

1.1 Safety Notice Boards

Responsibilities

Personal

- Be aware of the contents of the Safety Notice Board and check for updates before each outing
- Suggest topics to be included on the Safety Notice Board

Club

- Provide and ensure that a designated Safety Notice Board displays current information
- Issue the Club Water Safety Adviser with current information supplied by the ARA or other relevant organisations

Coach

- Be aware of the contents of the Safety Notice Board
- Check regularly for updates before each outing
- Use safety information on display to support training sessions
- Suggest topics to be included on the Safety Notice Board

Club Water Safety Adviser

- Maintain a prominent display of safety information at the club

Minimum standards to be adopted

Every club must have a designated Safety Notice Board situated in a prominent position that is regularly visited by club members, eg clubhouse, boathouse, changing room. It may be appropriate to have more than one location. A list of vital telephone numbers relating to safety in general and appropriate to the locale shall be prominently displayed in every club. Clear directions to nearest alternative telephone points shall also be displayed.

EMERGENCY SERVICES - 999

Note: Fire, Police, Ambulance, together with a schedule of information needed by the emergency service, viz

- Service required
- Precise location
- Access details
- Contact name

Telephone numbers for

- Doctors, local hospital casualty department
- Offshore or river rescue services

- Local river or harbour police
- Relevant Navigation Authority
- RNLI and Coastguard (for coastal and tidal waters)
- Lifeguards
- Club officials
- First aiders
- Incident reporting book
- Club Welfare Officer

ARA 'Row Safe' posters and related information should be used as a resource of safety information for display.

Visual Aids on safe practice, life saving and resuscitation techniques as may be provided by the ARA, or by other organisations with the approval of the ARA, should be prominently displayed. Every club providing rowing or sculling facilities shall draw up and display a plan of the local waterway, drawing attention to the applicable navigation rules and any local interpretation required to accommodate particular hazards.

Instructions shall be displayed to cover any variation in normal procedures necessary to combat tidal currents, stream, wind or other climatic conditions particular to the area

Further good practice

(In addition to minimum standards to be adopted)

- The Safety Notice Board should be kept up to date and should not be used for other than safety information
- A notice giving explicit directions to the club or incident site should be displayed
- The club should include details of access points for emergency vehicles on its map of the area
- Establish a method for updating members of changes to Safety Notice Board information
- Safety information for the control of weightlifting and use of ergometers should be displayed
- A 'Day Board' (eg dry wipe) or other method should be used and situated in a prominent position to indicate restrictions, new hazards or cancellation of activities
- Display insurance and other licences in appropriate locations

Further information

ARA website

- Safety resources and posters

