

# 2022

2022

world rowing®

coastal championships & beach sprint finals



Pembrokeshire Great Britain

#BRINGONTHEWAVES

OCTOBER 7TH - 16TH 2022

# EVENT BULLETIN 2



[WWW.WORLDRROWINGCOASTALS2022.ORG](http://WWW.WORLDRROWINGCOASTALS2022.ORG)

## TICKETS ON SALE NOW!



Kafue River & Rowing Centre



PARTNERS FOR CLEAN WATER



THE NATIONAL LOTTERY







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**#BRINGONTHEWAVES**



## **CROESO - WELCOME!**

On behalf of everyone at British Rowing and Welsh Rowing, we are delighted to invite the world of rowing to Saundersfoot on the beautiful Pembrokeshire coastline for what promises to be a spectacular edition of the World Rowing Coastal Championships and Beach Sprint Finals in 2022.

The two formats of coastal rowing provide for exciting and exhilarating racing in a discipline of our sport that is accessible to more countries and people around the world than ever before. The coastline surrounding Saundersfoot will provide a fitting backdrop to this elite rowing competition and it is with this beautiful, natural venue in mind that we have also set ourselves the challenge to be one of the most sustainable international rowing events ever held.

Pembrokeshire knows how to put on an event and we're extremely grateful for the support of a range of local and national partners, in particular UK Sport and the Welsh Government, helping us bring the event to Saundersfoot.

We encourage you to subscribe on our website to receive regular updates as our plans progress - <https://www.worldrowingcoastals2022.org/>. Our organising committee and wavemakers are excited to deliver an incredible event and experience for you all, whether a rower, official, supporter or spectator.

## **WELA I DI WEDYN! SEE YOU LATER!**

**#BRINGONTHEWAVES**

**TICKETS ON SALE NOW!** →  
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# GENERAL INFORMATION







## SAUNDERSFOOT

Saundersfoot, Pembrokeshire, Wales. Saundersfoot is a large village in Pembrokeshire, Wales - folded neatly into the outstanding Pembrokeshire Coast National Park and on the Pembrokeshire Coast Path. It is home to the recently completed Welsh International Coastal Centre and has a wide range of accommodation, cafes and restaurants. We are sure that you will enjoy your visit.

## VENUE LOCATION



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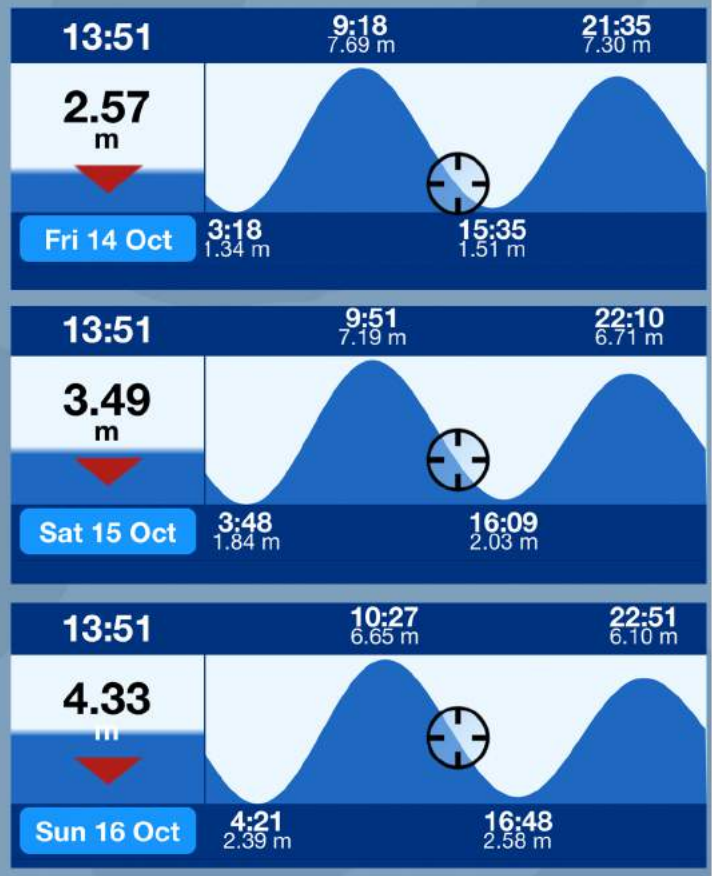
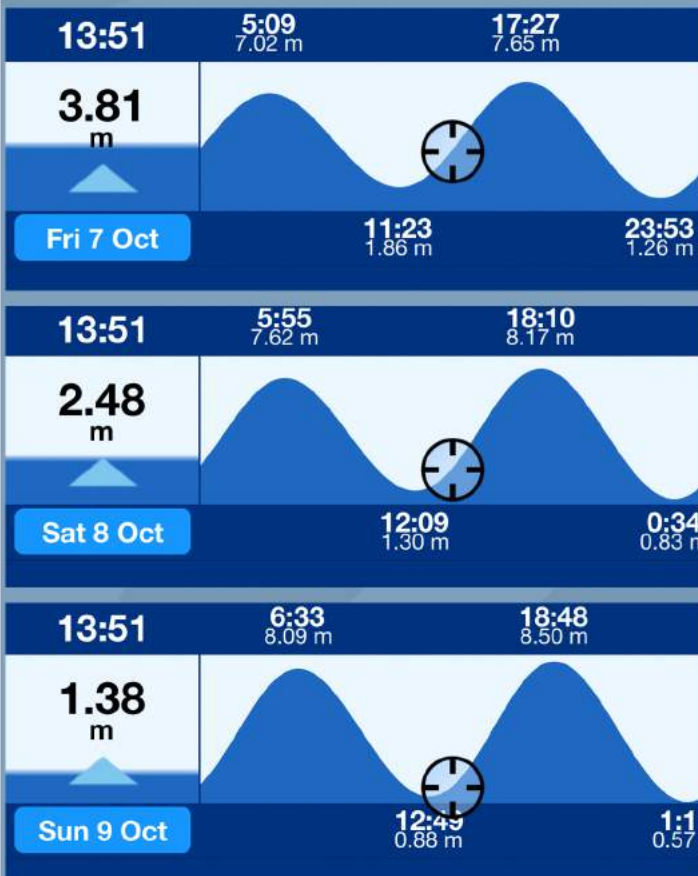




# TIDAL INFORMATION

## COASTAL CHAMPIONSHIPS

## BEACH SPRINTS



For up to date / live forecasting see:  
[www.metoffice.gov.uk/weather/specialist-forecasts/coast-and-sea/beach-forecast-and-tide-times](http://www.metoffice.gov.uk/weather/specialist-forecasts/coast-and-sea/beach-forecast-and-tide-times)  
 and search for 'Saundersfoot Beach'

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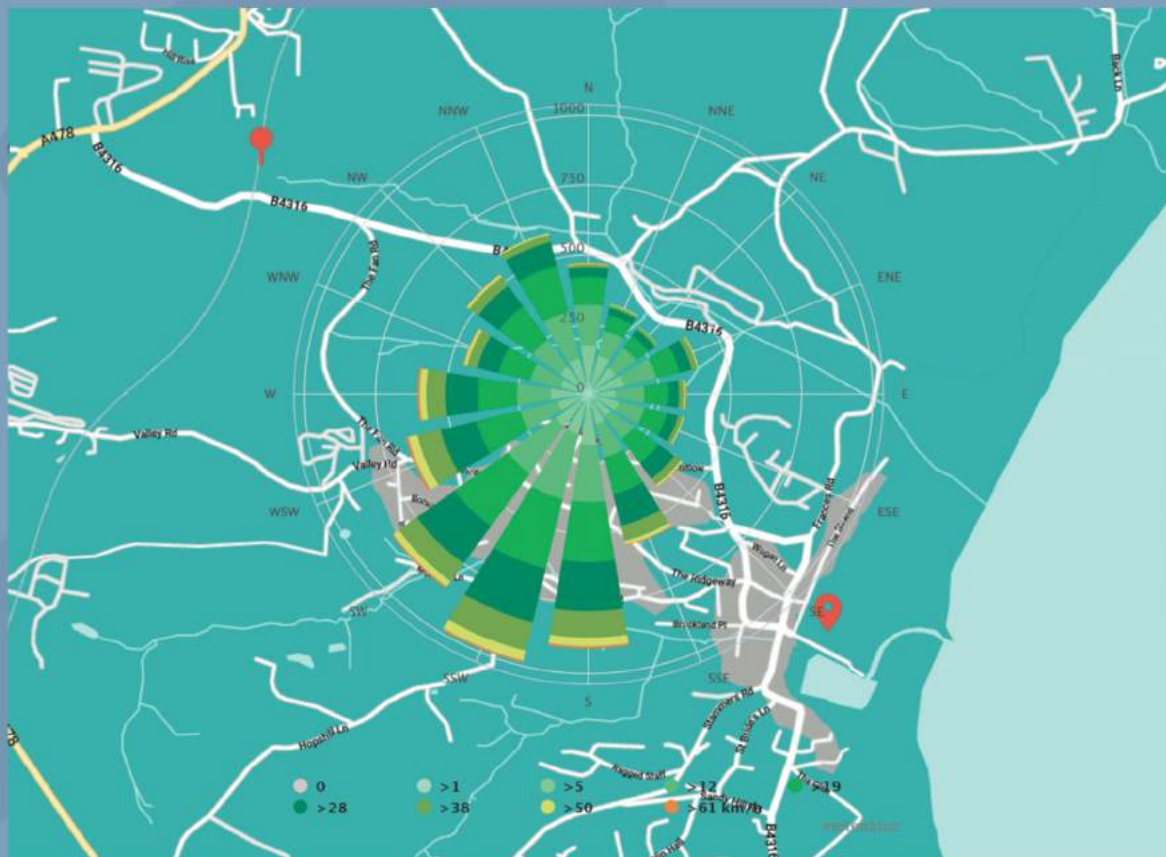


# EVENT CONDITIONS

## FIVE-YEAR AVERAGE WEATHER FORECAST FOR PERIOD OF THE CHAMPIONSHIPS

Time	Wind velocity (m/s)	Wind direction (degrees)	Temperature (°C)	Humidity (%)
06.00-07.00	6.0	162.4	11.0	90.8
07.00-08.00	6.1	166.5	11.5	89.8
08.00-09.00	6.6	169.2	12.4	87.1
09.00-10.00	6.7	169.3	13.2	83.9
10.00-11.00	6.8	171.7	13.8	80.3
11.00-12.00	7.0	178.7	14.2	78.0
12.00-13.00	7.2	185.5	14.4	76.6
13.00-14.00	7.1	181.7	14.4	76.4
14.00-15.00	7.0	186.5	14.3	76.8
15.00-16.00	6.7	182.6	14.0	77.7
16.00-17.00	6.4	182.5	13.5	80.7
17.00-18.00	6.0	176.4	12.8	83.8
18.00-19.00	5.8	161.1	12.4	85.7
19.00-20.00	5.9	169.8	12.1	87.0

The average water temperature is 15°C.



The prevailing wind in Saundersfoot is south westerly in October





# WORLD ROWING COASTAL CHAMPIONSHIPS





## **EVENT DATES**

The World Rowing Coastal Championships (WRCC) will take place from 7th to 9th October 2022.

## **EVENT CATEGORIES**

There will be seven event categories in the 2022 World Rowing Coastal Championships:

- CM1x and CW1x (Solos)
- CM2x, CW2x, CMix2x (Doubles)
- CM4x+ and CW4x+ (Coxed Quads)

## **ENTRIES ARE NOW OPEN**

Crews should enter and pay for their entry directly and then each Member Federation will receive a list of the entered club crews. Member Federations will confirm the entries and rank the crews accordingly and this will be communicated to World Rowing. The rank of each crew will be published after entries close.

The 2022 WRCC progression system will be published by World Rowing after the entry deadline as per World Rowing Rules of Racing. The entry deadline is 9th September 2022.

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## **ENTRY FEE**

There is an entry fee of €35 per rowing seat. The fee will be used for a contribution towards the operational costs of the race organisation (for example, for safety cover, timing and results service, medals, volunteer insurance, boat stickers and racecourse infrastructure). €5 from each seat fee will be donated to support coastal rowing development programmes worldwide.

## **ACCREDITATION ≡ CREW REGISTRATION**

Crew members and team officials will receive their accreditation at the registration desk in the Regency Hall, Saundersfoot. Crew Captains will be required to bring photo identification (passport or international identification card) of all crew members to collect the accreditation for their crews. All competitors are required to carry their accreditation with them throughout the event. Crew Captains will be required to check and confirm their entries (and make any crew changes) with World Rowing at the registration desk in the accreditation centre.

## **VENUE AND COURSE OPENING TIMES**

The venue will be open for accreditation and registration from 09:00 on Wednesday 5th October 2022. The course will be officially open for training from 09:00 on Wednesday 5th October 2022.

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# RACE COURSE

The rowing course will be in and around Saundersfoot Bay around turning points, with a mass beach start and water finish. The start beach is a fine sand beach with a sheltered spilling wave. Crews should have two experienced boat handlers at the start of the race and at shore for boat retrieval after the race. The course length will be 4 km for Heats and B Finals and 6 km for A Finals. Racing will be run in accordance with the World Rowing Rules of Racing and Appendix R18 – Coastal Rowing Competition Regulations.

## 4 km Race Course



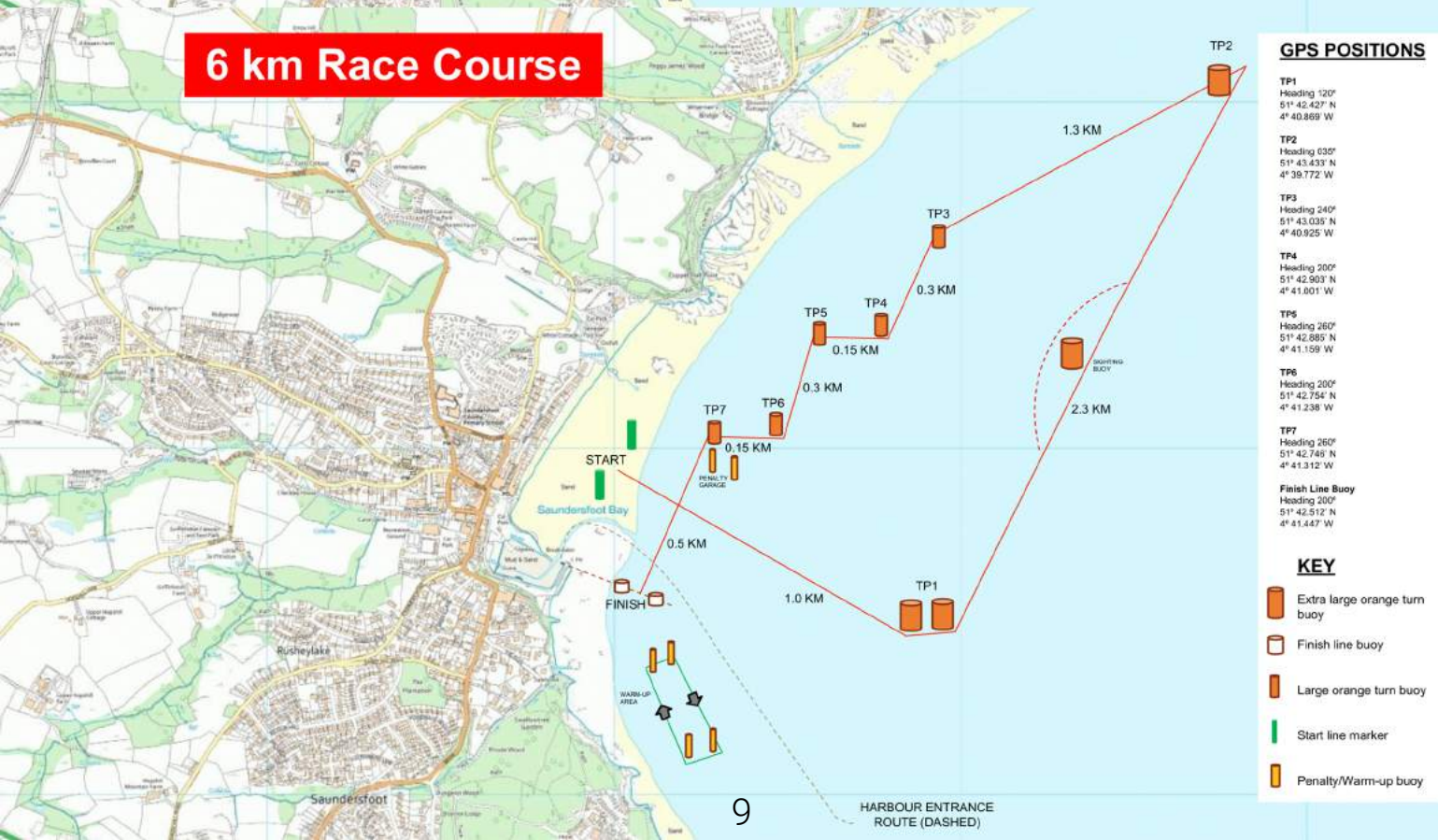
### GPS POSITIONS

<b>TP1</b>	Heading 120° 51° 42.427' N 4° 40.869' W
<b>TP2</b>	Heading 035° 51° 42.909' N 4° 40.314' W
<b>TP3</b>	Heading 280° 51° 43.035' N 4° 40.925' W
<b>TP4</b>	Heading 200° 51° 42.903' N 4° 41.801' W
<b>TP5</b>	Heading 260° 51° 42.885' N 4° 41.159' W
<b>TP6</b>	Heading 200° 51° 42.754' N 4° 41.238' W
<b>TP7</b>	Heading 260° 51° 42.745' N 4° 41.312' W
<b>Finish Line Buoy</b>	Heading 200° 51° 42.512' N 4° 41.447' W

### KEY

- Extra large orange turn buoy
- Finish line buoy
- Large orange turn buoy
- Start line marker
- Penalty/Warm-up buoy

## 6 km Race Course



### GPS POSITIONS

<b>TP1</b>	Heading 120° 51° 42.427' N 4° 40.869' W
<b>TP2</b>	Heading 035° 51° 43.433' N 4° 39.772' W
<b>TP3</b>	Heading 240° 51° 43.035' N 4° 40.925' W
<b>TP4</b>	Heading 200° 51° 42.903' N 4° 41.801' W
<b>TP5</b>	Heading 260° 51° 42.885' N 4° 41.159' W
<b>TP6</b>	Heading 200° 51° 42.754' N 4° 41.238' W
<b>TP7</b>	Heading 260° 51° 42.745' N 4° 41.312' W
<b>Finish Line Buoy</b>	Heading 200° 51° 42.512' N 4° 41.447' W

### KEY

- Extra large orange turn buoy
- Finish line buoy
- Large orange turn buoy
- Start line marker
- Penalty/Warm-up buoy





## UNIFORM

According to the World Rowing Rules of Racing, each crew member must display on their racing suit the three-letter country code and their family name (in Romanised text), following the format below:

Position	Font	Height (mm)	Width (mm)	Case	Example
Front: family name	Arial	50	120-150	Uppercase	EVANS
Front: country code	Arial	50	60-100	Uppercase	GBR
Back: country code	Arial	100	150	Uppercase	GBR

The boat handlers shall wear matched uniforms in a colour that is different from the crew. World Rowing may also issue the boat handlers with bibs to wear (see World Rowing Rules of Racing Appendix R18 – Coastal Rowing Competition Regulations).

## RACE SCHEDULE

The latest version of the provisional race schedule will be available on the event page on the World Rowing website:

[CLICK HERE](#)

#WAVEWARRIORS



# BOATS & EQUIPMENT

**THIS SECTION IS ONLY APPLICABLE TO THE  
WORLD ROWING COASTAL CHAMPIONSHIPS**







## OFFICIAL BOAT HIRE PROCEDURE

Swift, Filippi, Ave, Kanghua and Nelo are the official boat hire providers for this event (**World Rowing Coastal Championships only**). For boat rentals, please contact your chosen manufacturer directly. Boats will be rented on a first come first served basis. If your preferred manufacturer no longer has any boats for your race you will need to contact your second option of boat manufacturer.

If you make a private hire arrangement with a non-official supplier your boat will be treated as a private boat and the supplier will not be able to have a support presence in the boat park in Saundersfoot Harbour or on the beach unless they wish to hire an exhibition space, if so, please contact [communications@worldrowingcoastals2022.org](mailto:communications@worldrowingcoastals2022.org). You will need to buy a ticket to book into an allocated boat park in Coppet Hall (10 minutes walk from Saundersfoot Harbour) for £12 for the weekend.

Tickets are available here:

**[CLICK HERE](#)**

All private C1x and C2x will be parked at Coppet Hall.  
Private C4x will be parked at Saundersfoot Harbour.

Please bring something to rest the bow of your boat on - trestles will not be provided. We also request for crews to bring trollies or to ensure that trollies are provided by their chosen boat hire supplier.

**#WAVEWARRIORS**



## Boat Hire Information Table

Name of Boat Manufacturer	Early Bird Fee & Fee Booking Deadline	Standard Fee & Fee Booking Deadline	Included Offers / Terms	Contact
Ave Rowing	£50 per seat plus VAT, per use. Deadline: 31st August 2022.	£60 per seat plus VAT, per use. Deadline: 9th October 2022.	Deposit per team of C1x £100 cash, C2x £200 cash, C4x+ £250 cash.	Bruno Santes <a href="mailto:info@averowingboats.com">info@averowingboats.com</a> +351 927745715
Filippi Boats	£43 per seat, per use. Deadline: 14th August 2022.	£47 per seat, per use. Deadline: 14th September 2022.	Concept2 oars, lifejacket and trolley included in cost.	Bracci Michele and Di Pietra Tiziano +35 0565 777311 <a href="mailto:rent@filippiboats.com">rent@filippiboats.com</a>
Swift Racing	£220 per seat for the whole event. Deadline: 1st August 2022.	£250 per seat for the whole event.	£100 per person damage deposit. Swift Coastal Oars to be rented separately at £50 for the whole event.	Gaëtan Delhon +33 642 11 21 61 <a href="mailto:boatrentaleurope@swiftracing.com">boatrentaleurope@swiftracing.com</a> <a href="http://www.swiftracing.com/wrcc2022">www.swiftracing.com/wrcc2022</a>
Kanghua Coastal	£170 per seat for the whole event. Deadline: 5th August 2022.	£220 per seat for the whole event. Deadline: 9th September 2022.	£80 damage deposit per seat. Refundable at the end of the event if no damage incurred.	Peter Doyle <a href="mailto:info@kanghuacoastal.com">info@kanghuacoastal.com</a> +353 87 2501387
Nelo Rowing C1x only	£35 per seat per day. £85 per seat for whole event. Deadline: 5th August 2022.	£45 per seat per day. £100 per seat for whole event. Deadline: 5th September 2022.	Braca Oars. Rental fee refund for all teams that qualify in the top 10 for all events. Offer of the boat to the team that reaches medal position in C1x races. No damage deposit / fees.	Nuno Mendes <a href="mailto:nuno.mendes@nelorowing.com">nuno.mendes@nelorowing.com</a> +351 916388452

All boats and other equipment shall comply with World Rowing Rules of Racing, including specified safety equipment. All official hire boats & oars will be shared between teams, and the Official Suppliers cannot guarantee that crews will have the same equipment each day within their rental fleet.

Rowers are reminded that they are expected to have a floating bow line on their boat and a lifejacket for each rower on their craft for all training and racing. Coxes must wear a lifejacket. Buoyancy aids are an aid to buoyancy and not considered a lifejacket. If you are flying with a lifejacket that has a CO2 canister, it is advisable to contact your airline beforehand. Some airlines request that you have the CO2 canister in the hold, some in the cabin and some do not allow you to fly with them.

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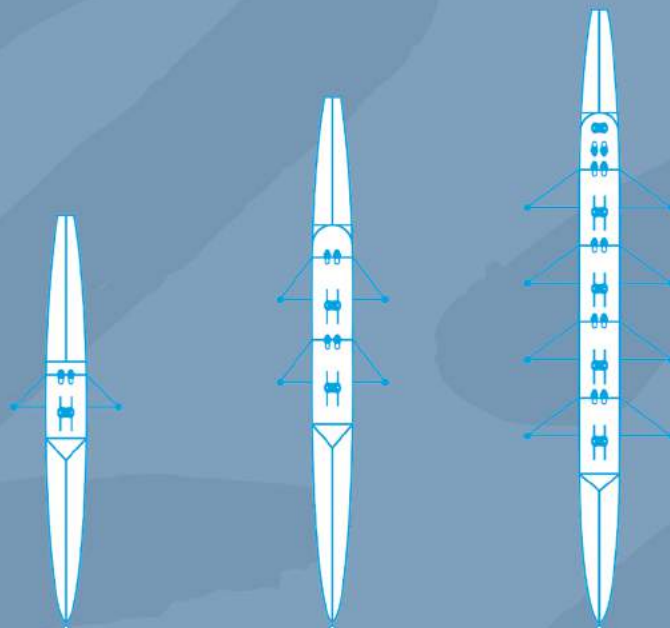


## **BRINGING YOUR OWN BOATS**

We are very happy for you to bring your own boats, please notify the OC by email ([worldrowingcoastals2022@britishrowing.org](mailto:worldrowingcoastals2022@britishrowing.org)) before the closing date of entries to ensure that there is space in the boat park for you in Coppet Hall, and:

### **PURCHASE A BOAT PARK TICKET**

If you miss the deadline to notify the OC regarding boats and equipment, a £100 beach boat parking fee will be charged and billed to you after the event.



**#BRINGONTHEWAVES**



## BOAT WEIGHING

On arrival, all boats can be weighed outside the Saundersfoot Sailing Club and registered by World Rowing and the Organising Committee. The boats will then be given their boat number sticker (stickers will be put on the boat by the OC, not given to crews). During the competition days, verification procedures will take place (to verify the weight information, measurements, equipment, advertising and any other requirements) and there will be random boat weight screenings.

## OAR RENTAL

Croker, Concept2 and Braca are official oar manufacturers for this event. For oar rentals, please contact the suppliers below directly. The oar manufacturers will also hire on a first come first served basis. The Organising Committee encourages crews to bring their own oars with their respective club or country colours on.

Supplier Name Name of Oar Supplier	Cost Rental Fee	Conditions	Contact Information
Croker	£50 per pair, per event or £20 per pair, per day	£150 for a broken shaft, £70 for a broken blade, and £50 for a broken handle. £335 for complete loss, per scull.	John Tetley <a href="mailto:john@crokeroars.co.uk">john@crokeroars.co.uk</a> 07487 256783
Concept2	£50 per pair, per event or £20 per pair, per day		Rob Parks <a href="mailto:info@concept2.co.uk">info@concept2.co.uk</a> 01159 340140 07772 057910
Braca	£50 per pair, per event or £20 per pair, per day	£150 for a broken shaft, £70 for a broken blade, and £50 for a broken handle. £335 for complete loss, per scull.	Will Dawe <a href="mailto:will@janousek.co.uk">will@janousek.co.uk</a> 01932 353 421 07976 302 460

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## **TIMING**

Timing will be managed by Lap2Go and will include live tracking on boats which will be shown on the big screen at the event.

All trackers need to be returned after racing. There will be a charge of £25 for every lost tracker that will be billed for after the event.

## **RESPONSIBILITY OF CREW CAPTAINS**

Teams are reminded that coastal rowing is an assumed risk sport and the Crew Captain shall be responsible for assessing the risks and the ability of the crew to cope with the prevailing and forecast conditions (see World Rowing Rules of Racing Appendix R18 19.c.ii). Crews that feel they are not competent or confident to train or race in the conditions, are expected not to go on the water and to inform the organising committee at the earliest opportunity of their decision.

There will be a crew captains briefing on Thursday 6th October at 18:00 in the Regency Hall, Saundersfoot. Only crew captains are to attend and a register will be taken.

**#WAVEWARRIORS**



# WORLD ROWING BEACH SPRINT FINALS





## **EVENT DATES**

The World Rowing Beach Sprint Finals 2022 (WRBSF) will take place from 14th to 16th October 2022.

## **EVENT CATEGORIES**

There will be nine event categories in the 2022 World Rowing Beach Sprint Finals:

• **Senior events:**

- CM1x and CW1x (Solos)
- CMix2x (Doubles)
- CMix4x+ (Coxed Quads)

• **Under 19 events:**

- CJM1x and CJW1x (Solos)
- CJM2x, CJW2x and CJMix2x (Doubles)

Member Federations are reminded that the rules for the coastal discipline require rowers to be responsible for making decisions in relation to their level of skills. Please make sure your teams have suitable experience of racing in waves alongside their rowing competency.

Teams are advised to bring two experienced boat handlers to support their crews during training and racing. Please note that teams should not bring boats since pool boats will be provided by Filippi. However, teams are advised to bring their own oars. World Rowing's Coastal Commission is happy to advise Member Federations who are looking for good training locations.

## **EVENT FORMAT - TIME TRIALS**

Where the first round of racing is time trials, a "processional" time trial format will be used instead of the side-by-side format. This will allow the time trial rounds to be run over a shorter duration and be less affected by changes in the course due to the large tidal range.

In the processional time trial crews will start one after the other at approximately 1-minute intervals, racing on the same course. Each crew will slalom out in one lane, followed by two 90-degree anti-clockwise turns, and then race directly back to the beach in the second lane. Each crew will start and finish their time trial with the usual beach run. Further details will be provided closer to the entry deadline.



## ENTRIES

Entries for the 2022 WRBSF are now open. Entries should be made by Member Federations directly through the:

## WORLD ROWING DATABASE

Due to the complex tidal movement teams are not encouraged to double up as the race schedule may change.

Any questions regarding the access for Member Federations, please email [databases@worldrowing.com](mailto:databases@worldrowing.com).

The entry deadline is 16th September 2022.

## ACCREDITATION

Crew members and team officials will receive their accreditation at the registration desk in the Regency Hall. Team Managers will be required to bring photo identification (passport or international identification card) of all crew members to collect the accreditation for their crews. All competitors are required to carry their accreditation with them throughout the event.



#BRINGONTHEWAVES





## ***RESPONSIBILITY OF TEAM MANAGERS***

Teams are reminded that coastal rowing is an assumed risk sport and the Team Manager shall be responsible for assessing the risks and the ability of the crew to cope with the prevailing and forecast conditions (see World Rowing Rules of Racing Appendix R18, point 19 on coastal safety). Crews that feel they are not competent or confident to train or race in the conditions, are expected not to go on the water and to inform the organising committee at the earliest opportunity of their decision.

There will be a team managers' meeting on Thursday 13th October at 15:00 in the Regency Hall, Saundersfoot. There will also be a daily team manager meeting on each racing day, 60 minutes after the start of the last race.

## ***VENUE AND COURSE OPENING TIMES***

The venue will be open for accreditation and registration beginning on Wednesday 12th October from 09:00. The course will be officially open for training from 09:00 on Wednesday 12th October.

***#BRINGONTHEWAVES***



## ***BEACH ORIENTATION***

The Beach Orientation will include a walk through the wave break, familiarisation of the beach features and direction on how to call for assistance. Team managers should book their rowers and boat handlers onto a Beach Orientation slot at accreditation. The session will last 30 minutes. Participants should come in training kit, ready to get wet and have their accreditation ready to be stamped.

## ***OFFICIAL TRAINING***

Only teams that have attended a Beach Orientation session will be allowed to participate in official training. Teams will need to book onto official training slots on training days.

To book a training slot, please email the Competition Manager at [communications@worldrowingcoastals2022.org](mailto:communications@worldrowingcoastals2022.org).

Teams shall also confirm their training slot at accreditation when they arrive in Saundersfoot.



***#WAVEWARRIORS***



# UNIFORM

According to the World Rowing Rules of Racing, each team member/crew must display on their racing suit the three-letter country code and their family name (in Romanised text), following the format below:

Position	Font	Height (mm)	Width (mm)	Case	Example
Front: family name	Arial	50	120-150	Uppercase	EVANS
Front: country code	Arial	50	60-100	Uppercase	GBR
Back: country code	Arial	100	150	Uppercase	GBR

The boat handlers shall wear matched uniforms in a colour that is different from the crew. World Rowing may also issue the boat handlers with bibs to wear (see World Rowing Rules of Racing Appendix R19).

# RACE SCHEDULE

The latest version of the provisional race schedule will be available on the event page on the:

**WORLD ROWING WEBSITE**

# BOATS AND EQUIPMENT

The Official Pool Boat Supplier for the WRBSF will be Filippi. The organising committee will provide these pool boats during training and competition.

The crews are required to bring their own oars and blade colours **MUST** be country colour/design.

The pool boats will have standard rigging which cannot be changed. Teams are advised to use the measurements on their private oars to allow for personal preferences in gearing and angles. Personal seat pads and footwear may be used. The pool boats will be set at 5 degree of pitch, 0.5- 1 degree of lateral and 158cm span, and set at the maximum height.



## ***TIMING***

Timing will be managed by Lap2Go. Start lists and results will be available on [www.worldrowing.com](http://www.worldrowing.com).

## ***LIVE STREAM***

The racing will be live streamed and shown on the big screen at the event and on the World Rowing website at [www.worldrowing.com](http://www.worldrowing.com).

# ***#BRINGONTHEWAVES***



2022  
**world rowing**<sup>®</sup>  
coastal championships  
& beach sprint finals



Pembrokeshire  
Great Britain

# LOGISTICS







# NIRVANA

## *NIRVANA - OFFICIAL TRAVEL AND ACCOMMODATION PARTNER*

Our official travel and accommodation partner, Nirvana are here to help you make your arrangements for the World Rowing Coastal Championships and Beach Sprint Finals in 2022. As well as helping organise your travel and accommodation, Nirvana will help ensure all those extra details you need as a competitor or spectator are sorted. They can even help arrange for you to spend a little extra time in Wales after the event.





## **ACCOMMODATION BOOKING**

You will find a variety of accommodation ranging from 4\* hotels to small and friendly bed and breakfasts, houses to share or static caravans. As Wales opens up post-Covid, accommodation is continually being added. We encourage everyone to stay in Saundersfoot if at all possible. The most cost-effective way is to book a house and share it with your crew mates.

For more information on accommodation for the event, please:

***CLICK HERE***

or speak to Nirvana directly:

Tel: +44 (0)191 257 1750

Email: [coastals22@nirvanasportstravel.com](mailto:coastals22@nirvanasportstravel.com)

**#BRINGONTHEWAVES**

# EVENT TRANSPORTATION

It is **ESSENTIAL** you plan your travel arrangements prior to arriving in Saundersfoot.

## FLY

The nearest international airport to Saundersfoot is Cardiff International Airport.



145km from Cardiff Airport (CWL) - 1 hour 45 drive  
214km from Bristol Airport (BRS) - 3 hour 33 drive  
350km from London Heathrow (LHW) - 4 hour drive  
For help with airport transfers please contact Nirvana:

[\*\*HERE\*\*](#)

They have shuttle buses running from London Heathrow, Bristol and Cardiff.

## DRIVE

Distances to Saundersfoot by car from:  
Birmingham - 342km - 3 hour 32 drive  
Liverpool - 300km - 4 hour 6 drive  
Bournemouth - 328km - 4 hour 11 drive  
Exmouth - 318km - 3 hour 26 drive

Details of car parking and park and ride options will be added to the event website once schedules are finalised.

## TRAIN

Alternatively it is possible to get a train to Saundersfoot (note there is a 20 minute walk from the train station down a steep road with no pavement into Saundersfoot) or Tenby.

[\*\*CLICK HERE TO FIND OUT MORE\*\*](#)

## BUS

There is also a bus service from London Victoria.

[\*\*CLICK HERE TO FIND OUT MORE\*\*](#)



## FERRY

WCRBSF22 are delighted to be able to offer participants discounts on Ferries for Irish Sea Routes. The offer details are listed below:

### - Stena -

- 20% discount (before fees/dues) for journeys by car, motorhome, motorcycle on Irish Sea routes. Also includes boat trailers towed by van/minibus.
  - Running 26th September - end of October 2022
- Those travelling will have the option of booking Economy, Flexi or Premium motorist fares (terms and conditions vary for each) and the prices shown will include the agreed discount. Discount is not given on any extras booked i.e. cabins, meals, etc.
- Those wishing to book simply go to [www.stenaline.co.uk/event](http://www.stenaline.co.uk/event) and enter their:
  - First Name
  - Surname
  - Event Number: 0122C

### - Irish Ferries -

- Event code ROWUK which will allow you access to special rates when making bookings to travel to and from rowing events. To check prices and make a booking, please ask competitors to send the request to [clubdeals@irishferries.com](mailto:clubdeals@irishferries.com) quoting code the event code and including the details below:
  - Names of all travelling
    - Date of birth and nationality for each person
  - Do any passengers require special assistance
    - Dates of travel (out and return)
      - Route
      - Times of sailings
  - Type of on board accommodation (e.g. Club Class or cabin) if needed
    - Vehicle make and registration number
  - Where booking for a motorhome, please include height and length of the vehicle in meters
    - A contact postal address
    - A contact mobile phone number
    - Name of the specific event that they're attending
  - Terms & conditions: This code is valid for bookings and travel up to 31/12/2022 and cannot be used in conjunction with any other promotion, offer or discount. Discount cannot be used if paying with Tesco Boost Tokens and applies to the cost of the journey excluding fees and charges. Use of these promotion codes will be monitored and they will be revoked if any misuse is detected.



## LOCAL TRANSPORT

There will be several transport options at the event operating on training and race days:

- Shuttle bus from Tenby to Saundersfoot
  - Park/ride and walk options
  - Private transfers via Nirvana
- Bikes and Tuk Tuks within Saundersfoot

Further details and contacts will be provided on the event website once the final schedules are confirmed.

# #BRINGONTHEWAVES





## **RESTAURANTS**

Saundersfoot has an increasing reputation as a gourmet resort, thanks to the high-quality restaurants and cafes and the local Pembrokeshire produce. The locally produced food not only tastes fantastic, but also reduces greenhouse emissions and carbon footprint.

For more information:

**[CLICK HERE](#)**

We suggest booking your meal before you arrive as the restaurants book up fast.

## **LUNCHES**

If you would like to pre-order your lunch during race days, please

**[BOOK HERE](#)**

and select your preferred meal choice at check out.

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## WASHING/DRYING CLOTHES

There is a laundrette in Saundersfoot or a laundry service here:

**PEMBROKESHIRE LAUNDRY SERVICES**

## VISA INFORMATION

It is **VITAL** to start your visa application process as soon as possible as there are delays processing visas with the UK Government.

Advice on visas required is here:

**GOV.UK**

Please contact [communications@worldrowingcoastals2022.org](mailto:communications@worldrowingcoastals2022.org) if you need an invitation letter from the organising committee.

Our travel partners at, Nirvana, are happy to help with any visa enquiries.

Email [coastals22@nirvanasportstravel.com](mailto:coastals22@nirvanasportstravel.com).

## COVID-19 RESTRICTIONS

Competitors and teams are responsible for adhering to both their own local COVID restrictions and any restrictions in the UK. At the time of writing, competitors for both events will not be eligible for any elite sport exemptions from restrictions in the UK and there are currently (as of July 2022) no Covid restrictions in place in the UK that would affect travel, but please check

**HERE**

a few weeks before you start your journey.



# TICKETS

We hope that you will bring your friends and family to watch and have fun at the event.

There are several places to watch:

- Harbour Lounge - This is the place to go if you would like to make yourself at home and hang out for the day with friends and family with prime viewing of the live rowing as well as the big screen, seating – some under cover, access to your own bespoke concession selling food and drink, luxury toilets, bag drop and plenty of space. There is a discounted price for athletes of £7 - please book:

**HERE**

For friends and family, please book:

**HERE**

- Hospitality - If anyone you know would like to entertain or experience a 5\* offer at our partner hotel, St. Bride's please book:

**HERE**

- WRCC Athletes Party - there is a party for athletes on Sunday 9th October at 19:30, after the World Rowing Coastal Championships at Regency Hall, Tickets are £24 including buffet. Please book:

**HERE**

- Opening Ceremony - there will be an opening ceremony on 6th October at 19:00 in Saundersfoot Harbour. This will be free to all.
- We hope to bring you live music in the evenings, more details to follow
- It is also possible, of course - to watch along the bank free. There will be exhibitors tents close to the Harbour Lounge.



## SUSTAINABILITY

The event will be aspiring towards gaining ISO2012 certification and if achieved, will be one of the first rowing events in the world to be awarded it. In order to achieve such certification a rigorous and thorough process is being followed.

Our sustainability aims are:

- **Responsible use of resources** – to use resources responsibly and wisely and in a way that reduces the carbon footprint of the event.
- **Participation and reach** – to ensure the event engages and enthuses the local community and world of rowing in offering a welcome to all.
  - **Protecting people and the planet** – to ensure the event is environmentally responsible and ensures the wellbeing of the people who are impacted by it and the landscape that hosts it.
- **Operation and ethos** – to ensure the event has systems in place to monitor and account for its operations and governance.

There will be lots of water re-fill stations provided by Welsh Water.

**Please bring a re-fillable bottle with you.**

In the spirit of transparency, our sustainability targets have been published on the event website.

The event will be raising money for the World Rowing Kafue River & Rowing Centre and for the local Seasearch project managed by the Marine Conservation Society. You can donate to both projects:

**HERE**



PARTNERS  
FOR  
CLEAN WATER







**#BRINGONTHEWAVES**

## **MEDIA**

### **- Media Enquiries -**

If you have an enquiry in advance of the event, please contact the OC:  
Nicola Merriman at Mojo Marketing [nicola@mojomarketingltd.co.uk](mailto:nicola@mojomarketingltd.co.uk)  
07917 030938 | 01834 218755  
Or World Rowing at [media@worldrowing.com](mailto:media@worldrowing.com).

### **- Event Accreditation -**

Media representatives wishing to attend the event are required to be accredited through World Rowing. For further information, please visit the World Rowing's Media Centre [www.worldrowing.com/mediacenter](http://www.worldrowing.com/mediacenter) or email [media@worldrowing.com](mailto:media@worldrowing.com)

## **CONTACT US**

If you have any enquiries about the event, please contact our Event Director, Rachel Dulai at [worldrowingcoastals2022@britishrowing.org](mailto:worldrowingcoastals2022@britishrowing.org) or our Competition Manager, Sam English at [communications@worldrowingcoastals2022.org](mailto:communications@worldrowingcoastals2022.org)

For enquiries about travel or accommodation logistics, please contact our partner, Nirvana Europe:  
[+44 \(0\)191 257 1750 coastals22@nirvanasportstravel.com](mailto:coastals22@nirvanasportstravel.com)



**THIS EVENT IS ONLY  
POSSIBLE WITH THE  
GENEROUS HELP OF OUR  
EVENT PARTNERS**

