



FORWARD PLAN 2005 – 2009

Building Our Future

Growing and Succeeding

'new participants through new partnerships'
'rowing for life through well-resourced Clubs'
'inspiration through success on the world stage'

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www.yorkshirerowing.co.uk

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ABBREVIATIONS

ARA	Amateur Rowing Association
CASC	Community Amateur Sports Club
CCWO	Club Child Welfare Officer
CDO	ARA Coaching Development Officer
CSCS	Community Sports Coaching Scheme
CSP	County Sports Partnership
CWSA	Club Water Safety Adviser
LA	Local Authority
NJRP	ARA National Junior Rowing Programme
PC Trusts	Primary Care Trusts
PF Clubs	Private Fitness Clubs
RSB	Regional Sports Board
RYA	Royal Yachting Association
STM	ARA Sequential Training Model
YRC	Yorkshire Rowing Council
YRC Chair	Yorkshire Rowing Council Chair
YRC Coach	Yorkshire Rowing Council Coaching Commissioner
YRC Jun	Yorkshire Rowing Council Junior Commissioner
YRC RTRC	Yorkshire Rowing Council Recreational and Touring Commissioner
YRC Sec	Yorkshire Rowing Council Secretary
YRC Stud	Yorkshire Rowing Council Student Commissioner
YRC Umpire	Yorkshire Rowing Council Umpire Commissioner
YRC WSA	Yorkshire Rowing Council Water Safety Adviser

GLOSSARY

Amateur Rowing Association	Governing body for rowing in England.
ARA Sequential Training Model	ARA Athlete Training Module
Clubmark	Nationally recognised child friendly and safe Club accreditation
Clubs	ARA Clubs within the Yorkshire Region
Community Amateur Sports Club	Clubs with open membership
Project Oarsome	ARA Club/School Partnership Scheme
Yahoo group	Web based messaging group
Yorkshire Rowing Council	Governing body for rowing in Yorkshire

1. INTRODUCTION

The Yorkshire Rowing Council believes that a strong vision statement and related objectives can ensure the growth and development of rowing in this Region following the Amateur Rowing Association “Whole Sport Plan” and the Sport England “Yorkshire Plan for Sport”. It is the purpose of this document to articulate the Regional vision for rowing, highlight the key issues and to formulate proposals and priorities for action over the next four years that build on the development from the current successful Regional plan.

In order to produce the Forward Plan the objectives met from the previous plan, which covered the period 2001-2005, were reviewed. The Regional successes are:

- 22% increase in participation by both men and women
- Increased numbers of accredited ARA coaches, whose training was subsidised by the Yorkshire Rowing Council
- Clubs participating in Go Row as part of the National Junior Rowing Programme, Project Oarsome and obtaining Clubmark accreditation
- Formation of the new Leeds Boat Club
- Continuing and growing success of the Yorkshire Head and Small Boats Head and the development of the South Yorkshire Head
- Awards for All grant to purchase four Rowperfect indoor rowing systems for use by Clubs throughout the Region

The Forward Plan will aid the development of Clubs and the Region to improve rowing for the next four years. The Plan will be reviewed annually so that any changing circumstances and opportunities that may arise can be accommodated. The key to the overall success of this Plan is the in-built flexibility that the annual review process will provide.

For further information please contact Andrew Cawood, Chair, Yorkshire Rowing Council – **Tel:** 01977 683239 **Email:** chair@yorkshirerowing.co.uk.

2. THE VISION

The Yorkshire Rowing Council believes that it can build for the future, grow and succeed by working towards the following:

- New participants through new partnerships
- Rowing for life through well-resourced Clubs
- Inspiration through success on the world stage

3. VALUES & PRINCIPLES

The Yorkshire Rowing Council values and principles are:

- Encouraging and developing good practice to provide a transparent and accountable organisation at Regional and local level
- Providing equal opportunities to participate in rowing regardless of age, gender, disability, faith and ethnic origin
- Creating the opportunity for those with the desire and talent to join the ARA Performance Pathway and achieve success at an appropriate level
- Valuing the work of volunteers and providing recognition, support and training
- Playing an active part in developing rowing as part of the broader sporting and social agenda, and to the benefit of local communities
- Providing a welcoming environment and support for participants to enjoy the sport at whatever level they choose to participate
- Encouraging and developing safe practices in rowing and the culture of safety in general

4. WORKING IN PARTNERSHIP

The Yorkshire Rowing Council is working closely with the following partners:

- Amateur Rowing Association
- County level Sports Coach UK
- Federation of Disability Sports Organisations – Yorkshire
- Federation of Yorkshire Sport
- Local Authorities
- Local Education Authorities
- Local media
- Local river users
- Regional Sport England
- River Authorities
- Schools links
- Sponsors
- Sporting Equals
- Yorkshire Forward
- Yorkshire & Humberside Black and Ethnic Minorities Sports Forum

The Yorkshire Rowing Council will continue to work with partners who have made a significant contribution to our programme and will encourage Clubs to develop new partnerships, both commercial and non-commercial to expand the sport.

5. KEY ISSUES, AIMS, OBJECTIVES AND ACTION PLAN

Over the last year the Yorkshire Rowing Council has consulted widely in the Region and conducted a Needs Assessment, which has identified priorities. These needs are summarised under each key ARA theme identified by the British Rowing Whole Sport Plan 2005-2009.

Needs are addressed in the following manner:

- **Key Issue** The priority need
- **Aims** Strategic direction to address the need
- **Objectives** Specific statement relating to each aim which is measurable
- **Action Plan** Detailed breakdown to achieve each objective

All Clubs were consulted on the Forward Plan to gain their co-operation and support, which is vital for the Plan's success.

5.1 Organisational Effectiveness

Strategic Objective: To achieve a well organised, effective Regional Rowing Council, with robust policies and administration, providing strong infrastructure for the sport, to represent the interests of its members, and with the capacity to deliver a broad range of services to its members, to increase participation.

Key Issues	Aims	Objectives	Action	By Whom	Partners	When	
Develop effective communication links and improve collaboration	To increase the quality and speed of communication between members	To increase the membership of the YRC's Yahoo Group so there is representation by each Club or event	Advertise the YRC's Yahoo group at all Regionally organised events and in all literature	YRC Sec	YRC	Continuous	
		To promote and encourage the ARA	Advertise the system and YRC to use it	YRC	ARA Clubs	Continuous	
		To communicate online system					
		To encourage all Clubs to have a website promoting their own Club and events and having links to all other Regional Clubs and events, plus the YRC and the ARA HQ	Demonstrate to Clubs the benefits of a website, and encourage Clubs to include links to all other Regional Clubs, the YRC and the ARA.	YRC	Clubs	Continuous	
		To improve knowledge and awareness of current issues	Attend national meetings	YRC	ARA	As required	
			Regular and routine communication with Clubs prior to YRC meetings to report current situation	YRC	Clubs	Quarterly	
			Produce regular written reports for inclusion on the website	YRC	YRC Sec	Prior to quarterly meeting	
			All Clubs to be visited	YRC CDO	Clubs	Annually	
			Request from Clubs a nominated representative participate in YRC meetings	YRC Chair	Clubs	Jun-05	
			Individual members to review their own areas and submit reports	YRC	Regional Stakeholders	AGM	
To ensure the decision making processes are adequate for the Regional and local objectives	To ensure the Region maximises all opportunities to secure funding from within the sport and from external sources						
Requirement for modernisation of facilities and practices	To ensure the Region maximises all opportunities to secure funding from within the sport and from external sources						
Equity	To ensure that equal opportunities are provided at all levels of participation						

5.2 Coaching and Technical Education

Strategic Objective: To ensure that all participants, athletes and coaches receive the correct level of coaching to ensure quality and safety within the sport.

Key Issues	Aims	Objectives	Action	By Whom	Partners	When
Requirement for experienced qualified coaches	To develop a coaching education plan	To ensure coaches and trainers have adequate planning time	Devise, organise and promote coaching plan	YRC Coach CDO	Coaches	AGM
	To ensure the Region is capable of coaching its members to the desired standard	To increase the number of active Bronze and Silver coaches in the region by 50% over the next 4 years	Identify and encourage participation of suitable candidates through the provision of Regional grants	Clubs	YRC	Continuous
		To increase the number of active Gold coaches in the Region over the next 4 years	Encourage the ARA to run a Gold course	YRC	ARA Head of Coach Education	Annually
		To increase the number of active Instructor Award coaches in the Region by 25% over the next 4 years	Identify and encourage participation of suitable candidates through the provision of Regional grants	Clubs	YRC	Continuous
		Recognise coaching achievement	To organise, promote and run a Regional Instructors Award Course	YRC Coach	Clubs CDO	Annually
		To encourage Clubs to obtain funding for Rowing Community Sports Coaches	Seek Regional Coach of the Year and reward with place on National Coaching Conference	YRC Coach	Clubs	AGM
		To ensure Clubs are informed of all opportunities	To work with County Sports Partnership to ensure Clubs have the opportunity of applying under the Community Sports Coach Scheme	CDO	YRC CSP Clubs	Ongoing
		To have three CSCS working in the Region	Encourage and support Clubs applying for CSCS	YRC	CDO Clubs	2009
Requirement for Course Leaders, Tutors and Assessors	To ensure the Region is capable of running Instructors Award courses	To double the numbers of active Tutors and Assessors to deliver coach education on an equal basis across the Region	Identify and encourage participation of suitable candidates through the provision of Regional grants	YRC	Clubs	Continuous
Requirement to develop existing coaches	Encourage coaches to improve their standard of coaching	To provide coaching support for coaches through provision of suitable information and training	Organise regular Regional training days, workshops and seminars	YRC Coach	Coaches	Regularly
		Improve communication between coaches	Organise a coach mentoring system	YRC Coach	Coaches	Regularly

5.3 Clubs and Members

Strategic Objective: To increase the capacity of the Sport to provide high quality rowing opportunities through well resourced and supported Clubs, by designing and implementing accredited rowing programmes, with the aim of increasing participation in the sport.

Key Issues	Aims	Objectives	Action	By Whom	Partners	When
To develop the needs of the members to ensure Club and Regional aspirations are met	To support the ARA quality assurance framework for accrediting Clubs and to work with local and Regional strategic partners to achieve joint targets	Encourage Clubs to produce forward plans that include local partners, contacts and safety	Ask for Plans	YRC	Clubs CDO	Dec-05
To promote and develop a safe rowing environment	Support all Open Clubs to aspire to Clubmark accreditation	To reduce the number of rowing related incidents	Communicate importance of accreditation Clubs to comply with ARA Water Safety Code and promote safe practice Assessment of Club safety plans and volunteer instructions and supply advice Clubs to self-assess their safety environment	CDO Clubs YRC WSA Clubs	YRC WSA Clubs YRC WSA Clubs	Mar-05 Ongoing Ongoing
Support Clubs and volunteers in streamlining administration and reducing bureaucracy	To increase the number of RYA level 2 launch drivers in the Region Encourage Clubs to join the YRC Yahoo Group	Visit Clubs to assess facilities Organise, seek suitable candidates and subsidise RYA level 2 courses Distribute flyers at Yorkshire Head of the River Race	YRC WSA Clubs YRC WSA Clubs YRC Sec	YRC WSA Clubs YRC WSA Clubs YRC	YRC WSA ARA Clubs Clubs YRC	Ongoing Ongoing 2005-2009
To use the ARA Club Survey/audits to help prioritise the facility needs of Clubs and embark on a programme of improvement, including Club boats and equipment, and facilities for adaptive rowers	Advise each Club of the benefits to the Club of attending YRC meetings Provide information to Clubs through a variety of media including email and text messaging To increase membership	Request Clubs to nominate a representative to attend YRC meetings Publish information on YRC Yahoo Group and website and other channels as appropriate Provide advice and support to Clubs in developing excellent sports development programmes	YRC YRC YRC	Clubs CDO ARA Sport England Clubs Clubs CDO ARA	Clubs CDO ARA Sport England Clubs Clubs CDO ARA	2005 Ongoing Ongoing
Support Clubs to work with strategic partners	Support applications for buildings, revenue costs, boats and equipment, within the context of the Club/Regional /National development strategies	Work with strategic partners, RSBs, CSPs, LAs to undertake major modernisation of Club premises through local, regional and national sources of funding Request Clubs to inform YRC of all potential developments	Clubs Clubs	Clubs YRC	YRC Stakeholders YRC	Ongoing Ongoing
To provide training and support for Club volunteers	To identify needs and training requirements of all volunteers	Perform needs analysis YRC to work with CDOs to produce annual programme of volunteer education, training and support	YRC YRC	Clubs Stakeholders Clubs	Clubs Stakeholders Clubs	Ongoing Annually Annually
Promoting the Sport to the general public with equity as a prime factor	Increase awareness of the sport of rowing to the general public within the Region	Provide advice to Club Publicity Officers	YRC	YRC	Clubs Club Publicity Officers	Ongoing

5.4 Competition

Strategic Objective: To provide an appropriate range of safe and efficiently managed competitions to meet the needs of all participants and to promote long-term participation in the sport at all levels.

Key Issues	Aims	Objectives	Action	By Whom	Partners	When
Competitions review	Assess all Regional competitions	Improve competitions at all levels of participation	Clubs to assess each event and if necessary to propose changes to next years programme	Club Event	YRC	Annually
		Halt the decline of some Regional events	Facilitate and encourage co-operative inter-Club approach to developing progressive event calendar	Club Event	YRC	Annually
		Host nationally recognised events in the Region	Communicate to all Clubs to consider types of events that would appeal and be feasible Produce Regional annual events calendar	YRC YRC Sec Club Event Event	Club Event Event	Annually Annually Annually
	Promote Inter-Regional competition	Encourage and support the Inter-Regional rowing championships	Promote and select Regional team	YRC	Clubs CDO Coaches	Annually
	Promote International competition	Ensure that a wide range of Clubs, schools and universities utilise the impact of the 2006 World Rowing Championships to increase participation	Make available to Clubs all necessary information on the events	YRC	ARA Clubs	2006
Requirement for Umpires and race officials	To ensure the Region is capable of running and officiating Regional events	Region to have 30 qualified Umpires	Identify and encourage suitable candidates to become umpires	YRC Umpire	Clubs	Continuous
		Develop existing Umpires	Organise a training workshop	YRC Umpire	Umpires	Annually
			Identify and encourage candidates to be Multi-lane and FISA Umpires	YRC Umpire	Umpires	Continuous
		Monitor the effective organisation of Regional events	Assess safety plans and volunteer instructions, and review post event activities	YRC WSA	CWSA YRC	As required, minimum annually
			Event organisation with respect to Rules of Racing	YRC Umpire	Umpires	Continuous
Successful Yorkshire Head of the River event	To continue to have a major Regional competition	To maintain and improve standards and to increase participation Stakeholders to provide assistance and support for Yorkshire Head of the River	Form a Task Group to assist review and propose improvements Communicate with all Clubs for assistance	Task Group Yorkshire Head Co-ordinator	Stakeholders Clubs	Jan / Feb 2005 As required

5.5 Increased Participation through Further Innovation

Strategic Objective: To substantially increase the number of participants in the sport by providing new opportunities for people of all ages and abilities to participate in rowing on and off the water, thus promoting long term participation, and to promote healthy living.

Key Issues	Aims	Objectives	Action	By Whom	Partners	When
Develop non-competitive rowing	To formally establish and promote recreational and touring rowing within the Region	Develop new opportunities for recreational and touring rowing	Establish a Recreational & Touring Rowing Commissioner	YRC Chair	Stakeholders	AGM 2005
		Host the national recreational rowing tour		YRC RTRC	Stakeholders	by 2009
		Identify and support Clubs wishing to apply for recreational rowing status and funding		YRC	Clubs	Continuous
		Create informal opportunities for recreational rowing through the development of opportunities linked to major tourist attractions		YRC RTRC	Stakeholders	Continuous
		Establish links to Primary Care Trusts to promote the health benefits of recreational rowing		YRC RTRC	PC Trusts ARA CDO	Continuous
To increase participation in sport of rowing	Develop new markets for the sport of rowing	Develop new opportunities for indoor rowing	Establish and promote indoor rowing leagues with the co-operation of local school, LA's and private fitness Clubs	YRC RTRC	Local schools LAs PF Clubs	2006
		Support and promote the Sheffield Indoor Rowing Championships		YRC	Sheffield Clubs CDO	Annually
		Establish a Regional Go-Row (Junior) indoor event, linked to Sheffield Indoor Rowing Championships		CDO	YRC Sheffield Clubs Concept II	Annually
		Develop additional Indoor rowing competitions in the Region		YRC	Clubs	2006
Promote ease of accessibility to the sport	To create new opportunities to increase participation from under-represented groups, particularly in urban areas	Identify partners within cities to promote the establishment of rowing programmes		YRC	LAs Clubs CDO	2006
To comply with the Disability Discrimination Act	Create opportunities for people with a disability	To increase access and opportunities for all	Provide detailed information on compliance to the Disability Discrimination Act	YRC	Club ARA CDO	2005
		Provide links to external bodies who can offer support		YRC	Club ARA CDO External Bodies	2005
		Clubs to produce a short plan indicating how they will achieve compliance		Clubs		2005

5.6 Young People

Strategic Objective: To increase the number of young people starting rowing and provide a broad based range of activities to encourage long term participation in the sport at all levels of performance development.

Key Issues	Aims	Objectives	Action	By Whom	Partners	When
Child welfare	Ensure that young people can participate in rowing at all levels in a safe, friendly environment	All Clubs with junior sections to be working towards Clubmark accreditation	Promote to Clubs the benefits of Clubmark accreditation	YRC	Clubs CDO ARA	Continuous
		Encourage Clubs to undertake regular child protection training	Promote to Clubs the need for this training	YRC	Clubs CDO ARA	Continuous
		Support ARA National developments to build a network to support Child Welfare Officers in Clubs	Organise Regional child protection training courses	YRC CDO	Clubs	Annually
		To increase the number of Clubmark Clubs	Advise all CCWOs of the Regions other CCWOs with suggestions of continual communication	YRC Jun	CCWOs CDO ARA	Continuous
Develop young people	Develop the technical, physical and leadership skills of young rowers	To increase the number of Clubmark Clubs	Promote the Go-Row programme	YRC Jun	Clubs	Continuous
		Region to develop junior rowers	Hold one junior training day per year	YRC Jun	Clubs CDO	Annually
			Promote the Junior Rowing Leadership Scheme to Clubs in the Region	YRC Jun	Clubs CDO	Continuous
			Organise a J16 and Junior Inter-Regional Training camp	YRC Jun	Clubs CDO Junior coaches	Annually
			Encourage consultation with young people at all levels in relevant Regional matters including Dry Start, Wet Start and Event Support	YRC	Clubs	Continuous
		Promote indoor rowing for juniors	To develop indoor rowing leagues with the co-operation of local school, LAs and private fitness Clubs	YRC RTRC	Local schools, LAs, PF Clubs	2006
			Promote national indoor rowing league	YRC Jun	Clubs Schools	2006
		Ensure an effective performance pathway for talented athletes	Support the delivery of the ARA World Class Start Programme	YRC Jun	Clubs Schools	Continuous
		Promote Inter-Regional competition	Promote and select Regional team	YRC Jun	Clubs CDO	Annually
Improve access to the sport	To develop high quality participation based programmes	Encourage Clubs to participate in National Junior development programmes	Promote National Junior development programmes	YRC	Clubs CDO ARA	Continuous
			Encourage and support Clubs to apply for Project Oarsome Extra	YRC	Clubs CDO ARA	Continuous
		Promote rowing to young people	Provide assistance to Clubs wishing to work with young people from areas of multiple deprivation	CDO	Clubs YRC ARA	Continuous
			Provide support to identify participation opportunities within Clubs for young people	YRC	Clubs CDO ARA	Continuous
			Identify community based opportunities to allow young people the opportunity to be introduced to rowing	YRC	Stakeholder	Continuous

5.7 Volunteers

Strategic Objective: To increase, retain and support volunteers in the sport.

Key Issues	Aims	Objectives	Action	By Whom	Partners	When
Volunteer support	Increase number of volunteers	To have sufficient volunteers to manage Clubs	Work with Clubs to develop strategy to increase volunteers	YRC	Clubs	Continuous
	Retain, support and appreciate volunteers	Give due recognition to volunteer achievements and contributions	Promote through all available communication sources	YRC	Stakeholders	Continuous
	To improve quality performance of the volunteers	To provide a safe and efficiently managed sport	Produce role descriptions for key safety personnel for event helpers	Clubs	YRC	2006
Management of the YRC Region	Raise profile of YRC within the Region	To promote the benefits of YRC to volunteers	Organise Regional training events	YRC	Stakeholders	Continuous
	Ensure continuity of YRC	Formulate a succession of YRC members	Identify potential successors	YRC	Stakeholders	Continuous
	To maximise attendance at meetings	To ensure meetings are appropriate to meet the needs of volunteers	Review structure, venue and times of YRC meetings	YRC	Stakeholders	Continuous

5.8 Athlete Development

Strategic Objective: To introduce a model to allow a consistent approach to the development of athletes in order for them to attain their aspirations and reach their potential.

Key Issues	Aims	Objectives	Action	By Whom	Partners	When
Aid athletes to attain their aspirations and reach their potential	Structured development of athletes	Ensure the ARA Sequential Training Model (STM) is introduced in all Clubs	Run Regional seminars on the benefits of the STM	CDO	YRC Clubs Coaches Stakeholders	Summer 2005
	Clubs to be encouraged to learn to row programme using the principles of the STM	Provide support for individuals to acquire the skills and knowledge they need	Provide a Regional template based on best practice	YRC Coach	Clubs CDO	Spring 2006
	Provide events suitable for all levels of ability	Run and promote recreational through to high performance events	Run and promote recreational through to high performance events	YRC, Clubs	ARA	Ongoing
	Help athletes receive recognition for their achievements	Run seminars and training days for athletes	Run seminars and training days for athletes	YRC Coach YRC Stud CDO	Schools Universities Clubs	Annually
Ensuring support for high performance athletes in the Region and their transition from Junior to U23 and beyond	Help athletes receive recognition for their achievements	Publicise all successes on the Regional website and encourage Clubs to submit articles for publication in the local papers	Publicise all successes on the Regional website and encourage Clubs to submit articles for publication in the local papers	YRC	Club coaches Club press officers	Ongoing
	Run Regional training camps to assist transition from junior to senior competition	Run Regional training camps to assist transition from junior to senior competition	Run Regional training camps to assist transition from junior to senior competition	YRC Coach CDO	Schools Clubs	Annually
	Promote partnerships with English Institute for Sport and World Class Start Programmes	Work with ARA programmes to ensure appropriate links and partnerships can be made	Work with ARA programmes to ensure appropriate links and partnerships can be made	YRC Coach CDO	Schools Clubs	Ongoing
	Establish World Class Start in the Region	Liaise with Clubs to identify suitable Clubs	Liaise with Clubs to identify suitable Clubs	YRC Coach CDO	Clubs	Ongoing

APPENDIX A YORKSHIRE ROWING CLUBS

Open Clubs	Web Address and Contact Telephone Number	Venue	CASC (or applying)	Clubmark (or applying)	Project Oarsome
Bradford ARC	www.bradfordrowing.co.uk Tel: 08700 606438	River Aire, Shipley	✓	✓	✓
Doncaster RC	www.doncaster-rowing-club.org Tel: 08700 606444	River Don, Hexthorpe	✓	✓	✓
Leeds RC	www.leedsrowing.org Tel: 08700 606409	Roundhay Park Lake, Leeds	✓	✓	
Scarborough ARC	www.yorkshirecoast.co.uk/sarc/ Tel: 08700 606454	Coastal Club, Scarborough			
City of Sheffield RC	www.sheffieldrowing.co.uk Tel: 08700 606460	Damflask Reservoir, Sheffield	✓	✓	
Whitby Friendship ARC	www.whitbyonline.co.uk/whitby/whitby-leisure/whitby-friendship/ Tel: 08700 606464	Coastal Club, Whitby			
York City RC	www.york-city-rowing-club.co.uk Tel: 08700 607175	River Ouse, York	✓		
School Clubs	Web Address and Contact Telephone Number	Venue			
Bradford Grammar School BC	www.bgsbc.co.uk Tel: 08700 606040	River Aire, Shipley			
Doncaster Schools Rowing Association	www.doncaster-rowing-club.org Tel: 08700 606446	River Don, Hexthorpe			
Leeds Schools BC	www.leedsrowing.org Tel: 08700 606450	Roundhay Park Lake, Leeds			
St Peters School BC	Tel: 08700 606462	River Ouse, York			
Woodhouse Grove School BC	Tel: 08700 607173	River Aire, Shipley			

APPENDIX A YORKSHIRE ROWING CLUBS contd.

University Clubs	Web Address and Contact Telephone Number	Venue
University of Bradford RC	www.ubu.brad.ac.uk/sports/rowing Tel: 08700 606442	River Aire, Shipley
Hull University BC	www.hullstudent.com Tel: 08700 606448	River Hull, Kingston upon Hull
Leeds University BC	www.luubc.com Tel: 08700 606452	River Ouse, York
Sheffield Hallam University RC	www.sheffieldrowing.co.uk Tel: 08700 606456	Damflask Reservoir, Sheffield
Sheffield University RC	www.sheffieldrowing.co.uk Tel: 08700 606458	Damflask Reservoir, Sheffield
University of York BC	www.uycb.net Tel: 08700 607179	River Ouse, York
York St John College BC	www.yjsu.co.uk Tel: 08700 607177	River Ouse, York
Other Clubs	Web Address and Contact Telephone Number	Venue and Information
Aries BC	Tel: 08700 606434	River Ouse, York Leeds University Old Boys
Black Sheep RC	www.blacksheepsportingclub.co.uk Tel: 08700 606436	Invitation Club
Whitby Fisherman's ARC	www.whitbyonline.co.uk/whitby/whitby-leisure/whitby-fishermans/ Tel: 01947 605846	Correspondence Coastal Club, Whitby

APPENDIX B YORKSHIRE ROWING STATISTICS

	Under 13	Junior Under 18	Student	Senior	Non-Racing	Life	Patron	Other	Total	
Nov-04	Female	21	57	122	74	7	0	0	281	39%
	Male	39	82	136	142	28	2	3	432	61%
	Total	60	139	258	216	35	2	3	713	100%
Jan-01	Female	10	33	128	48	6	0	0	231	40%
	Male	24	58	116	104	24	2	3	352	60%
	Total	34	91	244	152	30	2	3	583	100%
Percentage change										
		January 01	November 04	Increase (%)						
	Female	231	281	21.6%						
	Male	352	432	22.7%						
	Total	583	713	22.3%						

APPENDIX C YORKSHIRE ROWING EVENTS

- Bradford Autumn Regatta
- Bradford Spring Regatta
- Doncaster Regatta
- Sheffield Indoor Rowing Championships
- South Yorkshire Head of the River
- York Small Boats Head of the River
- York Spring Regatta
- York Sprint Regatta
- York Summer Regatta
- Yorkshire Head of the River

APPENDIX D YORKSHIRE ROWING COUNCIL EQUIPMENT

- 2 Concept II Model C indoor rowing machines
- 4 Rowperfect systems – Rowperfect indoor rowing machines, notebook computers and software
- Radios, Loudhailers and Stopwatches for use by Regional Rowing Clubs for their events

APPENDIX E UMPIRES

<i>Club</i>	<i>No. of ARA Licensed Umpires</i>	<i>No. of ARA Licensed Umpires holding Multi- Lane Endorsement</i>
Bradford ARC	7	1
City of Sheffield RC	5	1
Doncaster RC	2	1
York City RC	14	
Total	28	3

APPENDIX F COACHES

	Experienced Coach – no Qualification	Coaching Assistant Award	Dry Instructor's Award	Instructor's Award	Bronze	Silver	Gold	Total	Total Active	Total Inactive
Bradford ARC	2			20	4	1		27	18	9
City of Sheffield RC	5		1	4	1			11	11	
Doncaster RC	8	3		12	1			24	20	4
Leeds RC & Leeds Schools B.C.				2				2	2	
Leeds University BC	2	0		3	1			6	6	0
University of Bradford RC				2				2	2	
Woodhouse Grove School BC	1				1			2		
York City RC	13			6	5	4		28	12	16
Total	31	3	1	49	13	5	0	102	71	29

Source:
ROWING CLUB SURVEY 2004
 Conducted on behalf of The Amateur Rowing Association by Leisure Futures Ltd. – July 2004



Published by: Yorkshire Rowing Council

Adopted at Regional Meeting on 11th April 2005

For further information contact: chair@yorkshirerowing.co.uk

www.yorkshirerowing.co.uk

