in 2014 and identifying and assisting talented rowers who have the capability to be the next generation of successful Olympians.
- Being available to coach on the Elite Development Camp and Sculling Festival in August 2014 (Saturday 2 to Sunday 17 August 2014).
- Liaising closely with the respective GB Rowing Team Senior HP Coaches who have roles as links to the supported HPP in Clubs.

The Chief Coach (U23s/Juniors) will arrange suitable meetings and or other methods of communication with the appointed coaches either individually or as a group to enable the coaches to be confident and to have the necessary tools and knowledge to be able to deliver the above.

The appointed coaches will not be expected to travel around the country, but will absolutely be expected to see the successful delivery of their own programmes to be their main working priority.

Attendance at training weekends and trials/assessments would be seen as part of their normal role for their club in developing and supporting performance rowers on the pathway, so would not be considered extra.

Sir David Tanner  
**Performance Director**