



Eastern Region Junior Skills/Training Day

Sunday 30th November 2008
Broxbourne Rowing Club.

Athletes to participate will mainly be 14-16 years of age and be eligible for the Eastern Region Team 2008.

This camp is not for beginners but for athletes who we expect to be part of the Eastern Region Team. The best a club or school has in their age group.

Places will be limited and selection may be necessary if we are over subscribed.

Athlete contribution: £5.00 each
All athletes will receive a free Polo Shirt

Coaches who feel that they have athletes who would like to attend should complete a Training Day application form and return initially via e-mail to:

jenibarnacle@ntlworld.com

And copied to

noellestallard@doctors.org.uk

Selected participants will be required to bring with them to the camp a signed copy of the consent form by their parent/ guardian.

The purpose of the camp is to further develop the skills and technique of our Eastern Region athletes and also give athletes the opportunity to participate in crew boats.

Whilst we encourage and will require coaches to attend, the camp will be led by experienced coaches from within the Eastern Region.

Closing date for applications is Friday 21st November 2008

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