



Information for those against whom a complaint of poor practice or an allegation of abuse has been made

If you have been notified by the ARA that there are reported causes for concern regarding your behaviour towards or with children, you may find the following information regarding the process of the case and what you can expect useful as a form of support and guidance.

It is also advised, if you do not already have a copy of the ARA's *Safeguarding and Protecting Children Policy* and procedures, that you obtain one as soon as possible. It is available from the ARA website www.ara-rowing.org or from the ARA headquarters on request. It details exactly how your case will be handled and the flow chart 'Reporting a Concern' may also be useful to understanding the process of your case.

- You will be treated with a fair and transparent process at all times.
- If you are suspended from your role it is important to remember this is a neutral act, it protects all parties involved in the case.
- You will be assigned a designated contact from the ARA. This person will be your point of contact for the duration of the case, if you have any queries or concerns you should contact them initially.
- Your designated contact will be neutral to the case, they will not be the designated contact for the young person involved in the case, nor will they be a member of the Case Management Group who will be dealing with your case.
- You will receive regular communication in the form of telephone calls, letters and emails regarding your case from your designated contact. You will be kept up to date with the progress of your case at all times.

You may find the following information sources useful:

NSPCC Helpline

24-hour free and confidential telephone helpline that provides counselling, information and advice to anyone concerned about a child at risk of ill treatment or abuse: **0808 800 5000**

The Samaritans

Nationwide, non-religious, non-political, 24-hour confidential support line: **08457 90 90 90/**www.samaritans.org.uk

Careline

Confidential crisis telephone counselling service: **0208 541 1177**